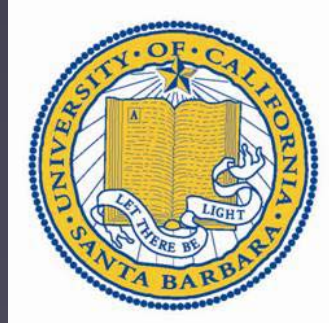
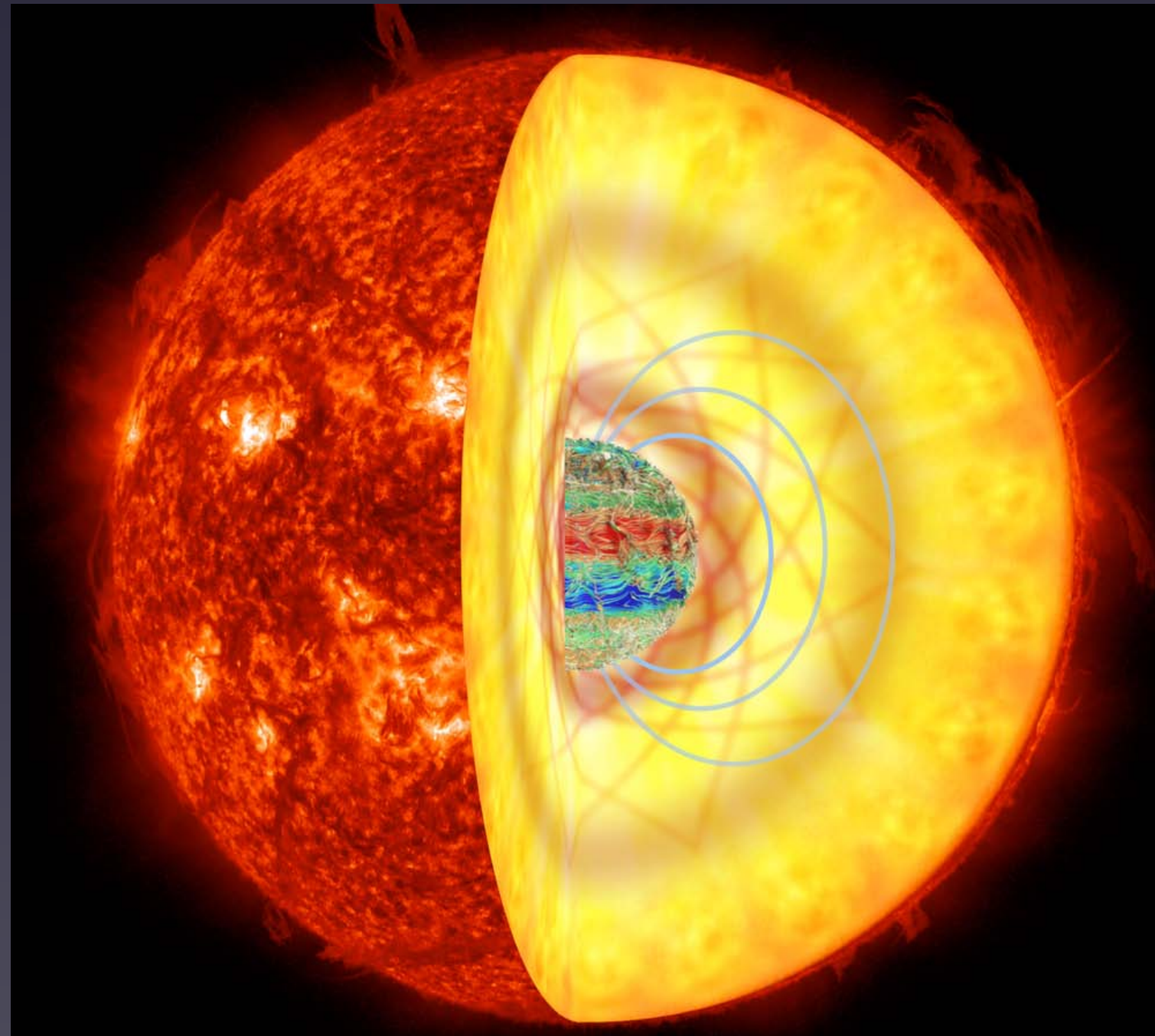


Slowing the Spins of Stellar Cores

Jim Fuller

Caltech



The Spin of Stellar Cores

- Cores contract and spin up, generating shear
- MHD Instabilities transport angular momentum, slowing rotation of the core
- Determines spins of compact objects



Asteroseismology to the Rescue

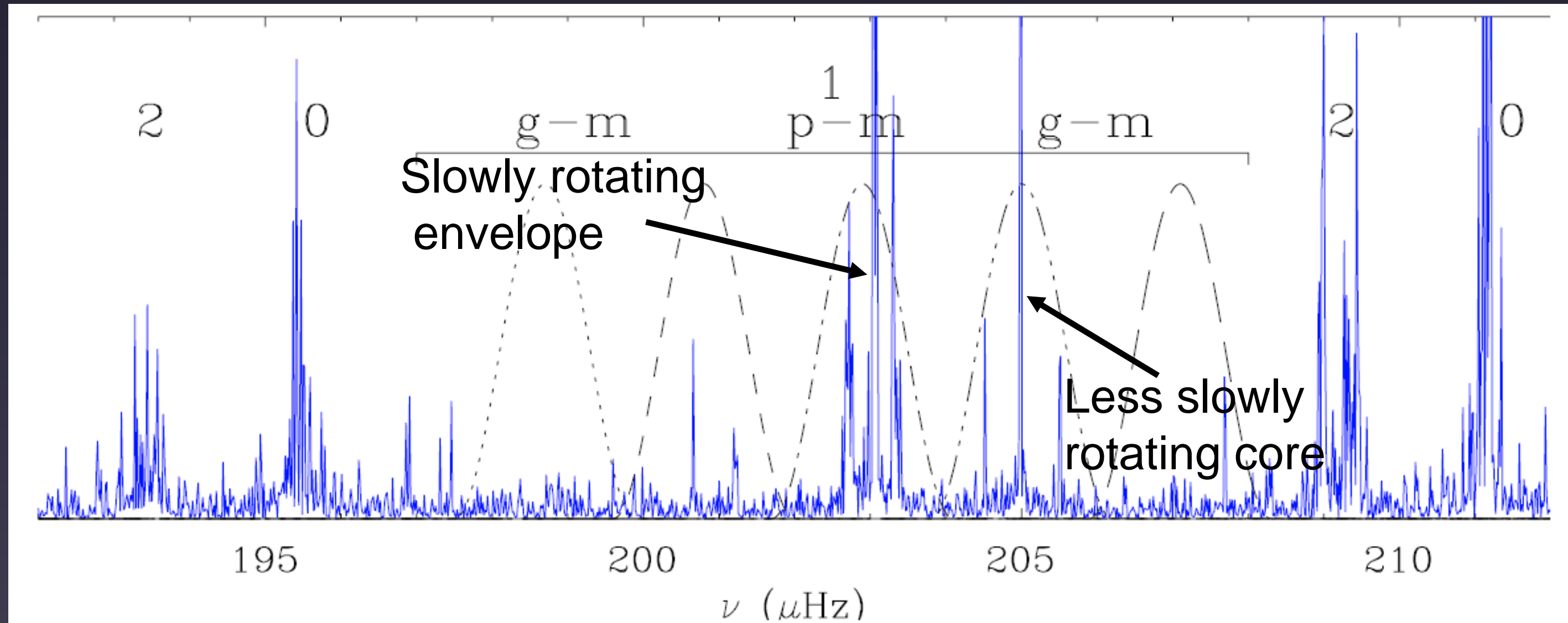
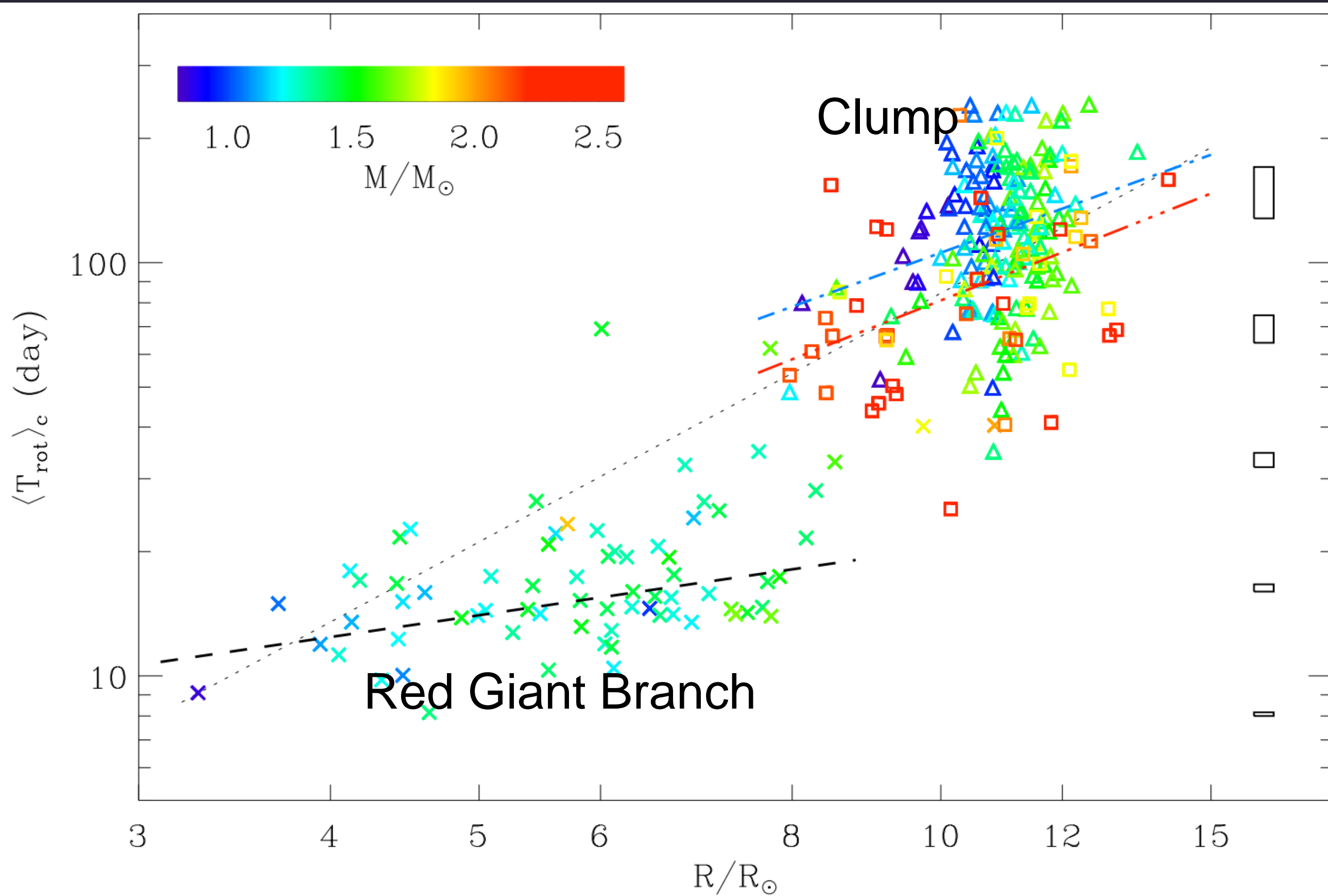


Fig. 3. Zoom on the oscillation spectrum of the target KIC 10777816. Different narrow filters centered in the $\ell = 1$ mixed mode range, indicated with different line styles, allow us to measure a local rotational splitting in each filter. For clarity, only those filters centered on possible multiplets have been represented.

