

# Exploding Shells on Accreting White Dwarfs

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Barring a complete explosion (i.e. Type Ia SN), the brightest manifestation of mass transfer onto a white dwarf are the explosions of the accreted shells of matter. In H donors, these are Classical Novae, in He donors, these are He novae or explosions. Observing these phenomena provide a census of the numbers of such binaries in distant galaxies, allowing for comparison to the Type Ia rate and tests of the population synthesis predictions.

Collaboration with Gijs Nelemans  
(Nijmegen) and Dean Townsley (Chicago)

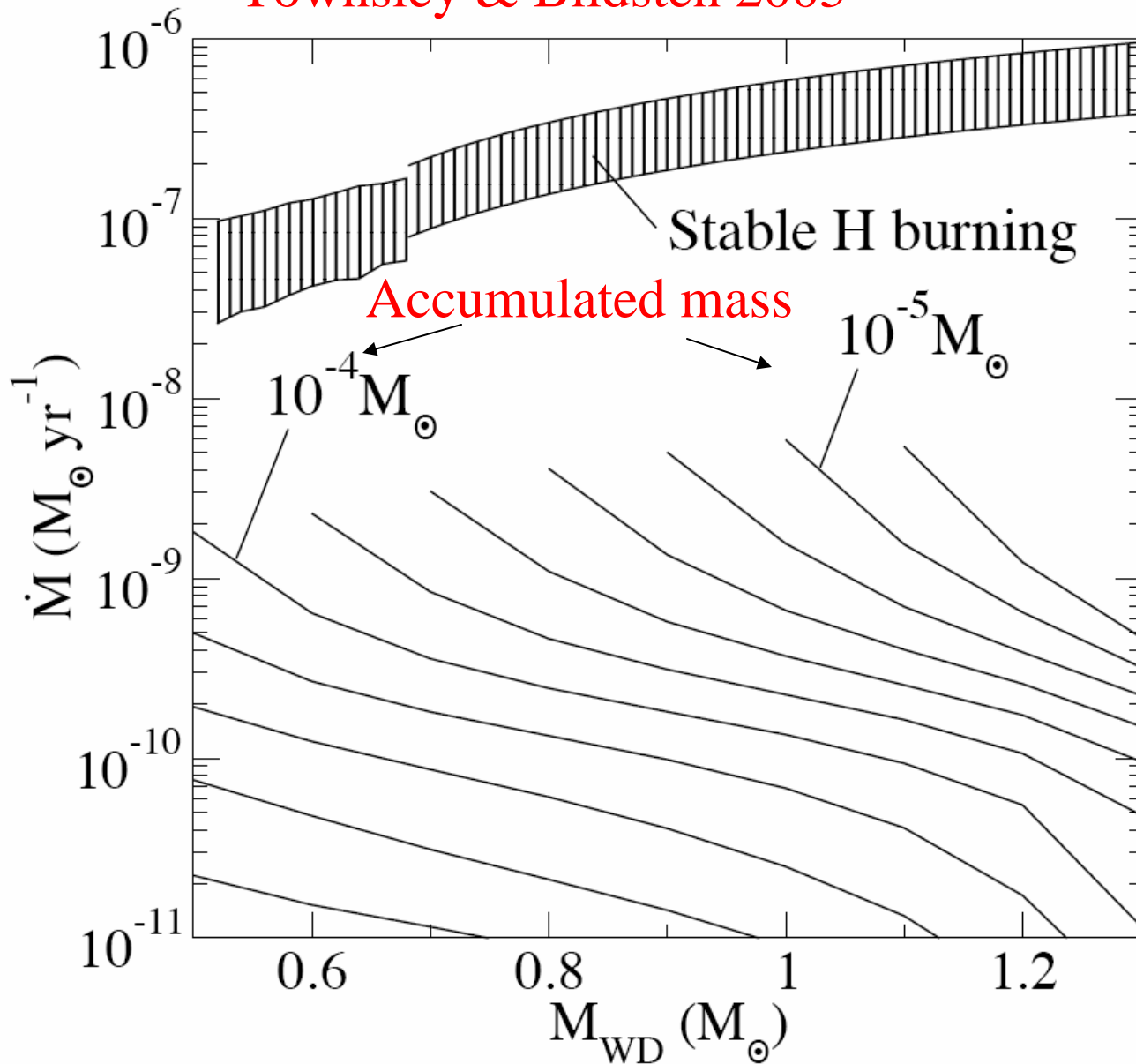
Townsley and Bildsten, 2004, Ap. J., 600, 390 (Theoretical overview)

Townsley and Bildsten, 2005, Ap. J., 628, 395 (Classical Novae)

Bildsten, Townsley, Deloye and Nelemans 2006, Ap. J. in press

# Hydrogen Accreting Binaries

Townsley & Bildsten 2005



Supersoft

Sources: Burn H Stably (van den Heuvel et al 1992)