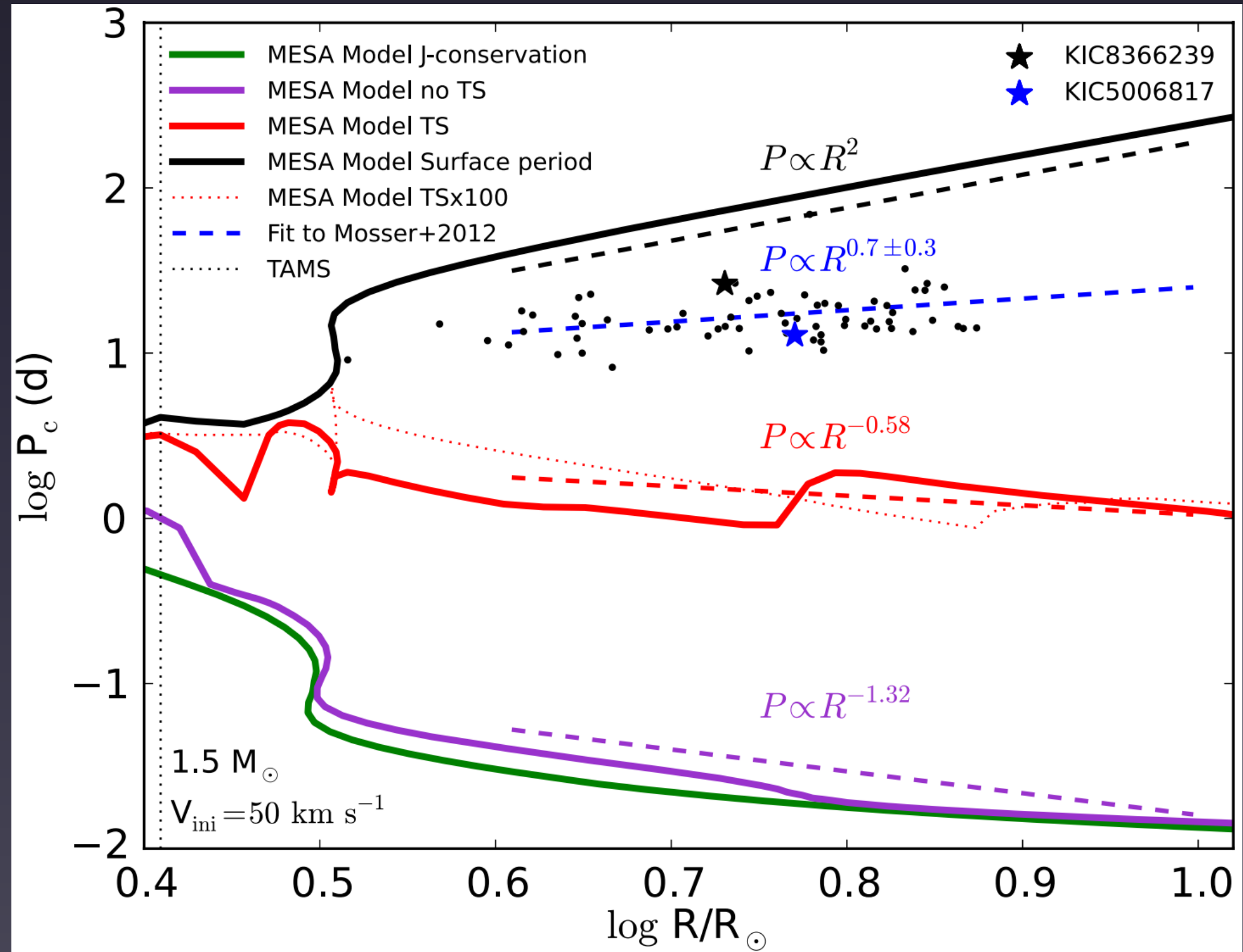
Asteroseismic Spin Rates



Mosser et al.
2012

AM transport: failure of theory

- Hydrodynamic instabilities hopeless
- MRI suppressed by stable stratification
- Tayler-Spruit dynamo provides most AM transport, but is suppressed by composition gradients



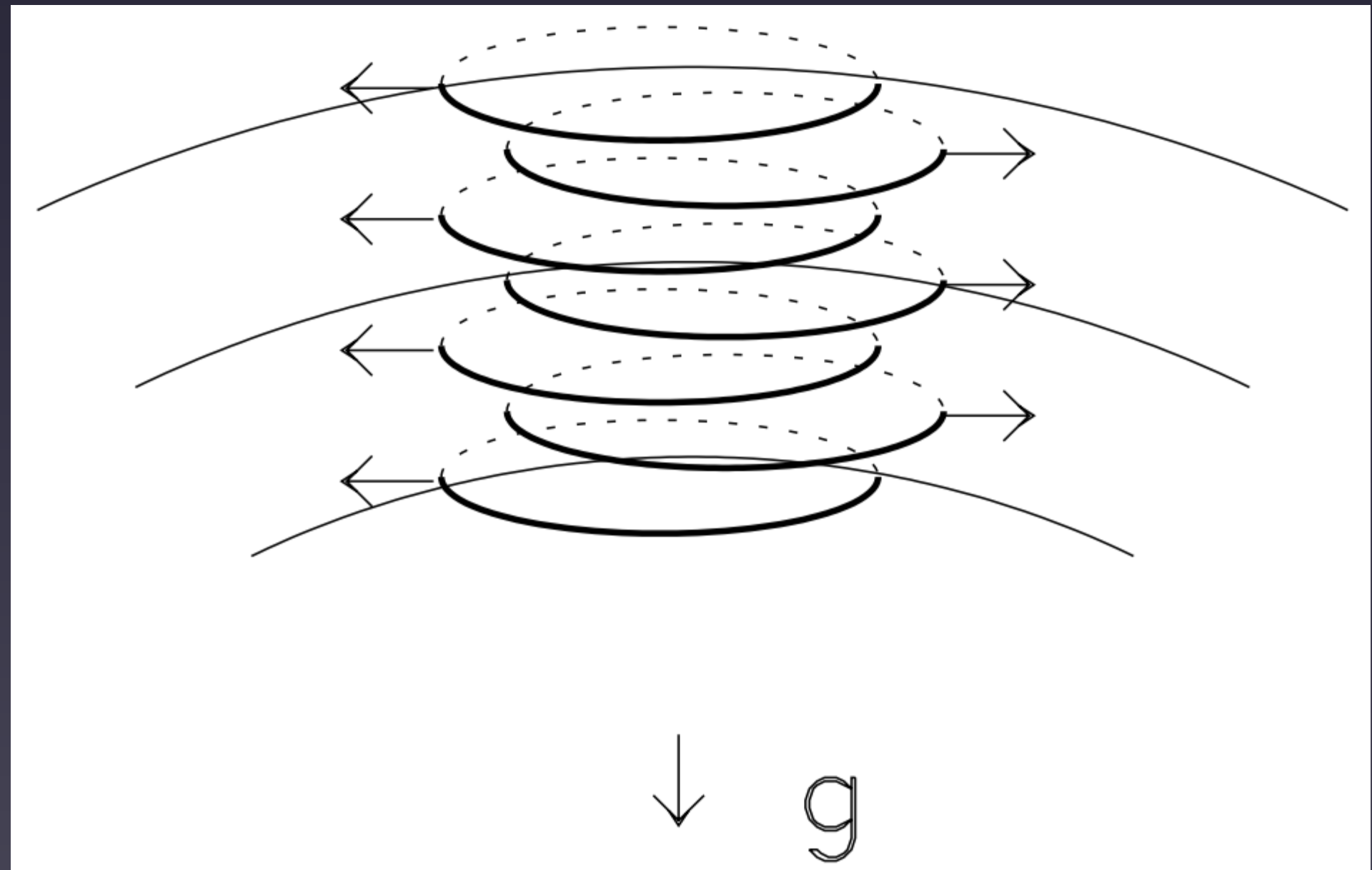
Cantiello et al. 2014

Taylor-Spruit Dynamo

- Weak radial magnetic field wound up by differential rotation
- Toroidal field unstable to Tayler instability, magnetic loops slip sideways, regenerate radial field
- According to Spruit 2002, instability creates net torque

$$S_0 \approx \frac{B_{r0} B_{\phi 0}}{4\pi} = \rho \Omega^2 r^2 q^3 \left(\frac{\Omega}{N} \right)^4$$

$$N_{\text{eff}}^2 = N_{\mu}^2 + N_{\text{T}}^2 / (1 + \tau / \tau_{\text{T}})$$



Spruit 1999

How does Tayler instability saturate?

- Growth rate = Non-linear damping rate

$$\frac{\omega_A^2}{\Omega} \sim \gamma$$

Spruit's
picture

- Energy input = Energy output

$$q\Omega B_r B_\phi \sim \gamma B_\phi^2$$

- Poloidal to Toroidal field strength ratio

$$\frac{B_r}{B_\phi} \sim \frac{\omega_A}{N_{\text{eff}}}$$

How does Tayler instability saturate?

Our
picture

- Growth rate = Non-linear damping rate

$$\frac{\omega_A^2}{\Omega} \sim \frac{\delta v_A}{r}$$

- Energy input = Energy output

$$q\Omega B_\phi B_r \sim \frac{\omega_A^2}{\Omega} |\delta B_\perp|^2$$

- Poloidal to Toroidal field strength ratio

$$\frac{B_r}{B_\phi} \sim \frac{\omega_A}{N_{\text{eff}}}$$

TS++ Dynamo

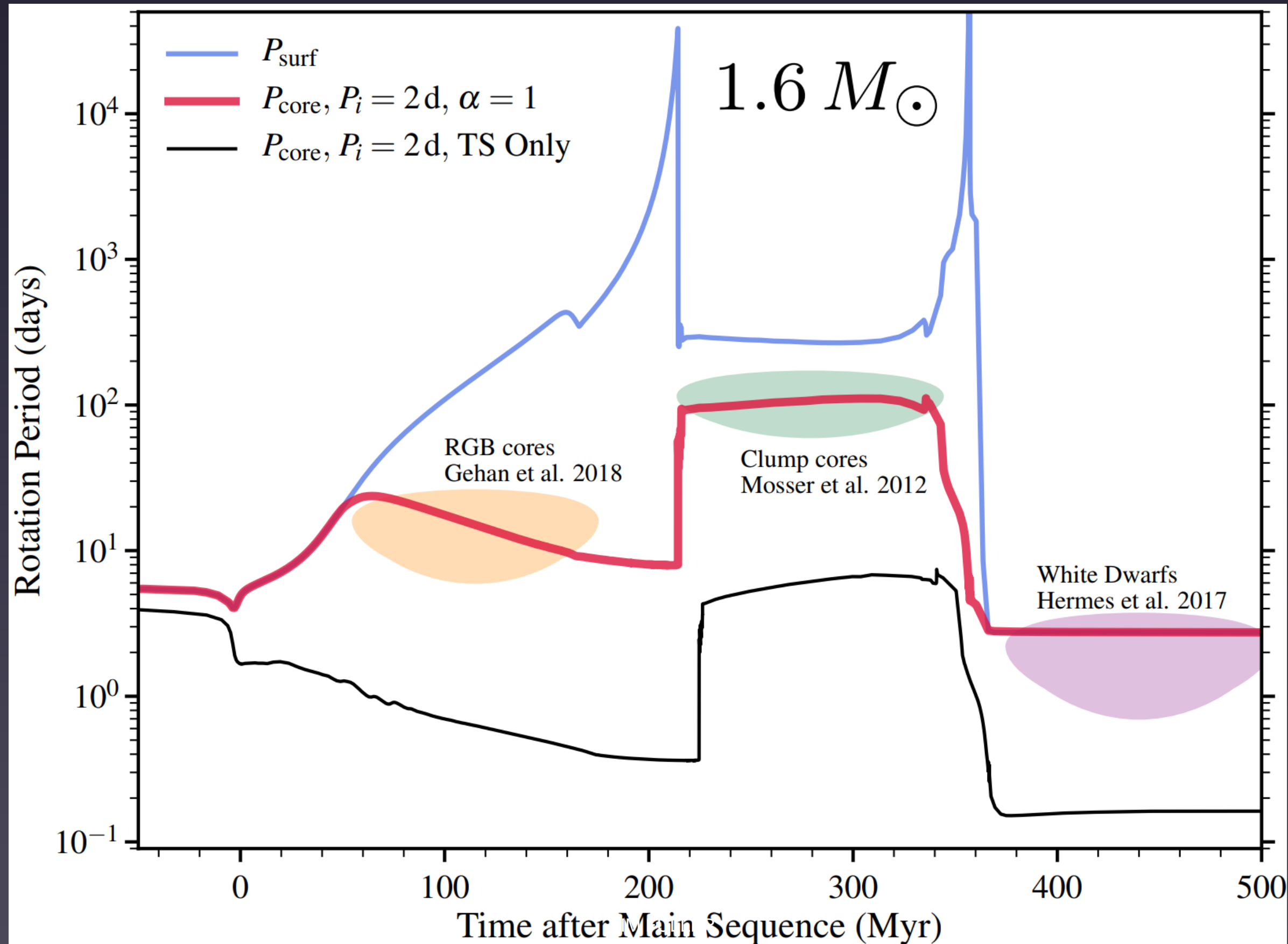
- Combination of radial/azimuthal field creates a Maxwell stress

$$T = B_r B_\phi \sim 4\pi q \rho r^2 \Omega^2 \left(\frac{\Omega}{N_{\text{eff}}} \right)^2$$