Cataclysmic Variables all undergo unstable H burning, leading to Classical Novae

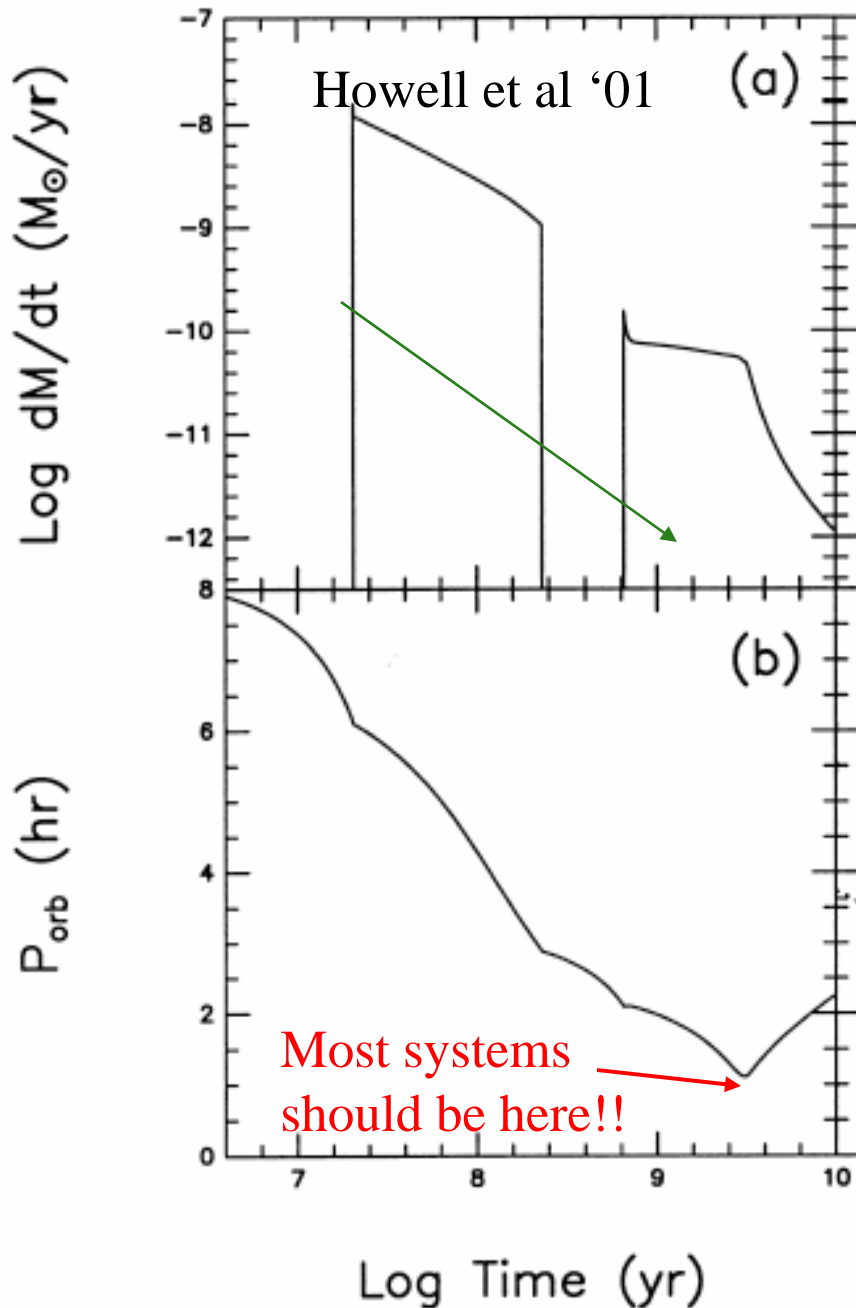
The WD mass range is quite uncertain.

# Cataclysmic Variables

- 1 in 100 WDs end up in a CV, local space density is 1 every ~40 pc

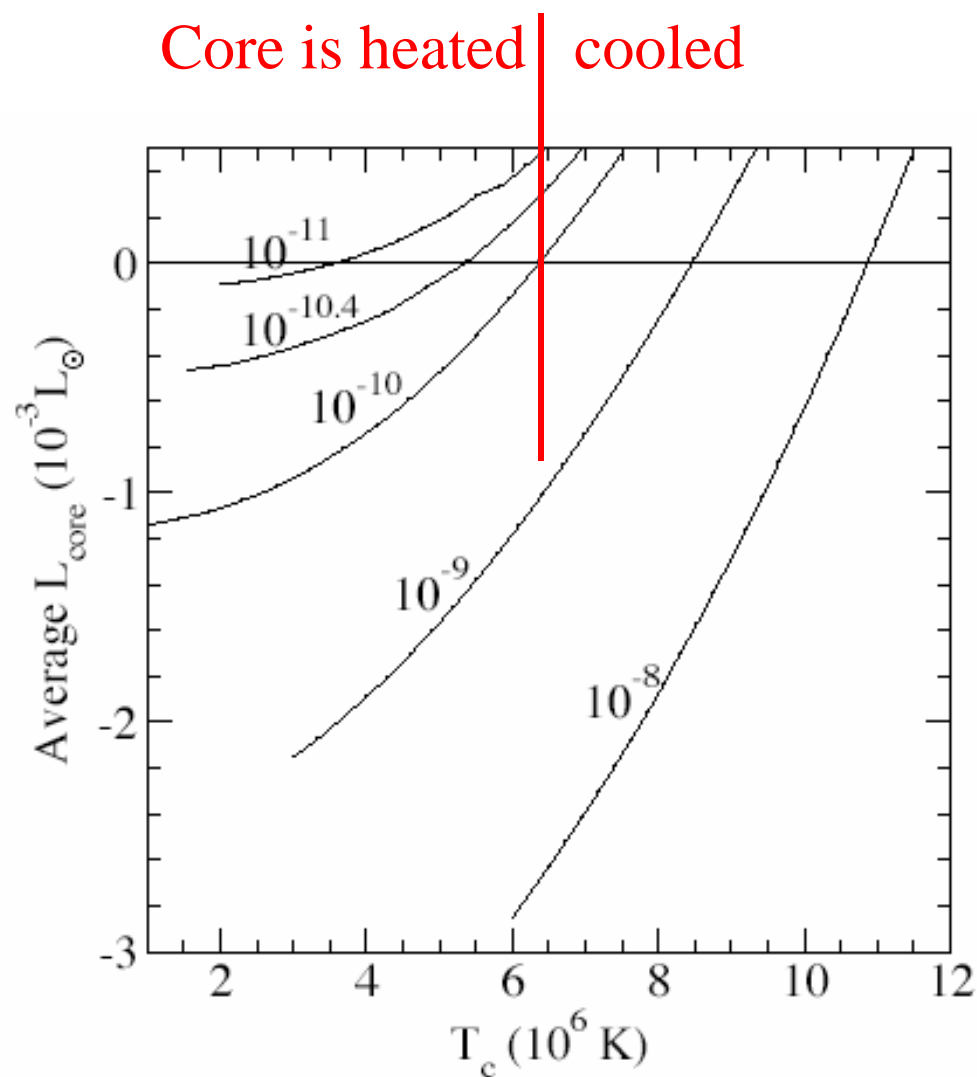
- Optically variable objects with strong emission lines. At low  $\dot{M}$ 's, the accretion disk is thermally unstable, leading to **dwarf novae outbursts**

- Very uncertain whether the WD mass increases or decreases, but it is clear that 0.3-0.8 solar masses of matter is put on the WD over its lifetime....