- With corresponding AM diffusivity

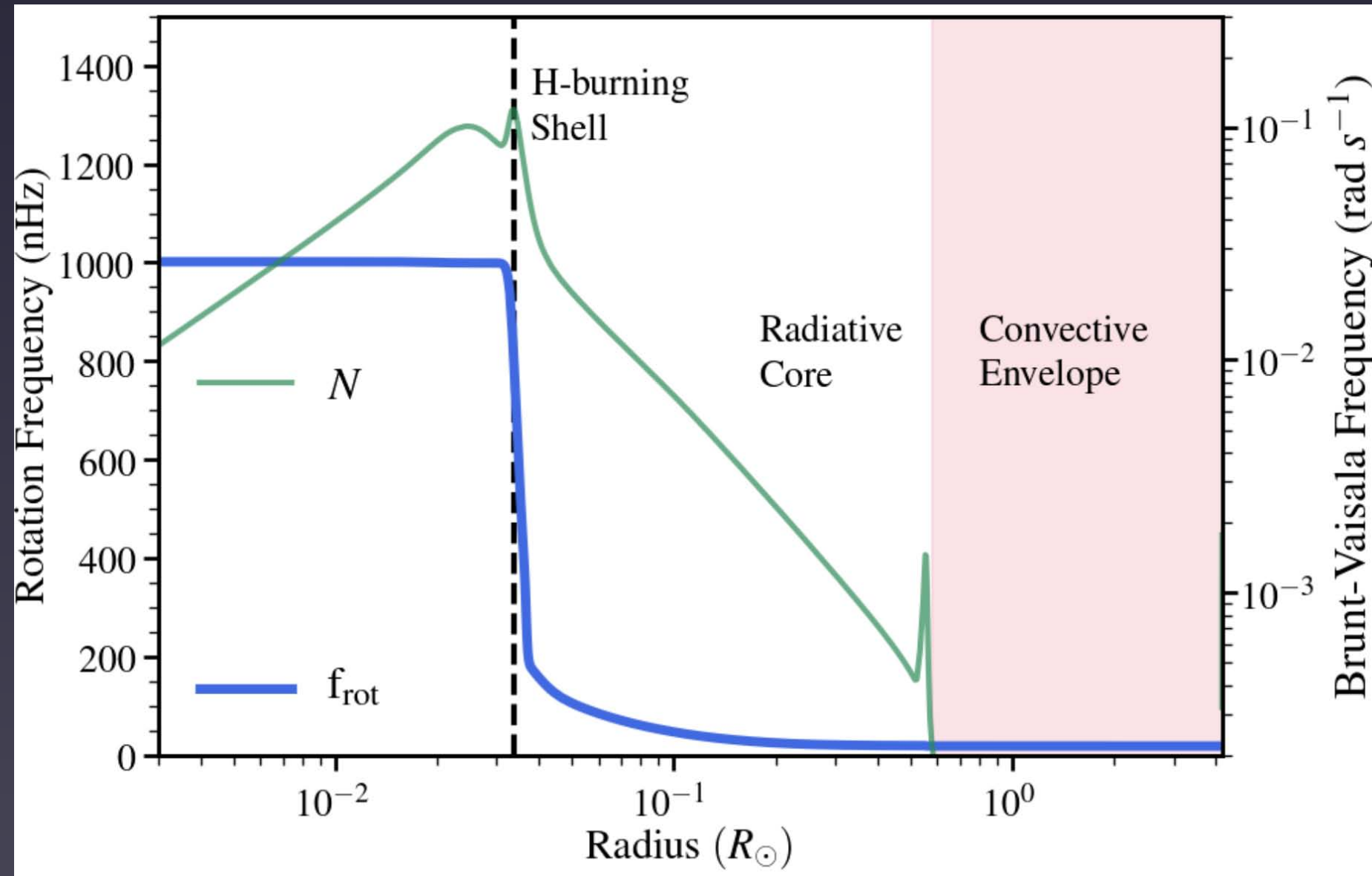
$$\nu_{\text{AM}} = \frac{T}{4\pi \rho q \Omega} \sim r^2 \Omega \left(\frac{\Omega}{N_{\text{eff}}} \right)^2$$

Rotational Evolution

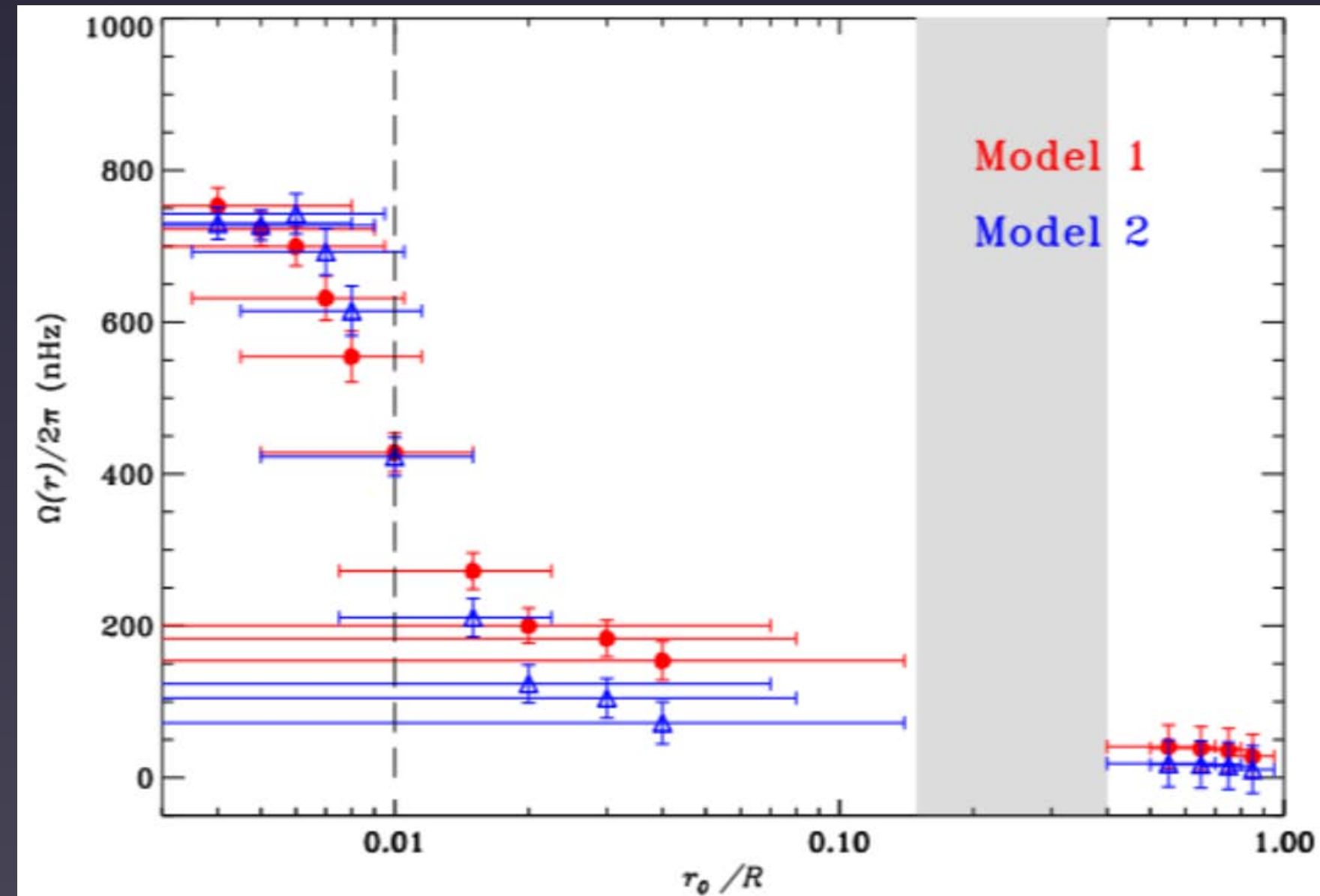


Fuller+
2019

Rotation Profile



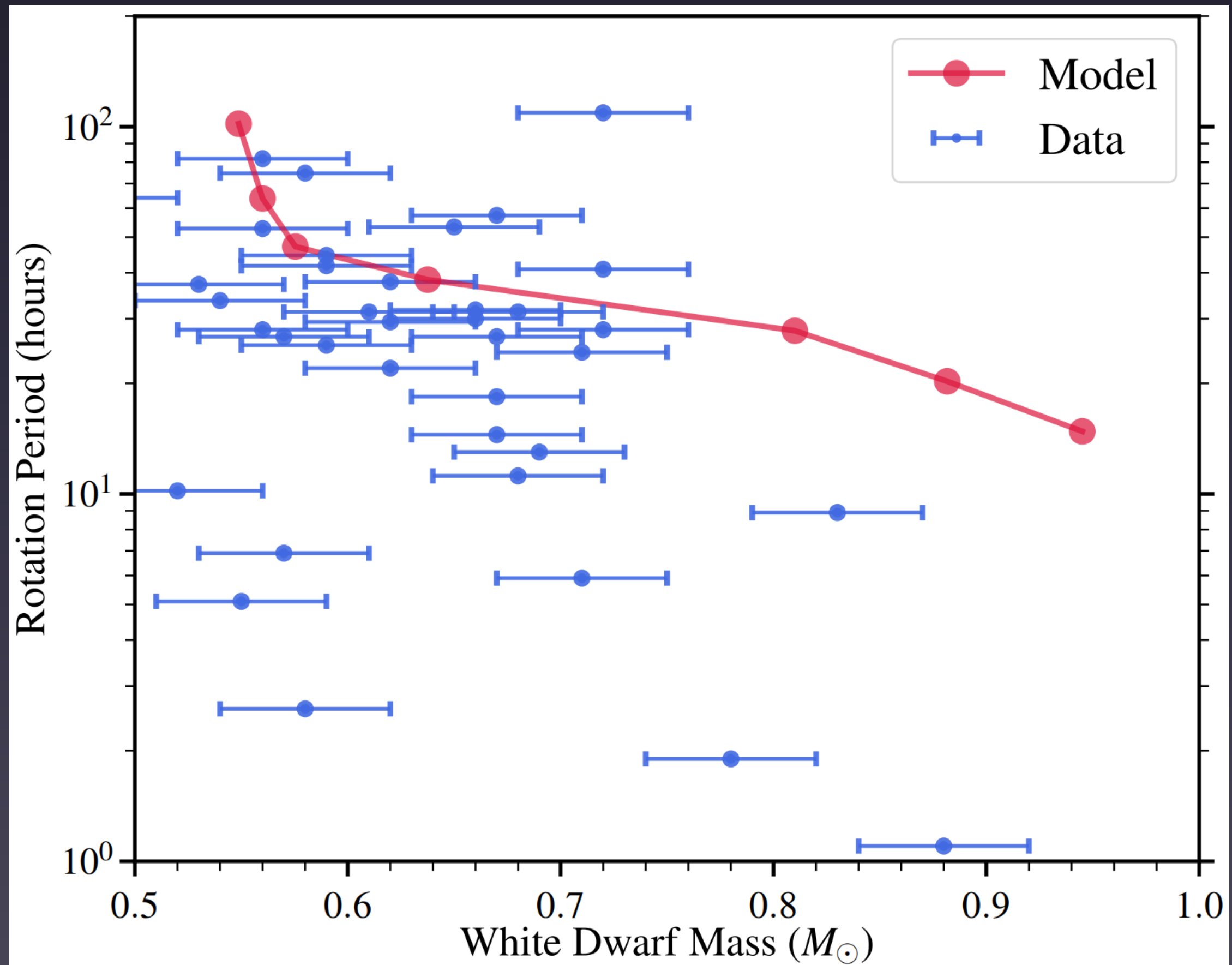
Fuller+ 2019



Di Mauro et al. 2017

White Dwarfs

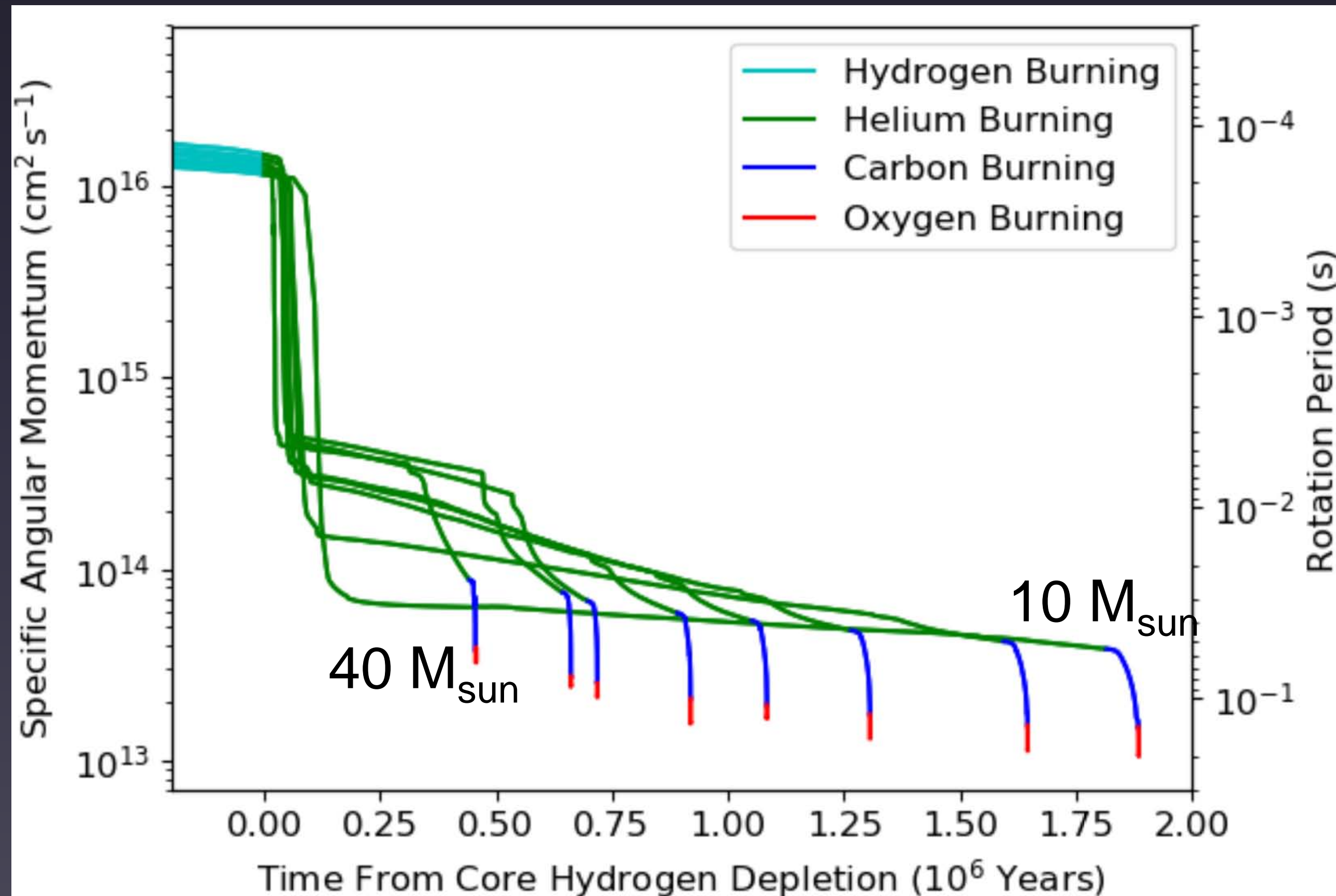
- WD rotation rates previously unexplained
- Massive WDs appear to rotate faster