- Previous workers assumed a WD core temperature, whereas we (Townsley & Bildsten '04) calculate it, eliminating it as a free parameter.
- We find the core temperature such that, through the CN cycle, there is no net heating or cooling of the WD.
- The time to reach/track the equilibrium depends on the rate of change of  $\dot{M}$  compared to WD cooling, **work underway by Townsley and collaborators on this important aspect.**

## Finding the Equilibrium Core Temperature



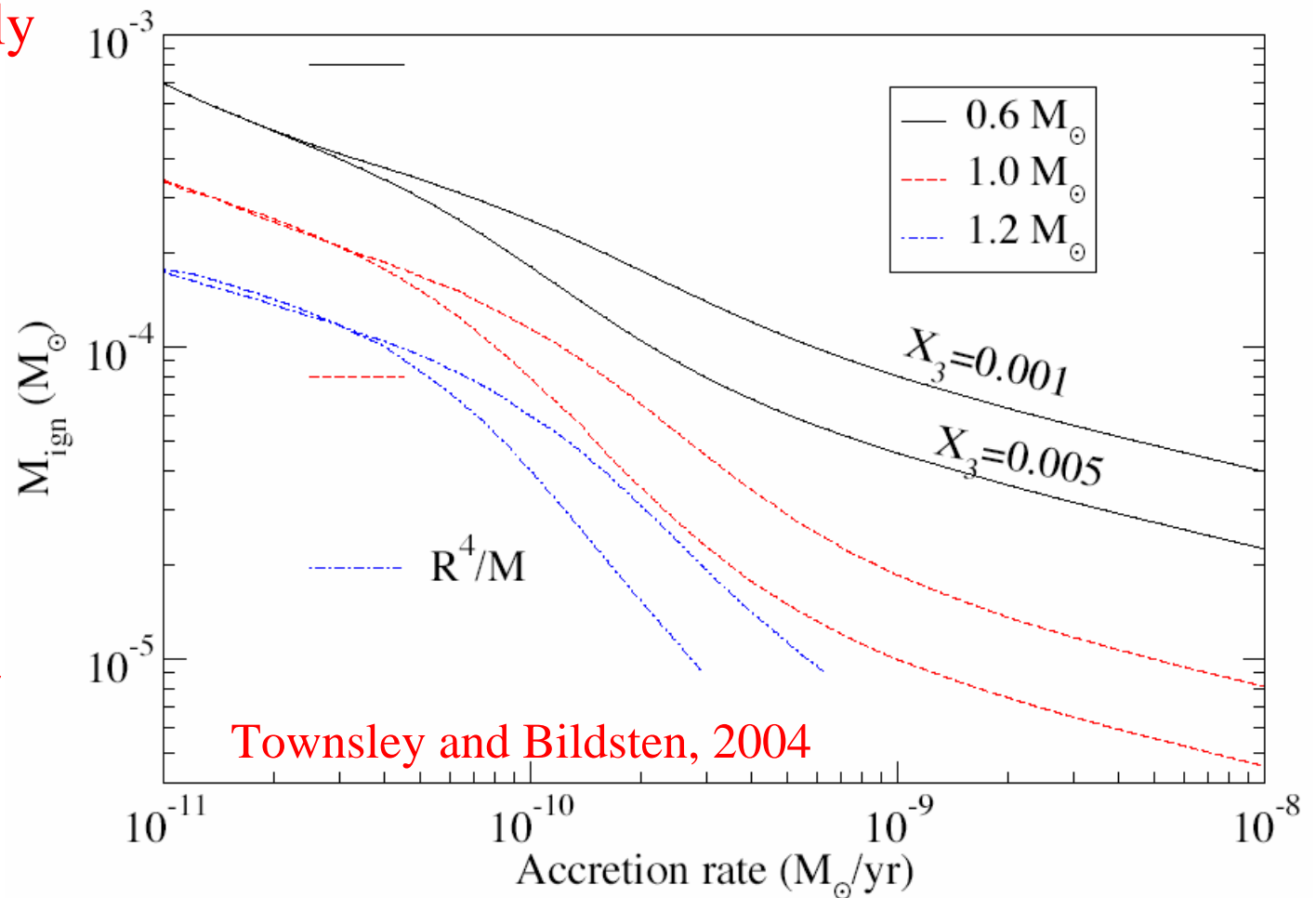
# Classical Novae Ignition Masses

- The ignition mass depends most on the accretion rate and was previously underestimated!!!

- The WD mass dependence is LESS STRONG than previously assumed

- Helium-3 can make a difference above the period gap (Shara '80)

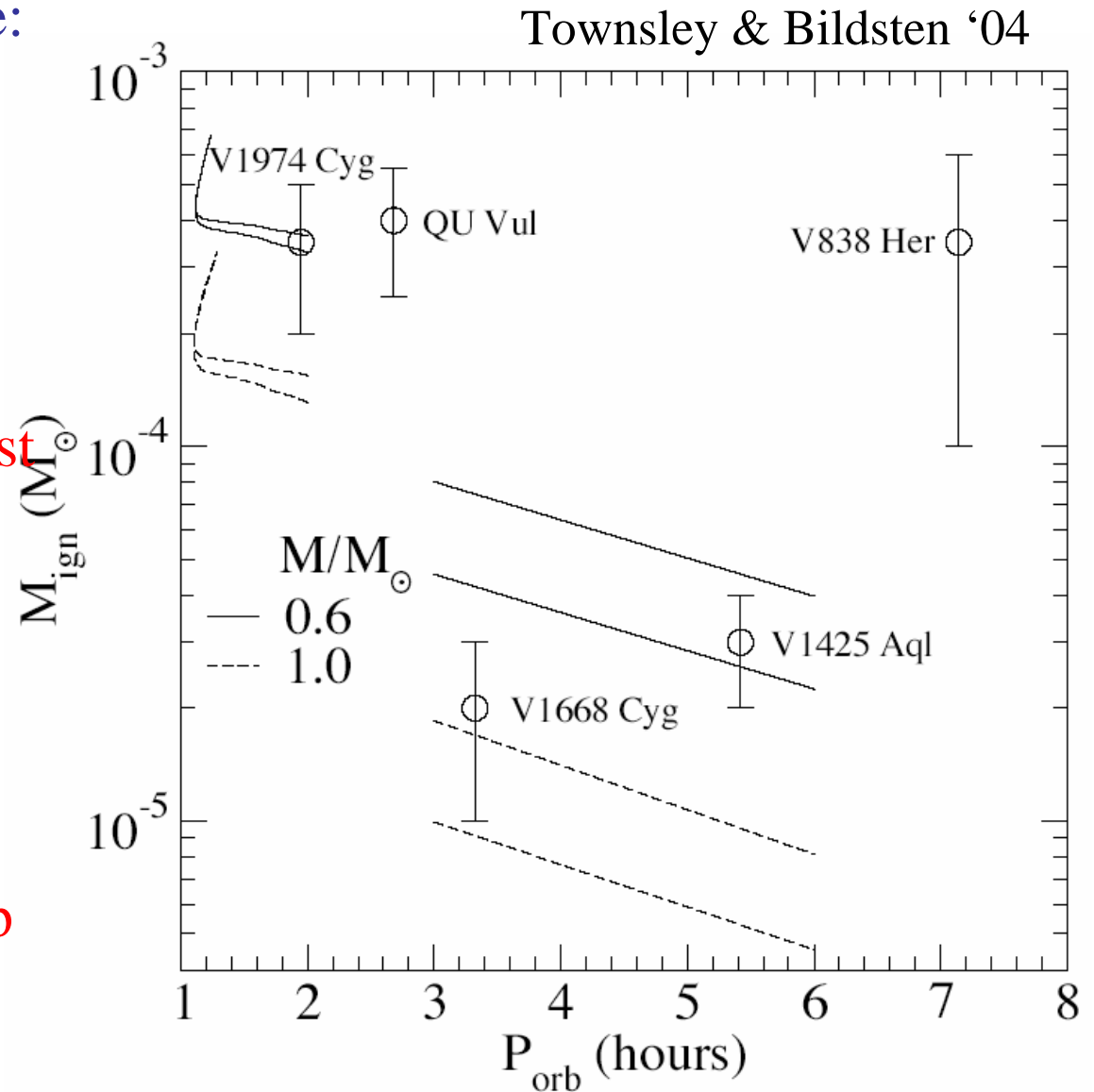
These self consistent CN ignition masses allow for a comparison to the ejected masses and a calculation of the CN rate for the CV population.



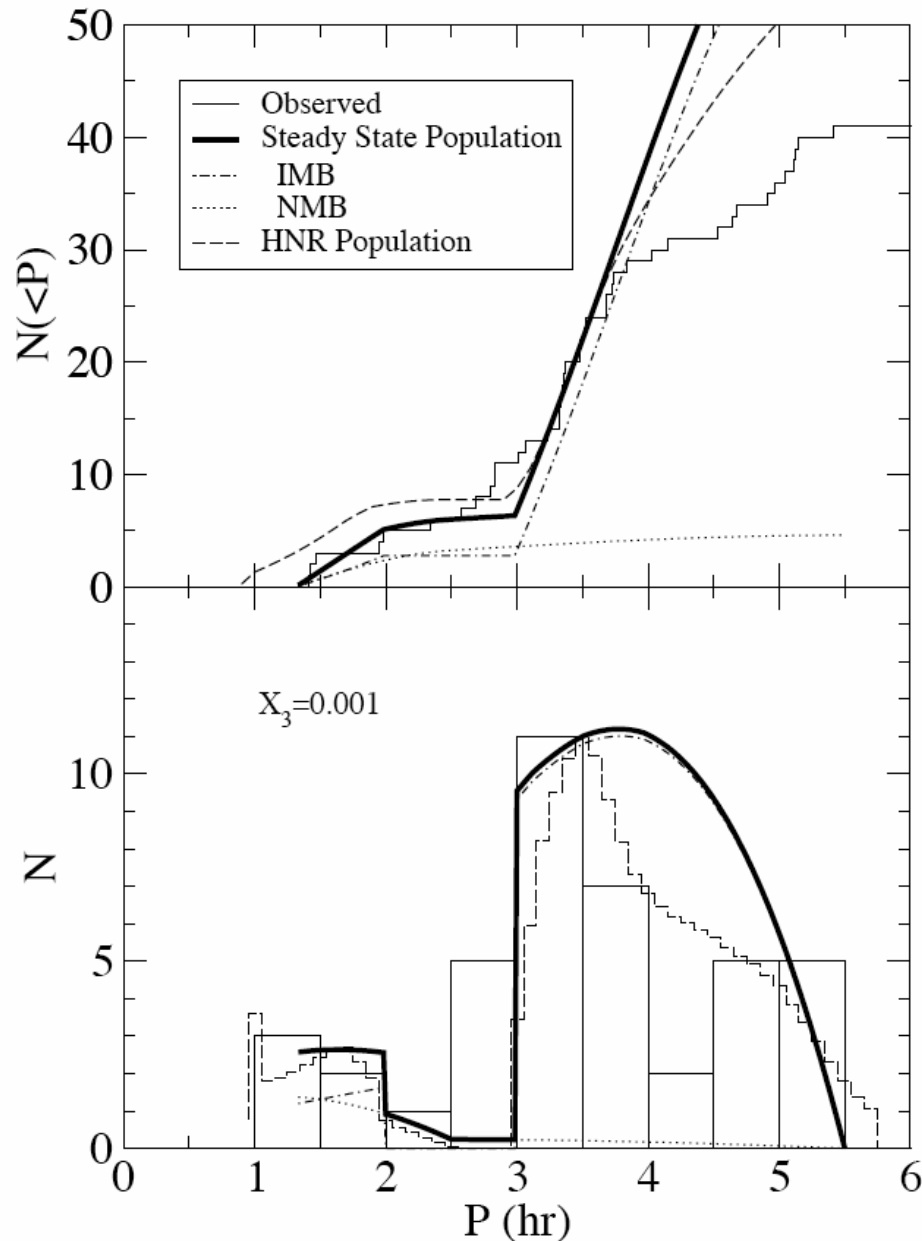
# Classical Novae Ejecta Masses

We could only find 5 CN for which an orbital period **AND** ejected mass were measured. We conclude:

1. No strong evidence for ejection of more than accreted
2. Confirmation of the accumulated mass contrast above and below the gap, agreeing with “standard” CV evolution
3. Some CN show C/O enrichment that clearly implies some dredging up from the underlying WD



# CN Orbital Periods



Is the observed CN orbital period distribution consistent with binary evolution?