Fuller+ 2019

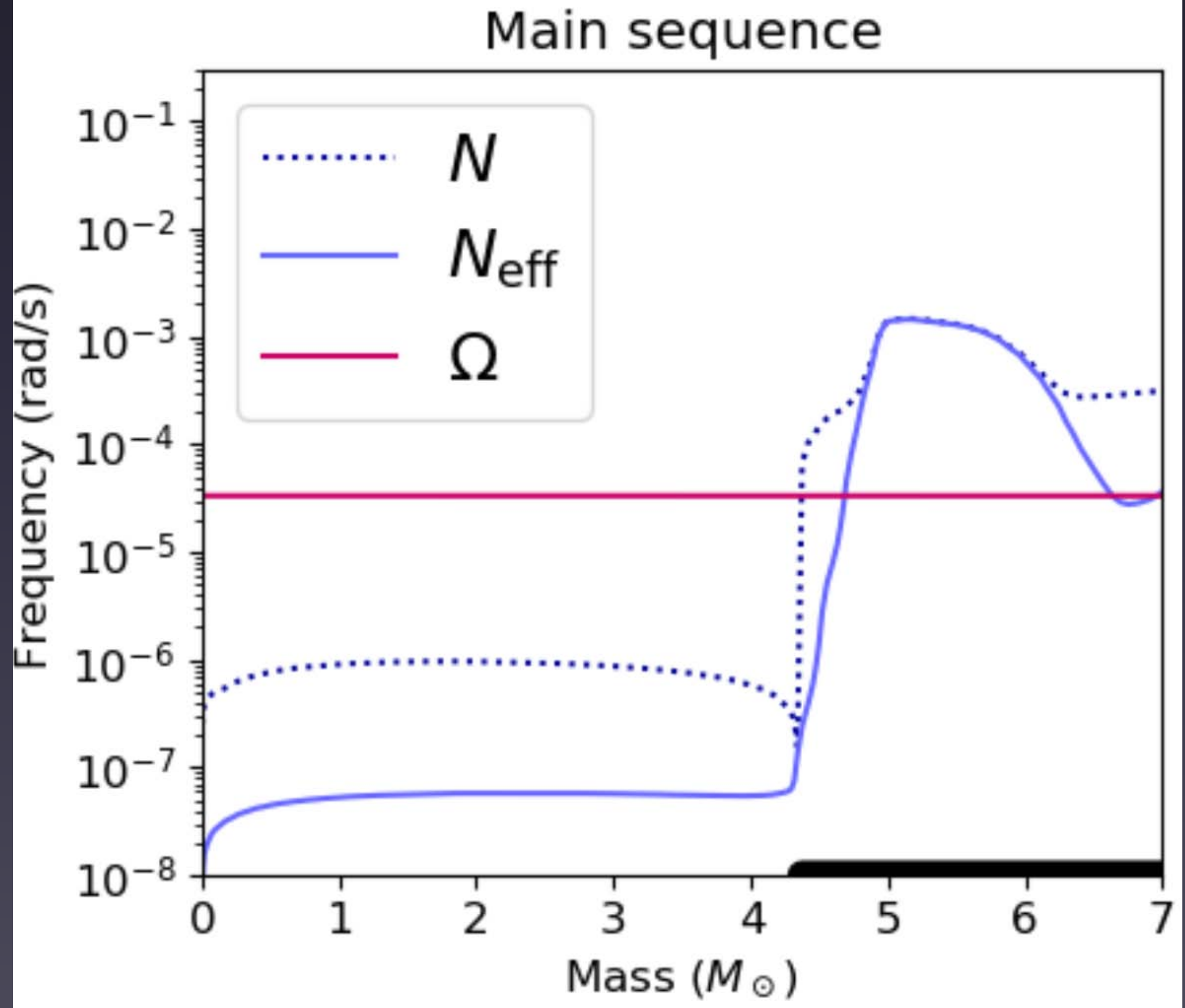
Massive Stars

- AM of inner core lost upon He core contraction after main sequence



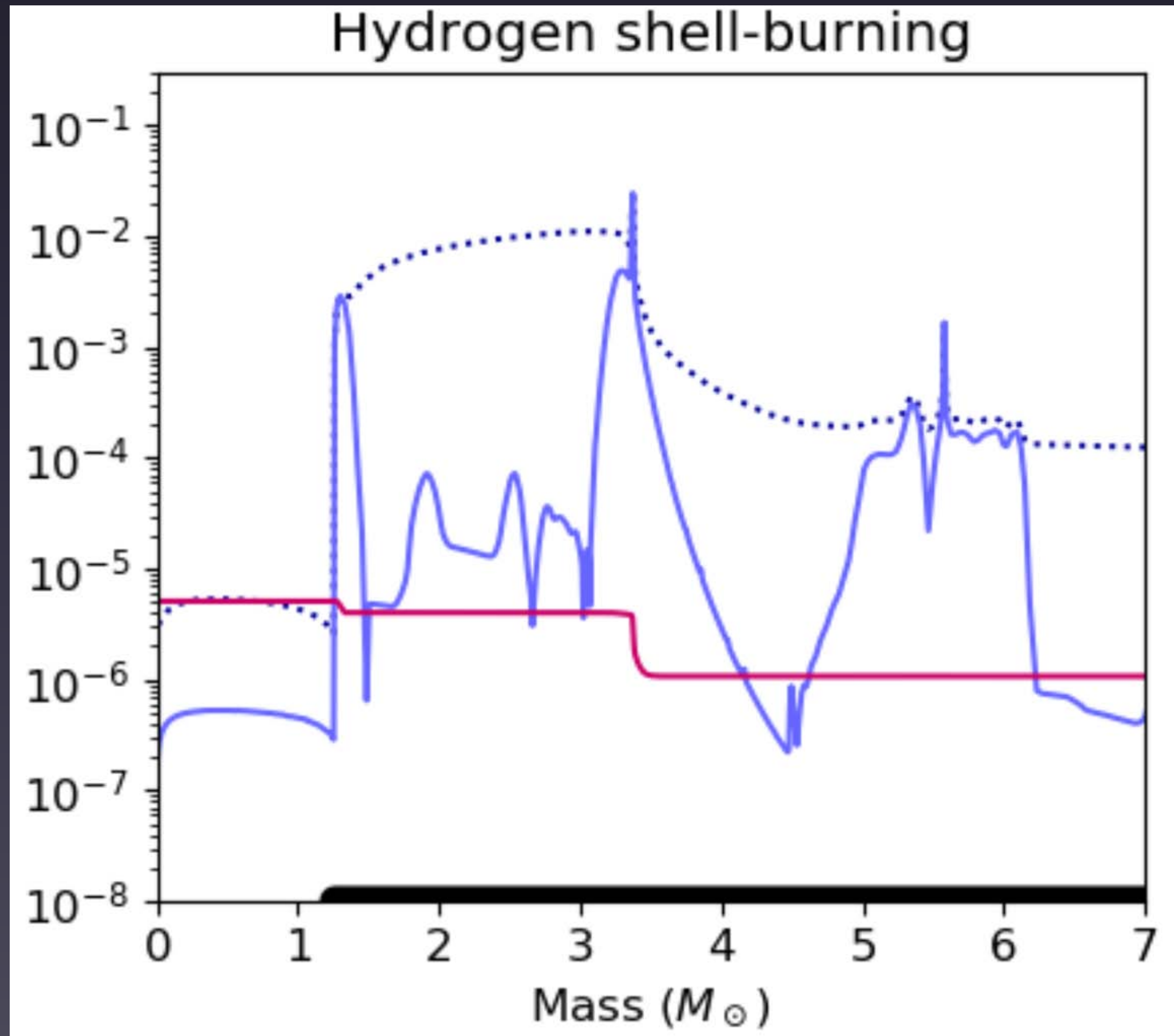
Angular Momentum Extraction

- Core/envelope tightly coupled on main sequence



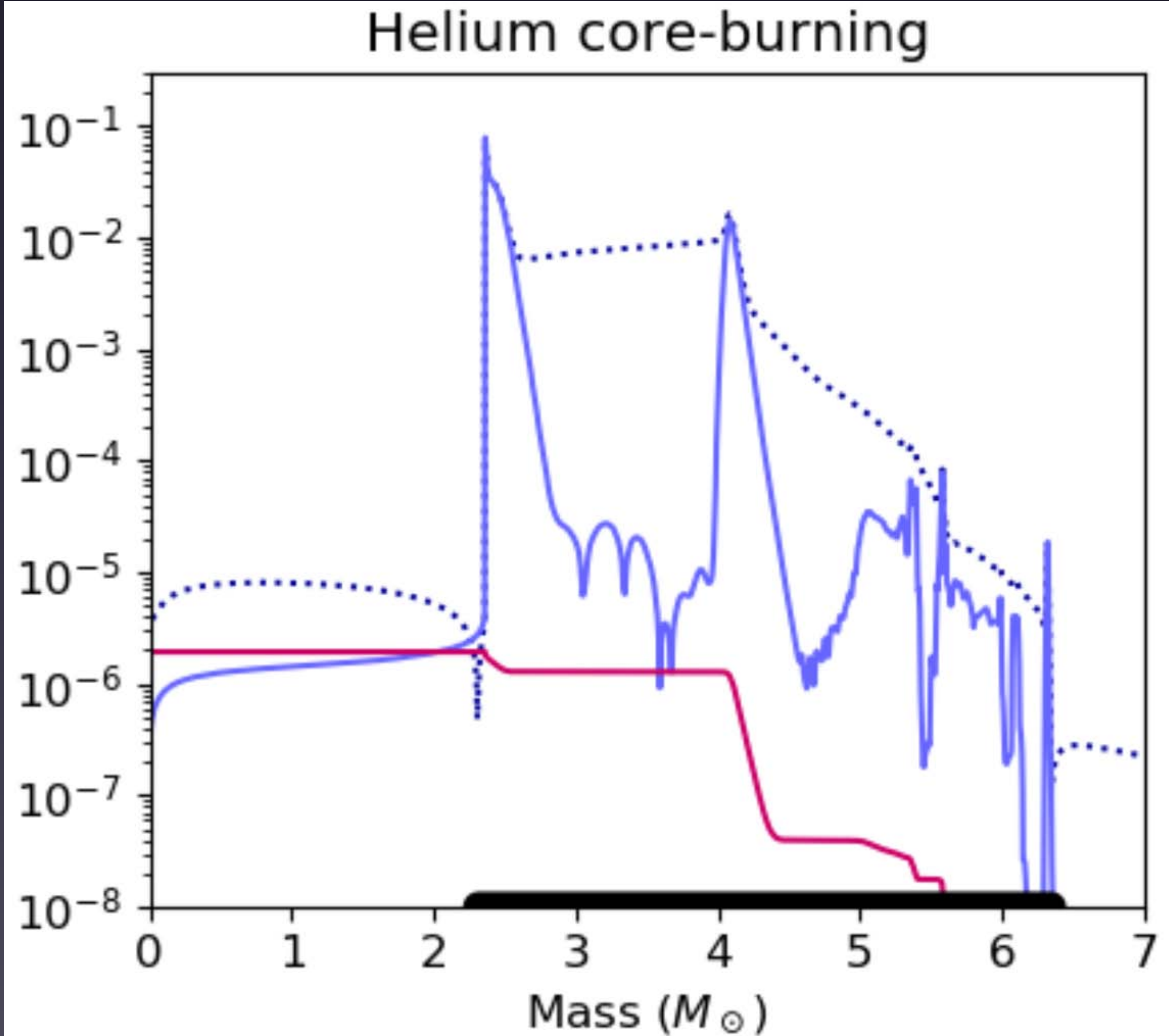
Angular Momentum Extraction

- AM extracted from contracting core after main sequence

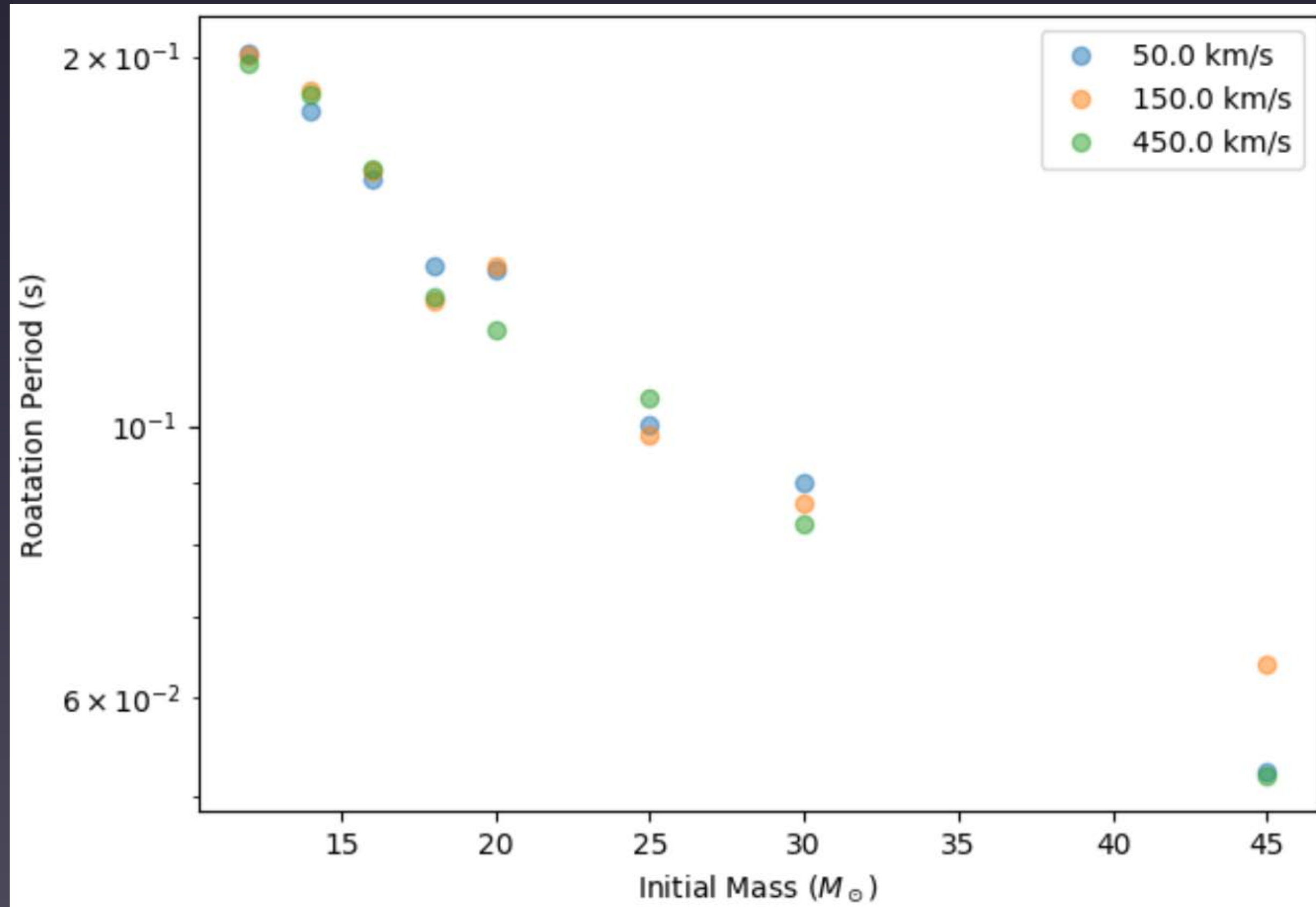


Angular Momentum Extraction

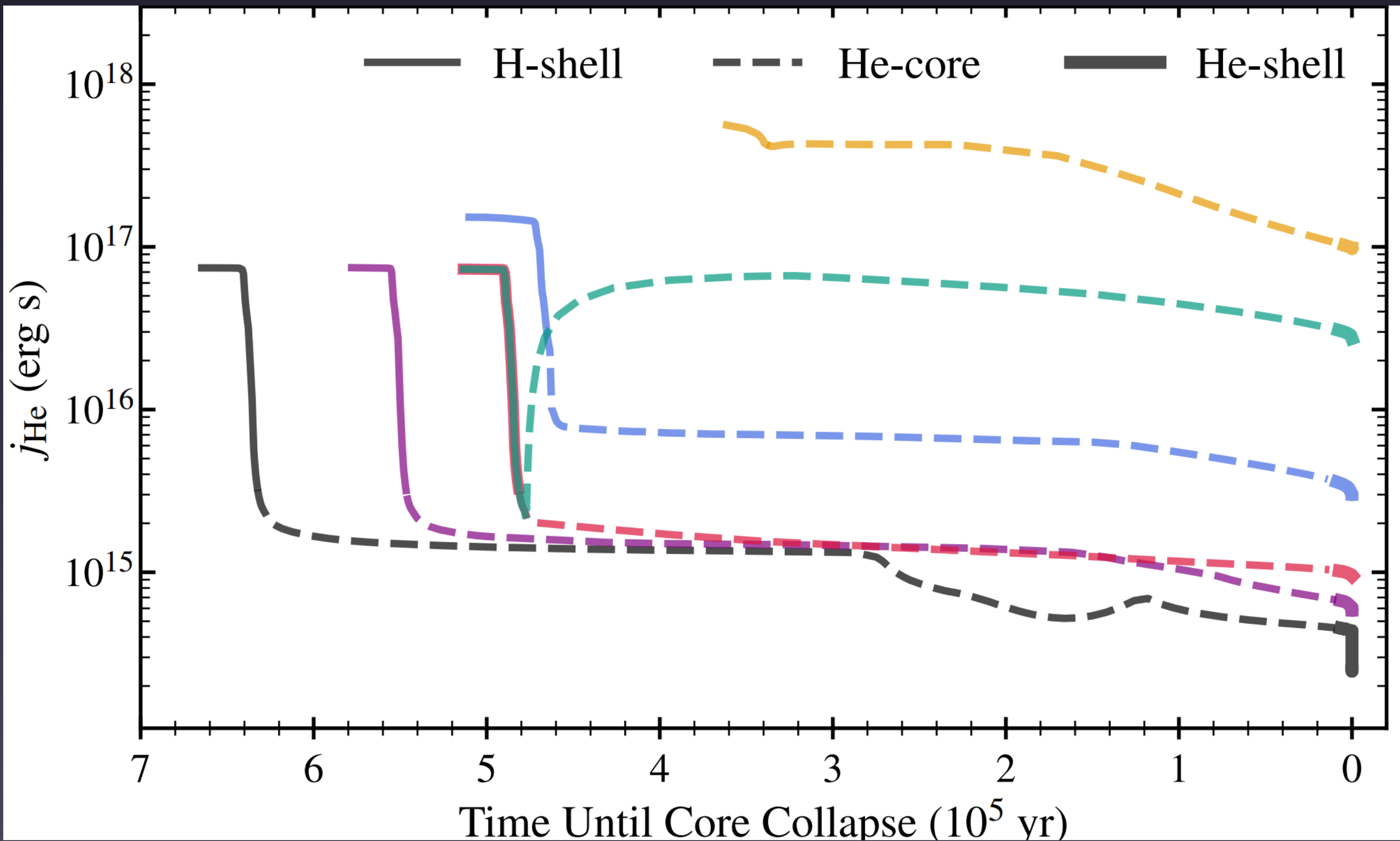
- H-burning shell prevents perfect coupling during He-burning and beyond