Previous workers said no, as they assumed an ignition mass that was independent of accretion rate.

When our ignition masses are used, we conclude:

1. The number of CN above and below the period gap is consistent with the drop in accretion rate
2. Above the period gap, there must be injection of systems roughly like that shown by HNR
3. Most of these systems must have an enhanced  $J$  loss above the period gap.

# Nova Rates

We have the CN recurrence rate as a function of all orbital periods, so we can measure the underlying CV population from the observed CN rate. Using the K-band specific CN rate of 2 per year in a  $10^{10} L_{\text{sun}}$ , K galaxy (Williams and Shafter 2004) we find:

$2(4) \times 10^{-4} \text{CVs yr}^{-1}$  in a  $10^{10} L_{\odot, K}$  galaxy

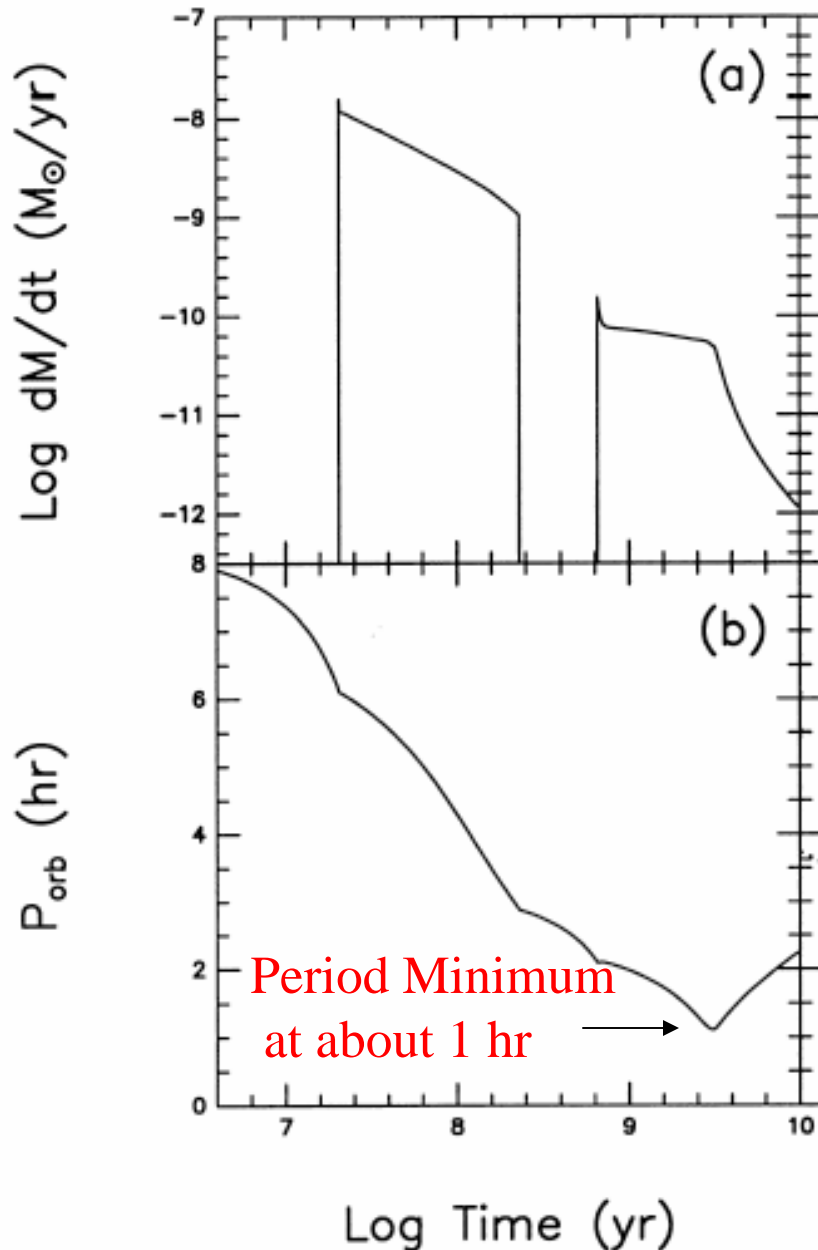
Or 60-180 CVs above the period minimum for every  $10^6 L_{\text{sun}, K}$  (factor of 3 from assuming 0.6 vs. 1.0 Msun (think GCs). In addition, the local CV space density implied by the K-light density agrees with prior estimates, so all looks good.

Perhaps the most intriguing comment is that this CV birthrate is identical to the observed Ia rate. However, the WD masses appear too low to ignite the C/O in the core. . . **So unlikely that they are progenitors . . . However one would like to imagine that constraining the size of the CV population informs the Ia problem.**



# Minimum Orbital Periods For Hydrogen Donors

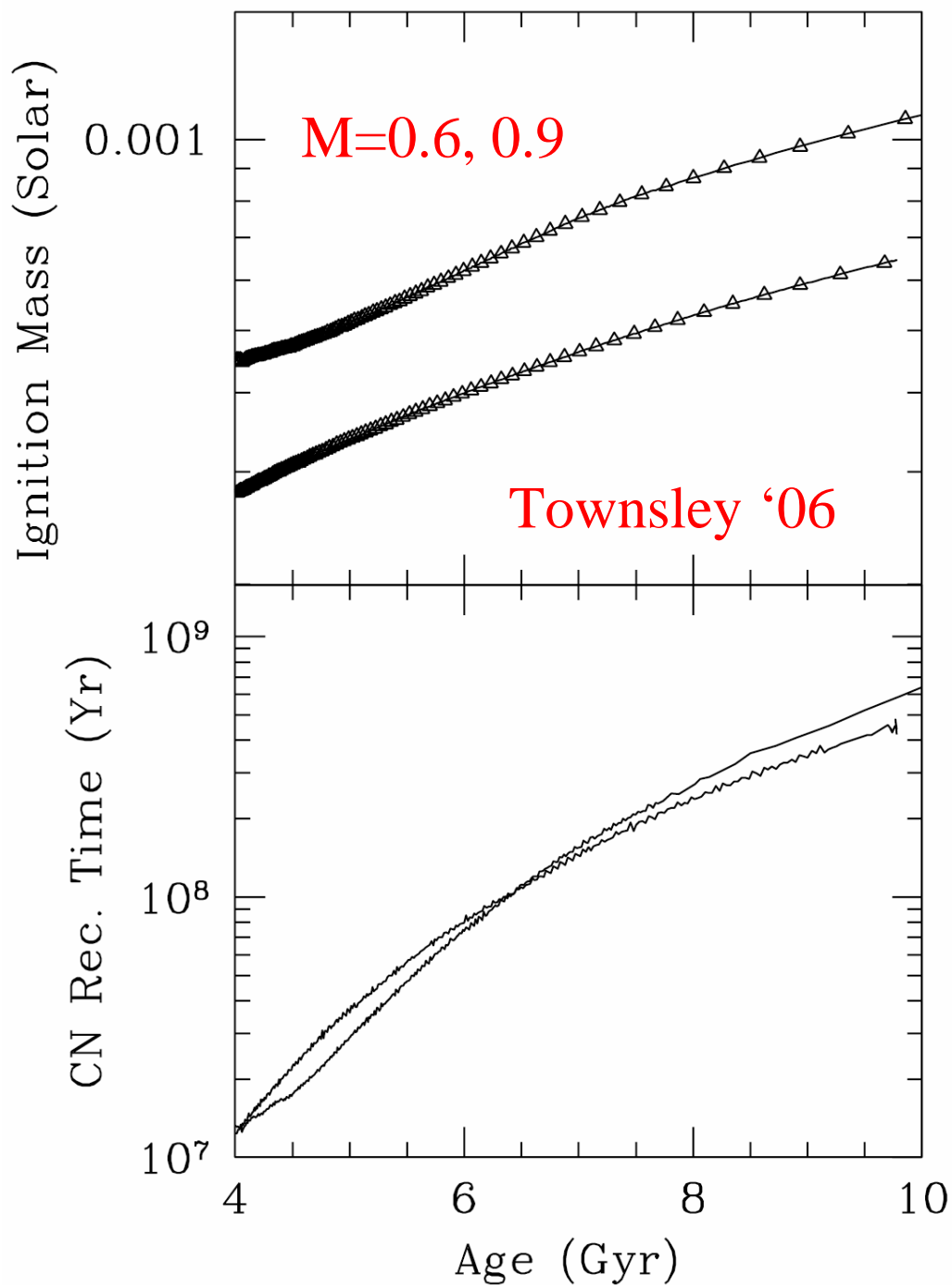
Howell, Nelson and Rappaport, 2001



As the donor gets whittled down to the brown dwarf regime, its entropy remains fixed (Paczynski & Sienkiewicz 1981) and the radius asymptotes to 0.1 solar radii. In this limit

$$P_{\text{orb}} = 1 \text{ hr} \left( \frac{0.08 M_{\odot}}{M_2} \right)^{1/2}$$

Orbital periods less than an hour cannot be reached for a Hydrogen rich donor and in CVs there is evidence for a period minimum near 80 minutes (a little off).



- ~20 flashes in the 6-10 Gyr period with masses  $>0.0007$  solar masses (out of 6000 CN), or 10X bigger

- Rate is  $\sim 1/1000$  of CN rate, which is still 10X the Ia rate.

- If plateau phase is simply Eddington-limited, then the duration is longer... but we have yet to work out the appearance

- Iben and Tutukov identified these with M31-RV, a very super Eddington outburst.

- Work remains.....

# AM CVn Binaries

- First of the class found by Humason and Zwicky ('47) as faint blue stars and a spectrum by Greenstein and Matthews ('57) only showed helium lines.
- Later work found  $P_{\text{orb}}=17.1$  minutes.
- Helium WDs filling the Roche lobe, and the accretor is a C/O WD.

## The defining properties are:

- => NO Hydrogen lines
- => He and N prevalent lines (N is there due to the complete conversion of C/O to N during prior CNO burning in main sequence star)
- => Optical/UV colors are combination of accretion disk and hot WD (Bildsten et al. 06)