Neutron Stars Slowly Rotating

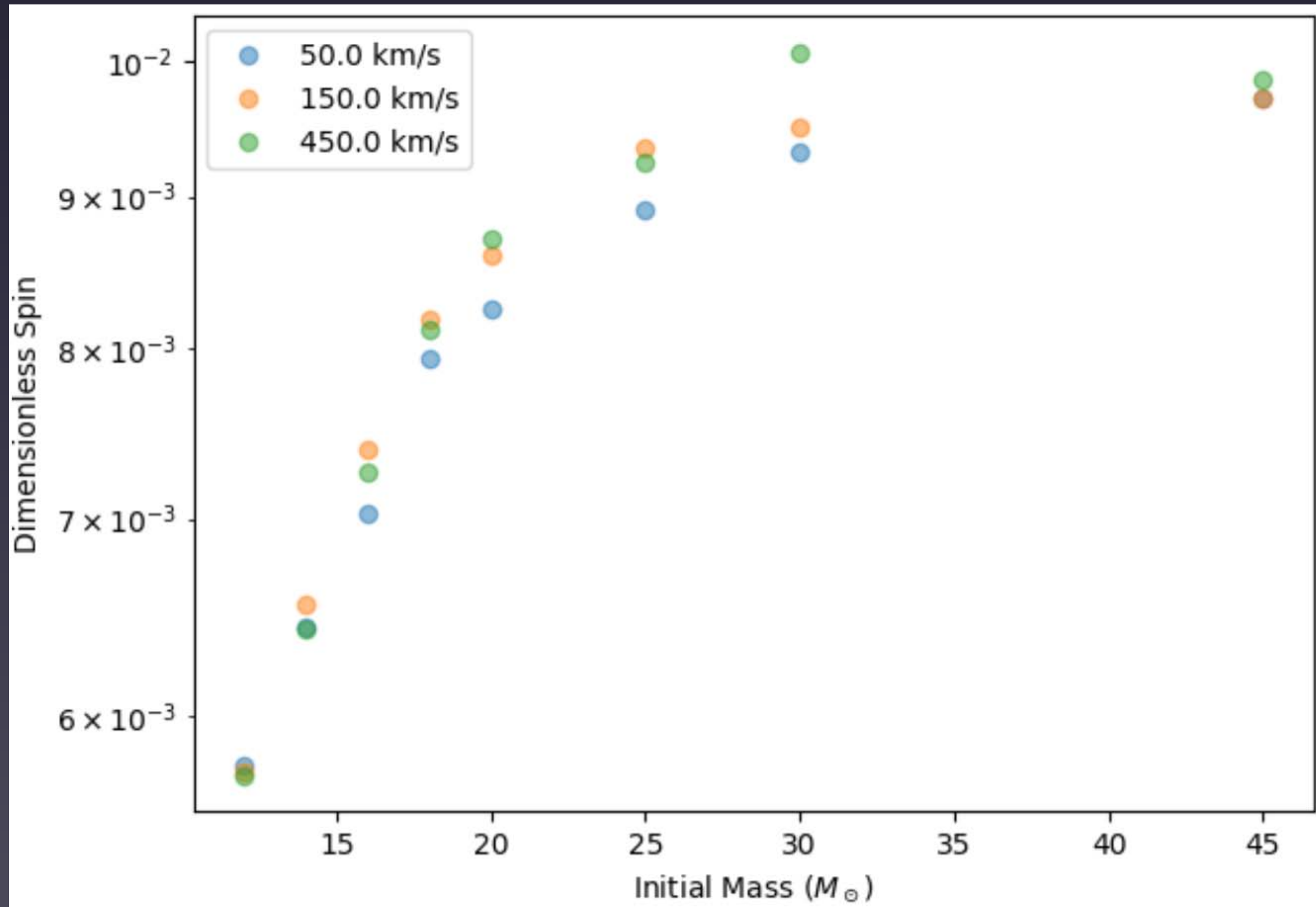


Ma & Fuller,
In prep



Fuller & Ma, in prep

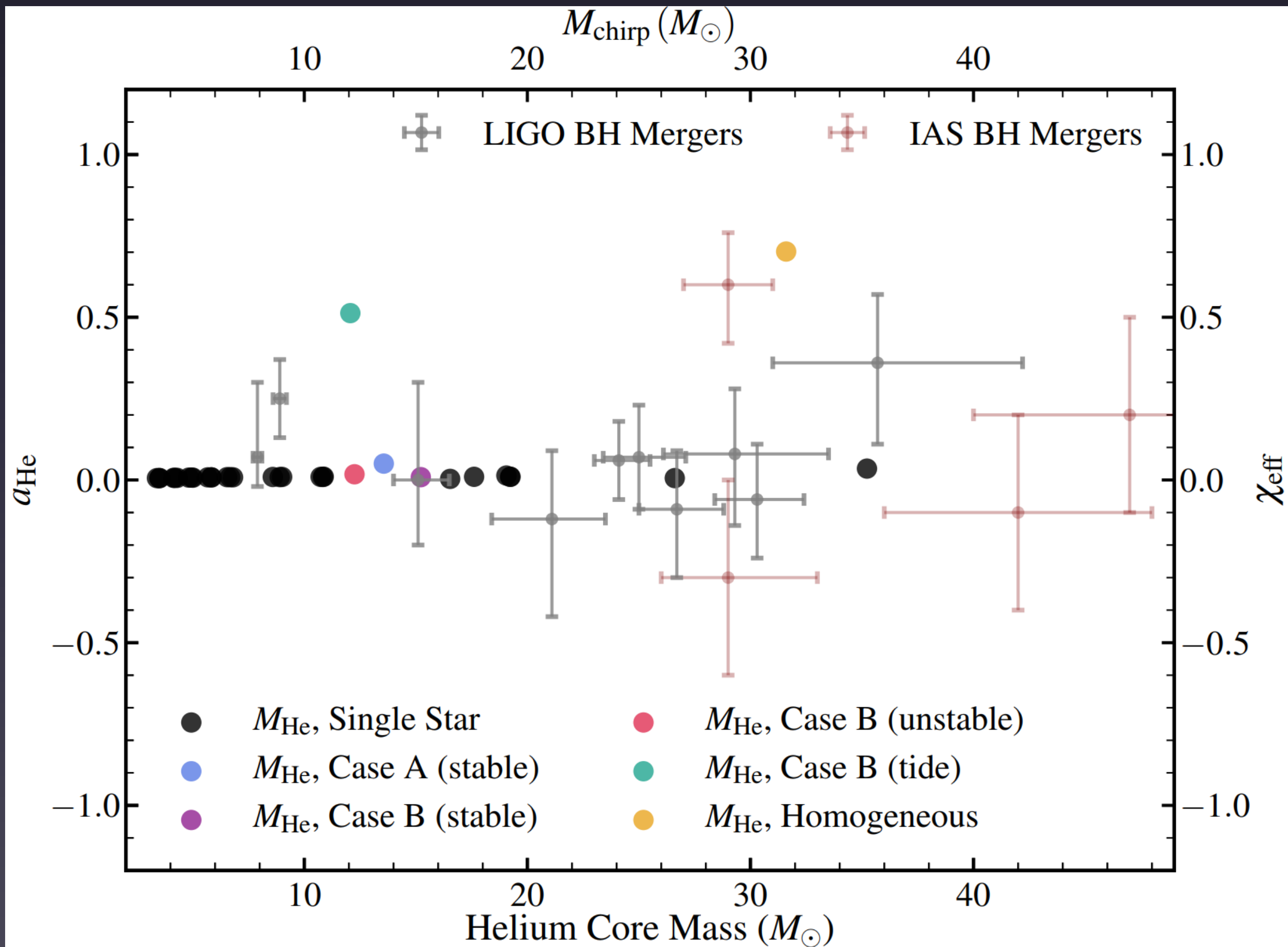
Black Holes Slowly Rotating



Ma & Fuller,
In prep

Compact Objects

- Black holes detected by LIGO appear to rotate slowly
- Binary scenarios with tidal spin-up can produce rapidly rotating BHs

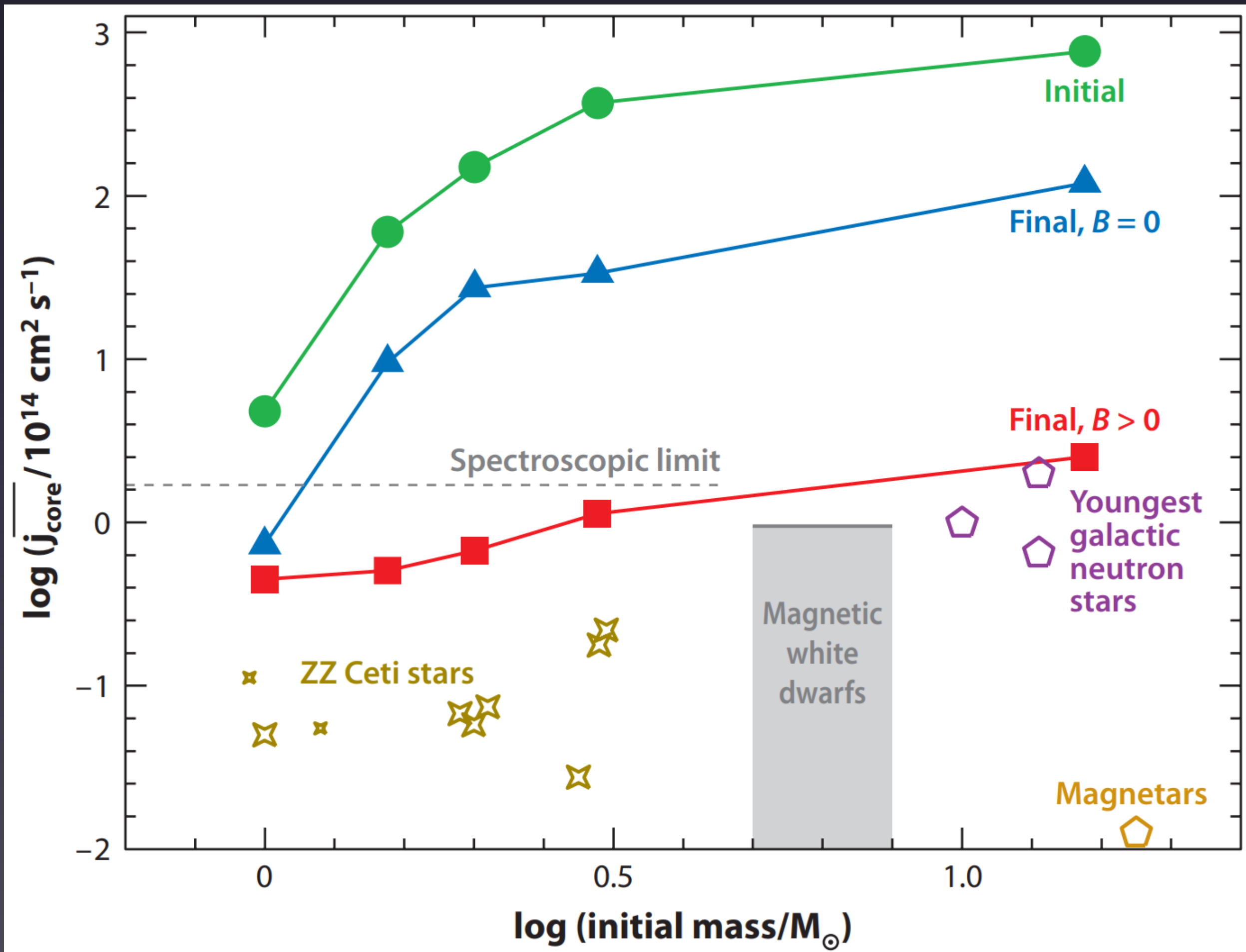


Postdictions

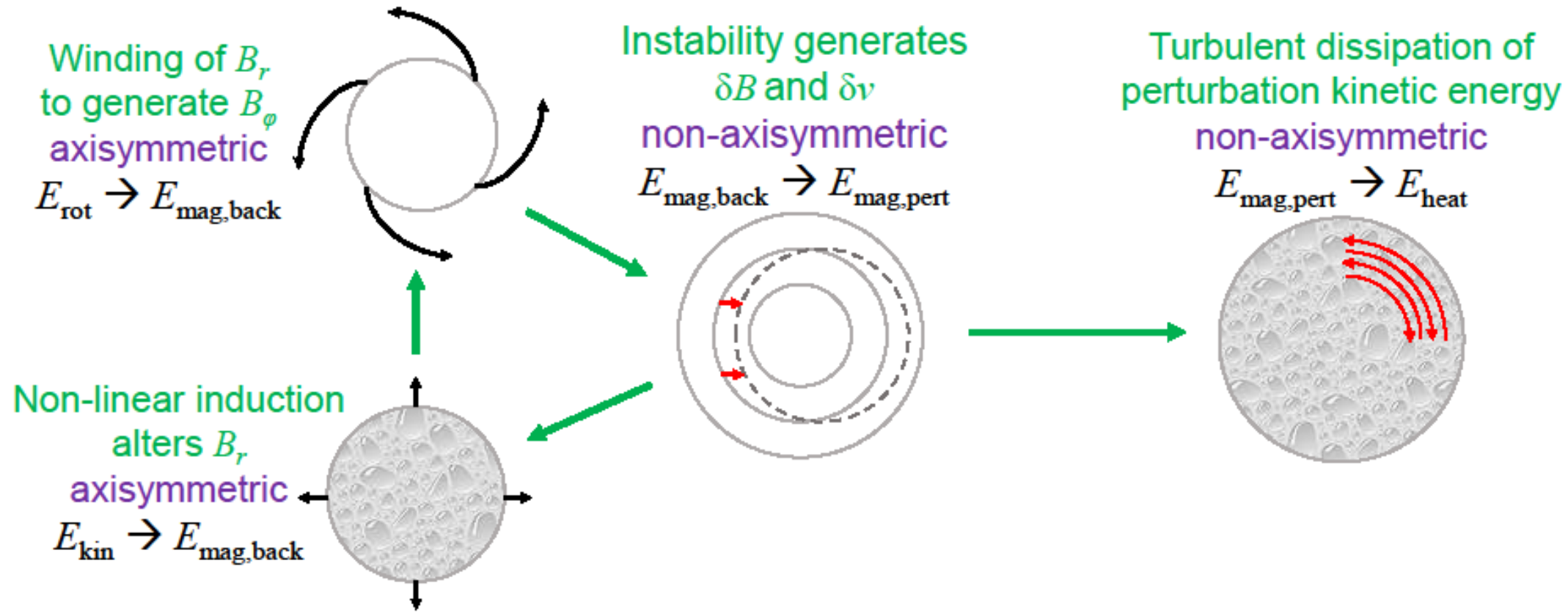
- White dwarfs rotate extremely slowly ($\sim 10^{-4}$ breakup)
- Black holes and neutron stars rotate very slowly ($\sim 10^{-2}$ breakup)
- Rapidly rotating magnetars and black holes mostly originate from tidally spun up binaries

How do we make rapidly rotating central engines?

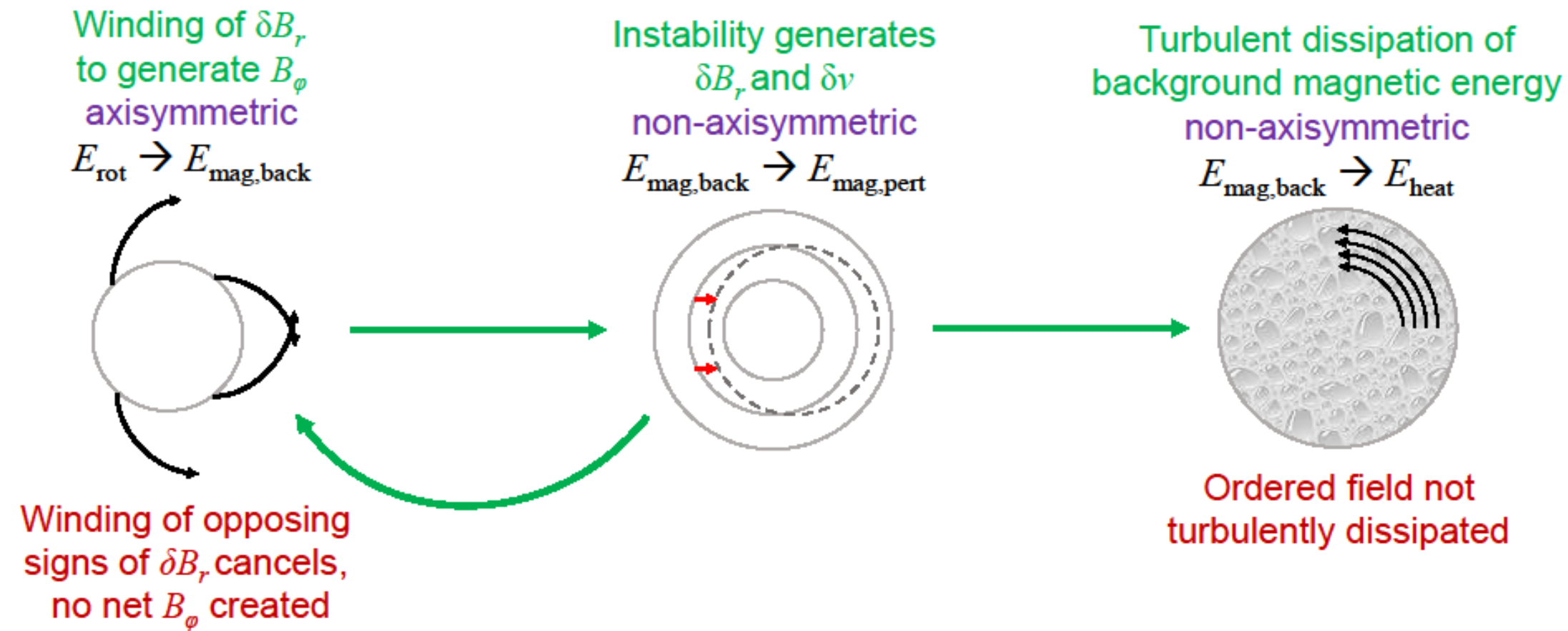
- Tidal torques in helium star progenitors in compact binaries
 - Might only spin up iron core if $M_{\text{He}} > 20 M_{\text{sun}}$
- Tidal torques in ultracompact ultrastripped binaries?
- Collapse of blue supergiant?
- Homogeneous evolution?