RXJ0806 5.35 min

V407 Vul 9.49

ES Cet 10.3

AM Cvn 17.1

HP Lib 18.4

CR Boo 24.5

KL Dra 25.0

V803 Cen 26.9

SDSSJ0926 28.3

CP Eri 28.4

SDSSJ1240 37.4

2003aw 33.8

GP Com 46.5

CE 315 65.1

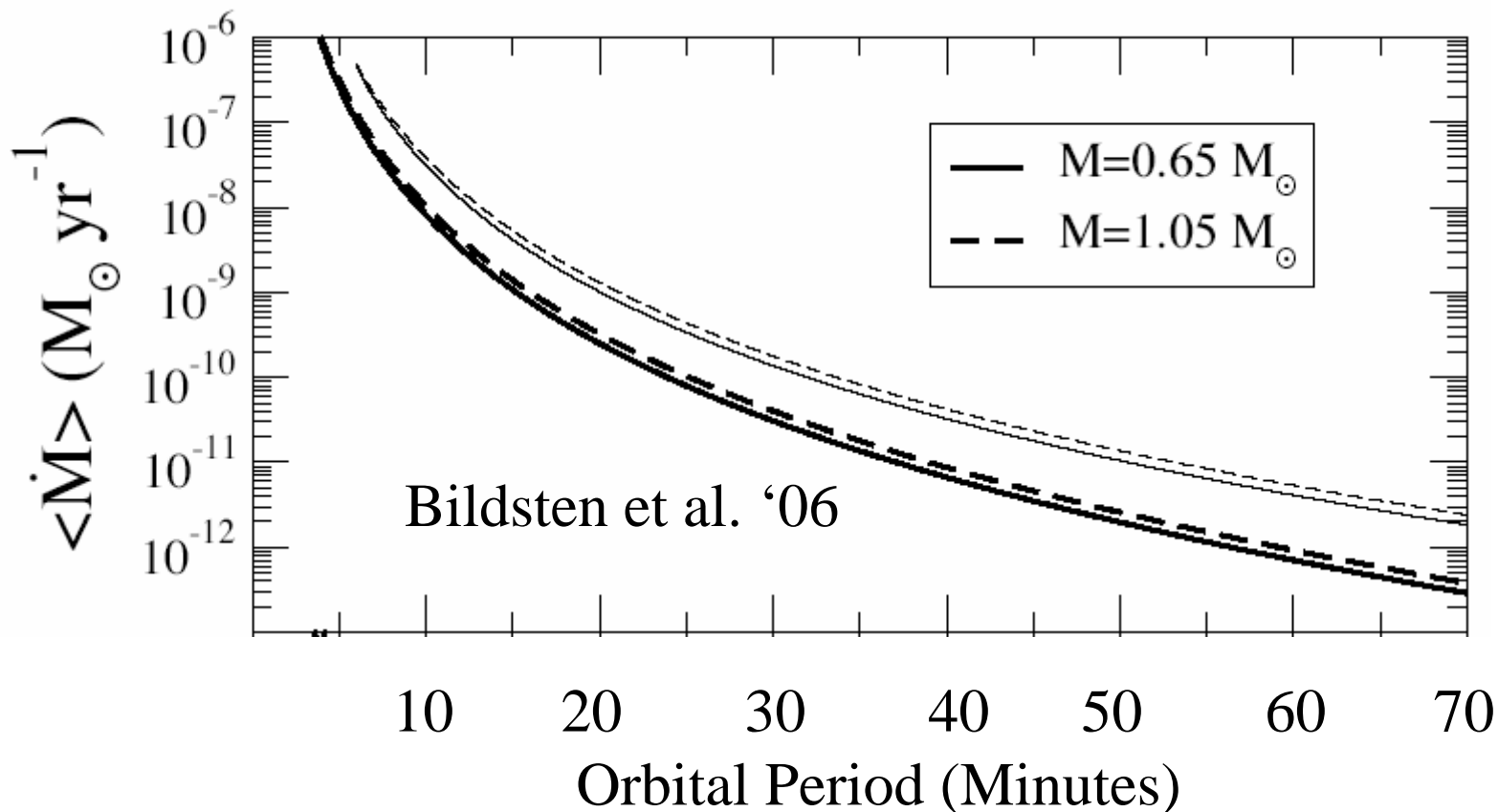
+4 SDSS objects with  
no periods yet!

(Anderson et al. '05)

The mass transfer rate and evolution of the binary is driven by loss of angular momentum via gravitational radiation (Faulkner, Flannery & Warner '72) at the rate

$$\frac{\dot{J}}{J} = -\frac{32 G^3}{5 c^5} \frac{M_1 M_2 (M_1 + M_2)}{a^4}$$

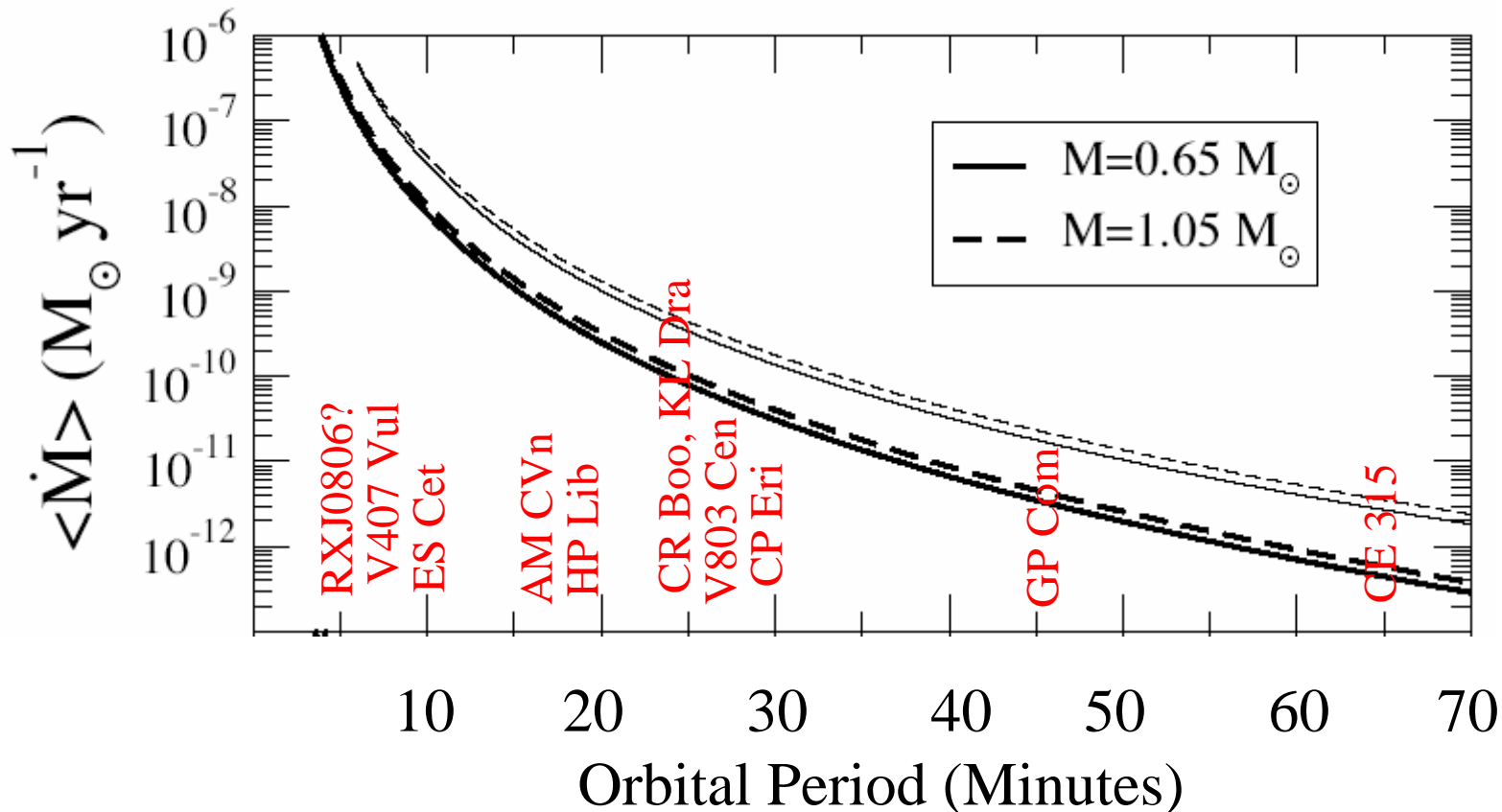
Allowing for a temporal integration once mass transfer commences

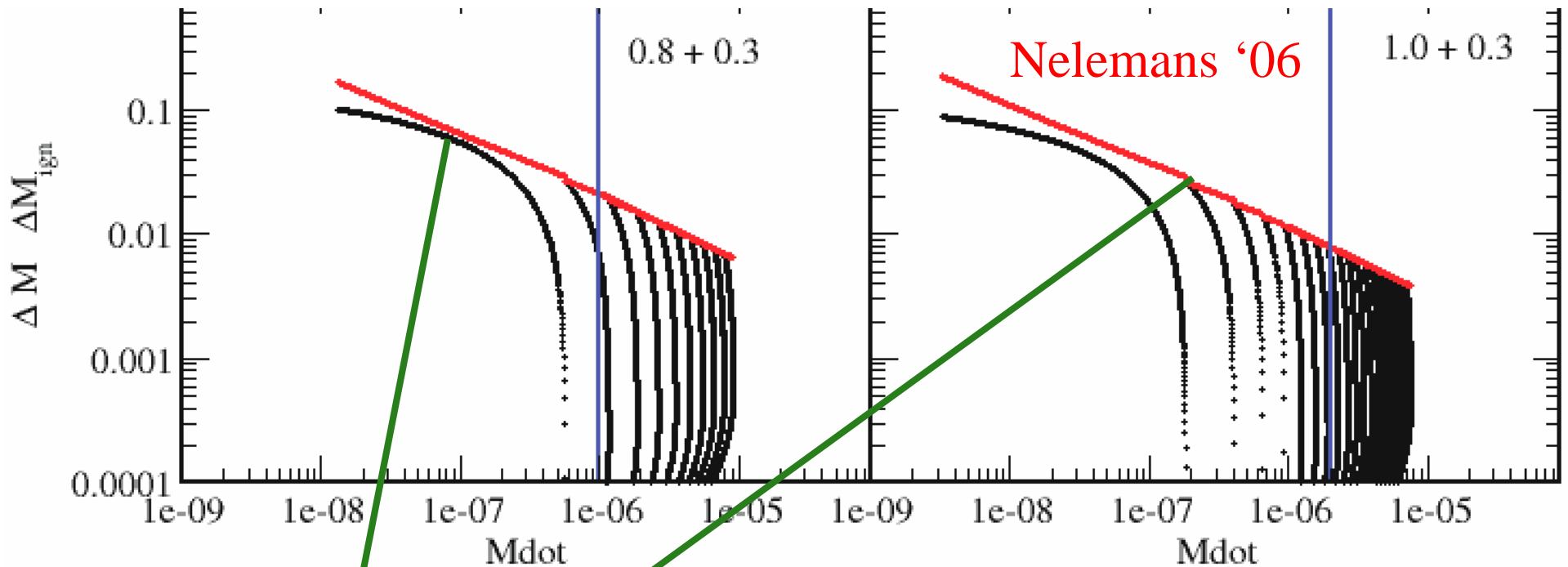


# Helium Ignitions in AM CVns

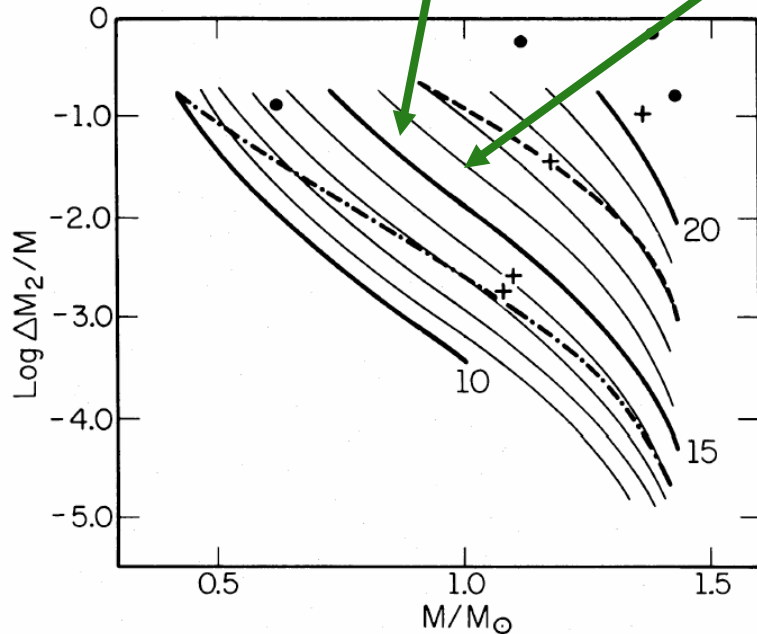
Bildsten, Townsley, Deloye and Nelemans 2006, Ap J

These systems initiate mass transfer from the lower mass He WD to the higher mass C/O WD long after the C/O WD was made (see Nelemans et al. '02). At the onset of accretion,  $\dot{M} \gg 10^{-7} M_{\odot}/\text{yr}$  and the He layer undergoes weak explosions (Kato and Hachisu '99). However, once  $\dot{M} < 10^{-7}$  (orbital periods  $> 6$  minutes) the required Helium shell mass to explode is  $>$  He donor mass





Fujimoto & Sugimoto '82



- Early flashes have small ignition mass and will appear as Eddington Limited events,  $\sim 20$  He CN per system
- Pressures in last 1-3 flashes are high enough that the burning becomes dynamic (burning time  $\ll$  dynamic time), possibly ejecting  $^{56}\text{Ni}$ -rich matter as a 'faint' Ia SN (2002cx?)

# Helium Flash Rates

The number of these binaries expected in a galaxy is tough to estimate. Best current estimates (Nelemans et al '04) give an AM CVn birthrate of

$(1 - 3) \times 10^{-4} \text{yr}^{-1}$  in a  $10^{10} L_{\odot, K}$  Galaxy

This would result in a He novae rate of 0.04-0.12 per year in M31 (one in 300 CN), and a  $^{56}\text{Ni}$  rich event rate of about 1/10'th of the Type Ia rate. Hence, there is some phase space for new discoveries of such events, from which the population could be meaningfully constrained!

QUESTIONS??