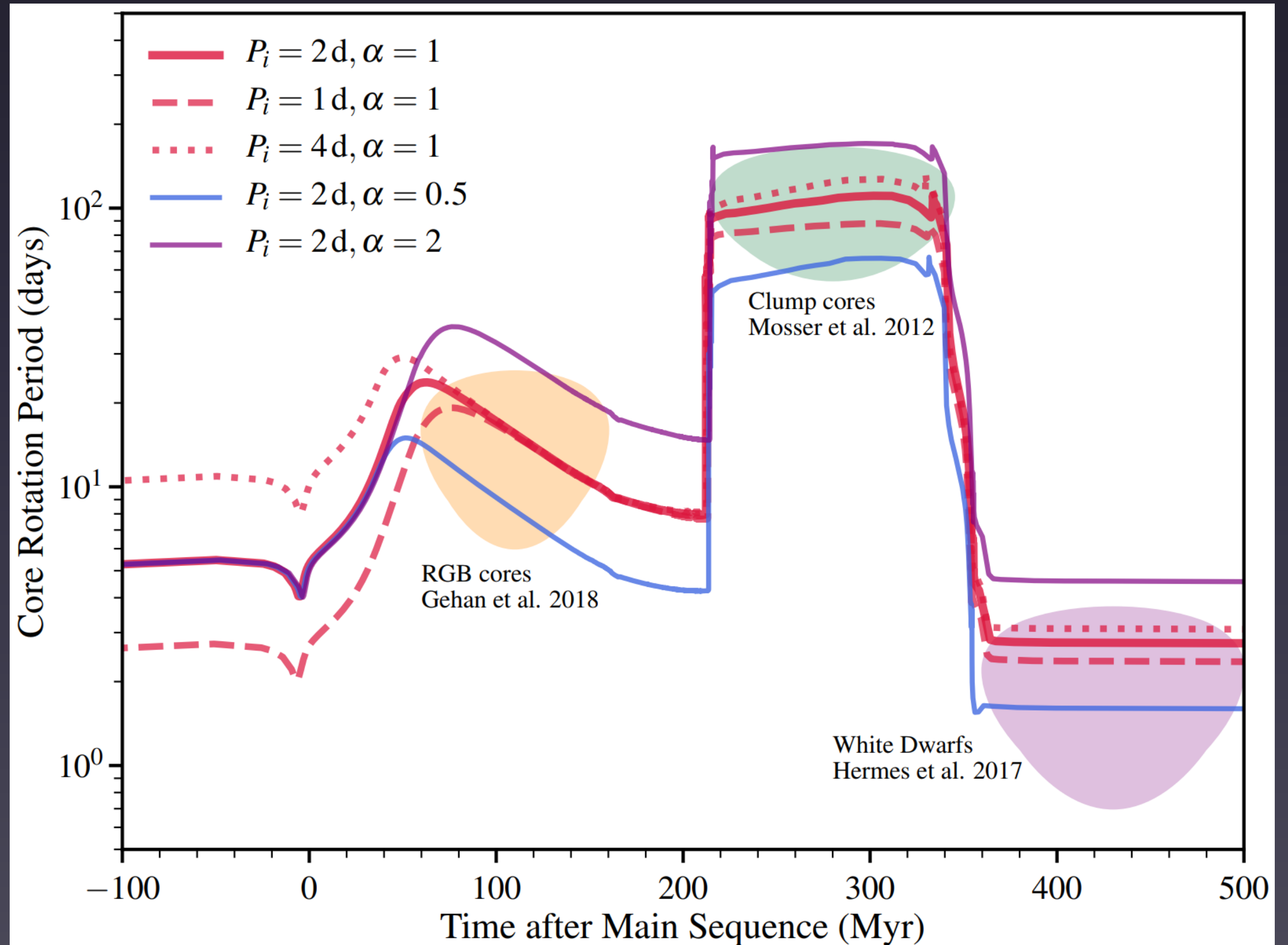
Our Picture

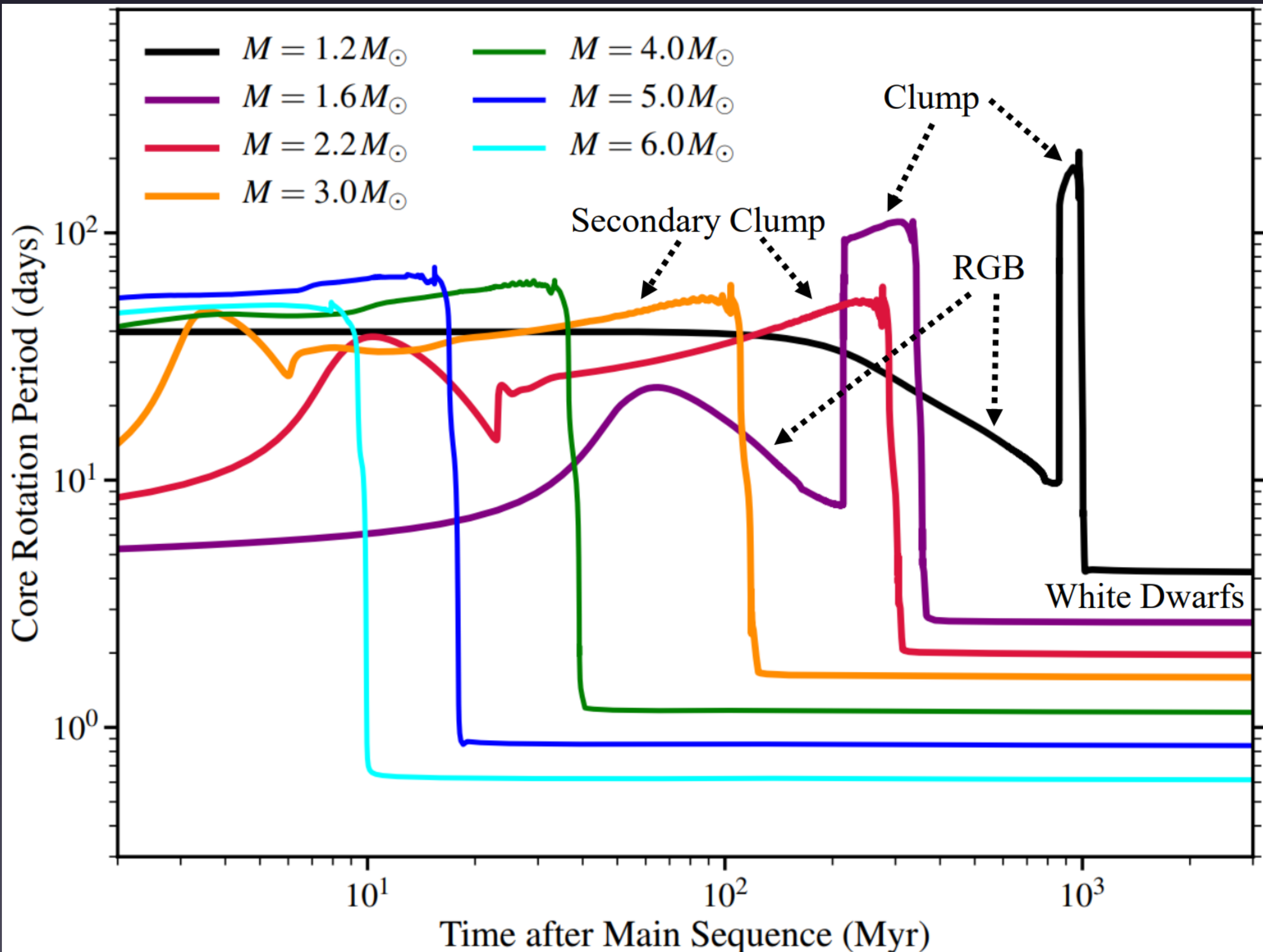


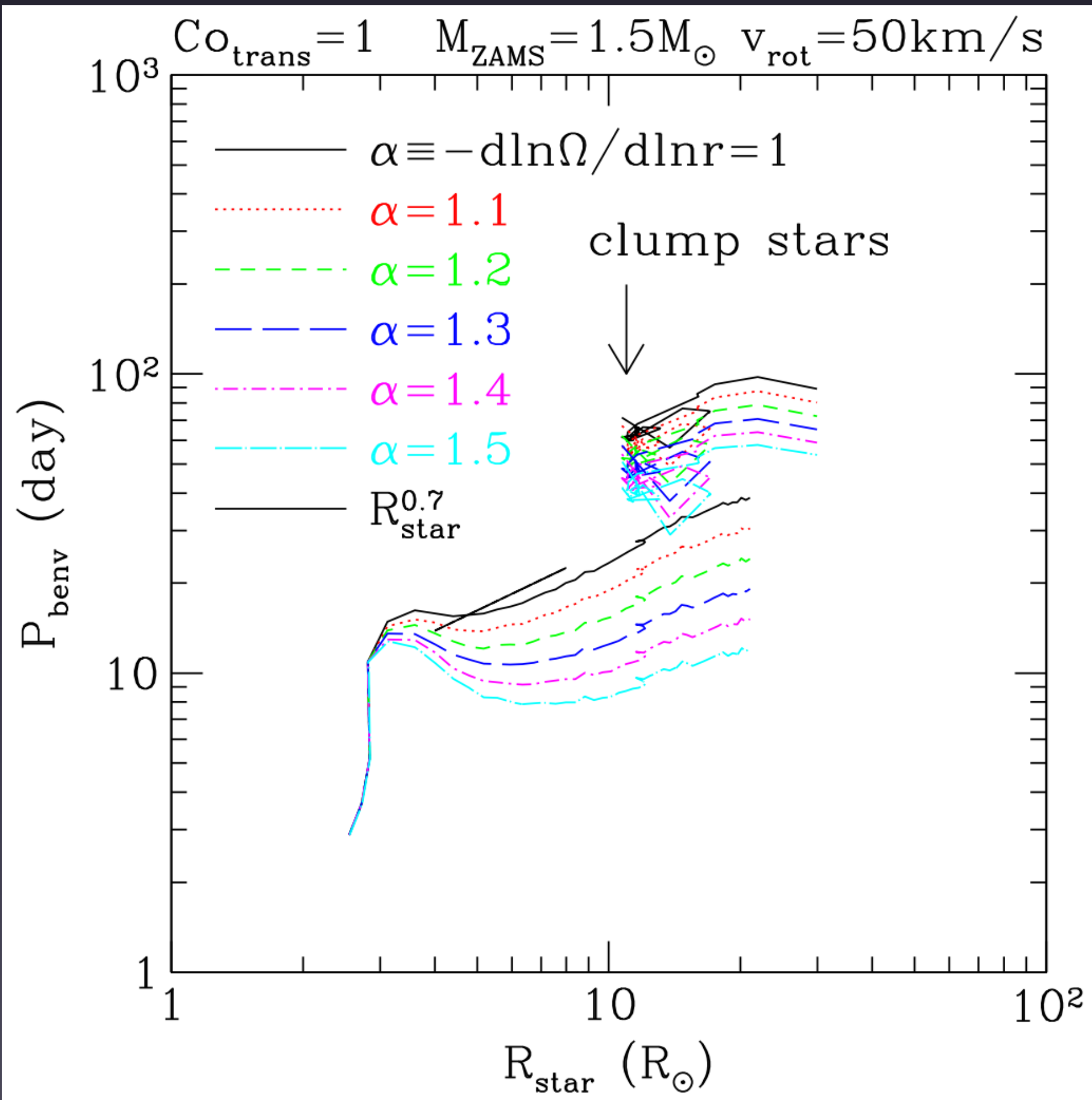
Spruit's Picture



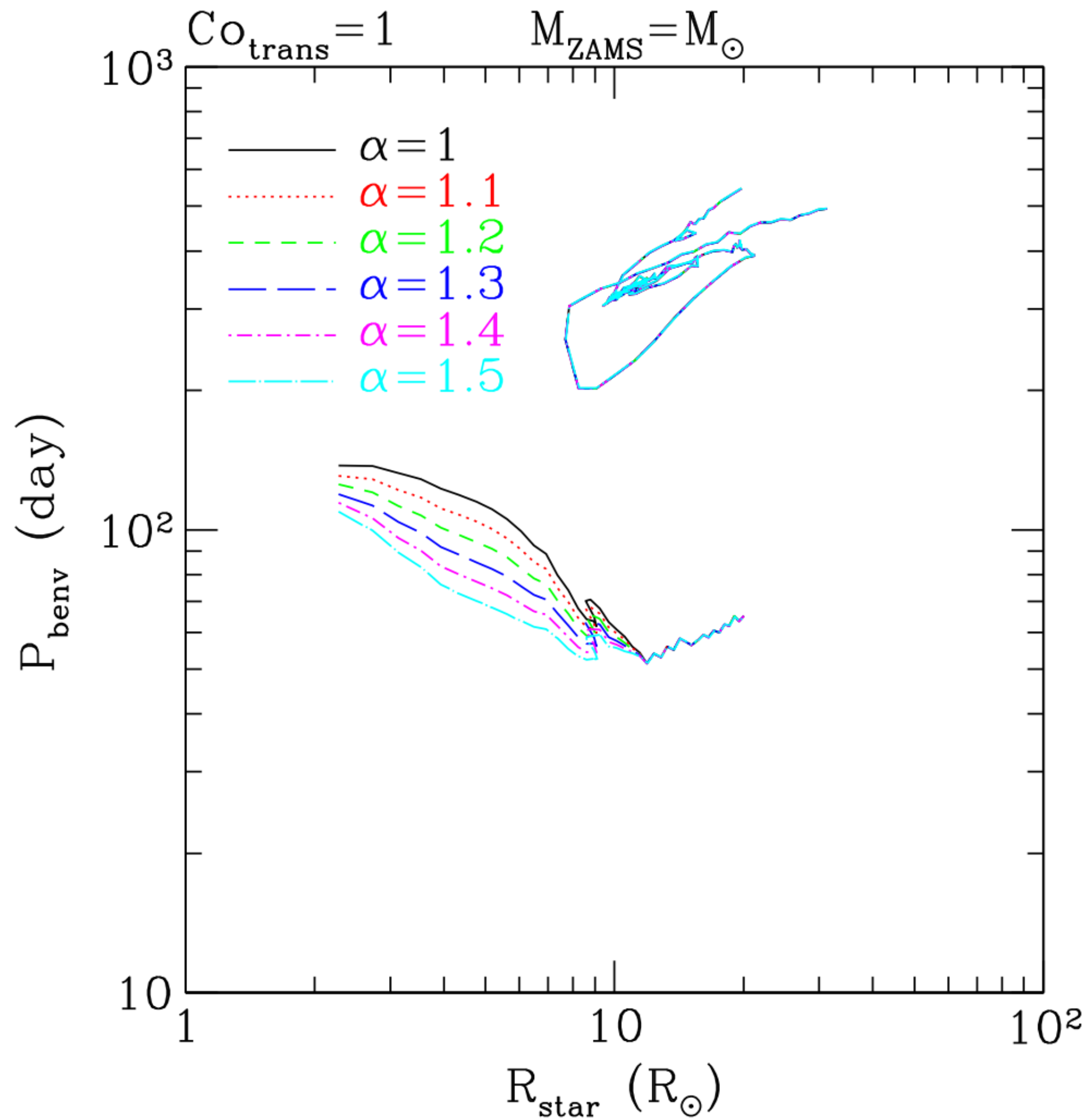
- Relatively insensitive to initial conditions
- Slight dependence on parameter α







Kissin & Thompson
2015



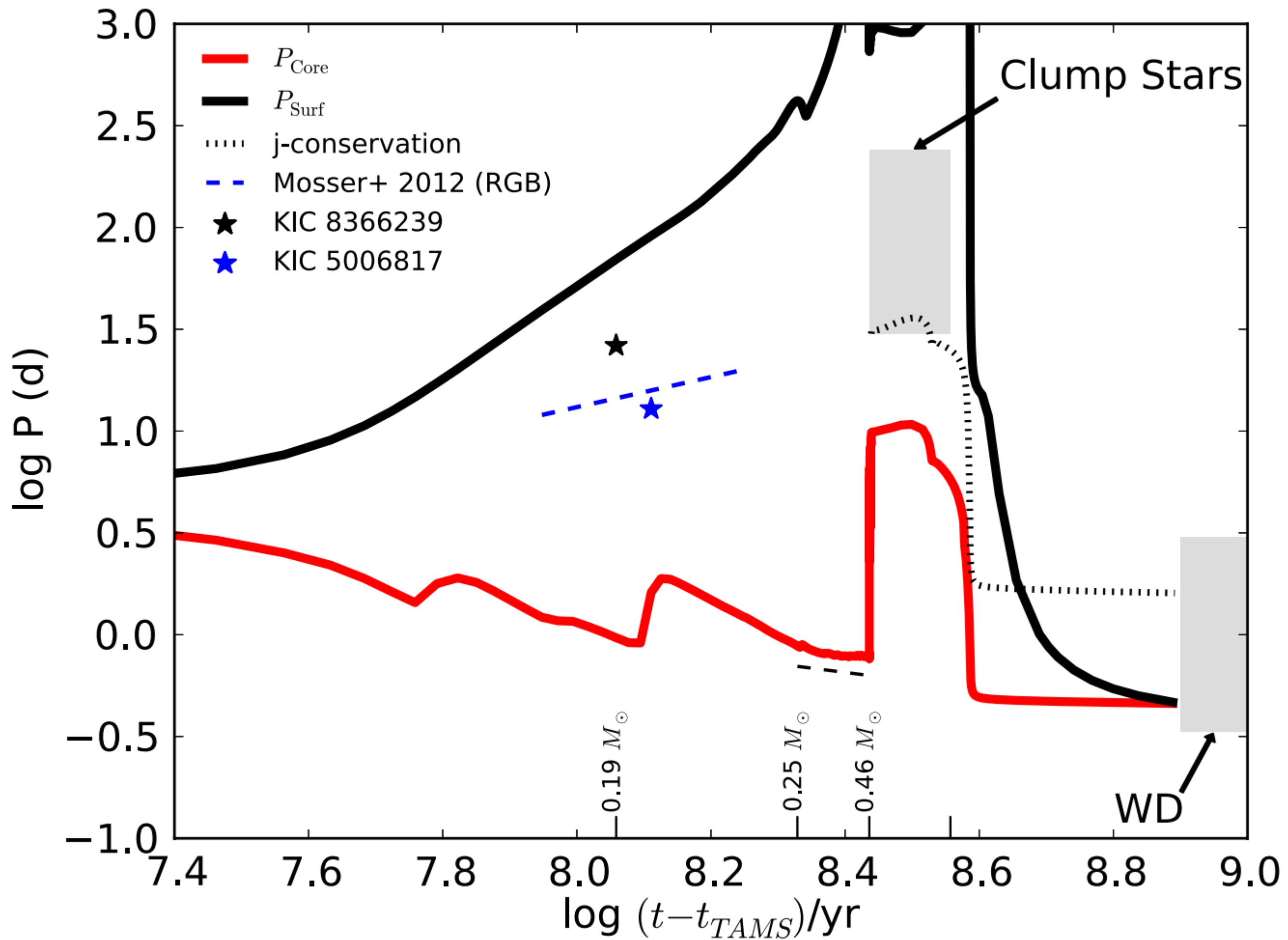
Kissin & Thompson
2015

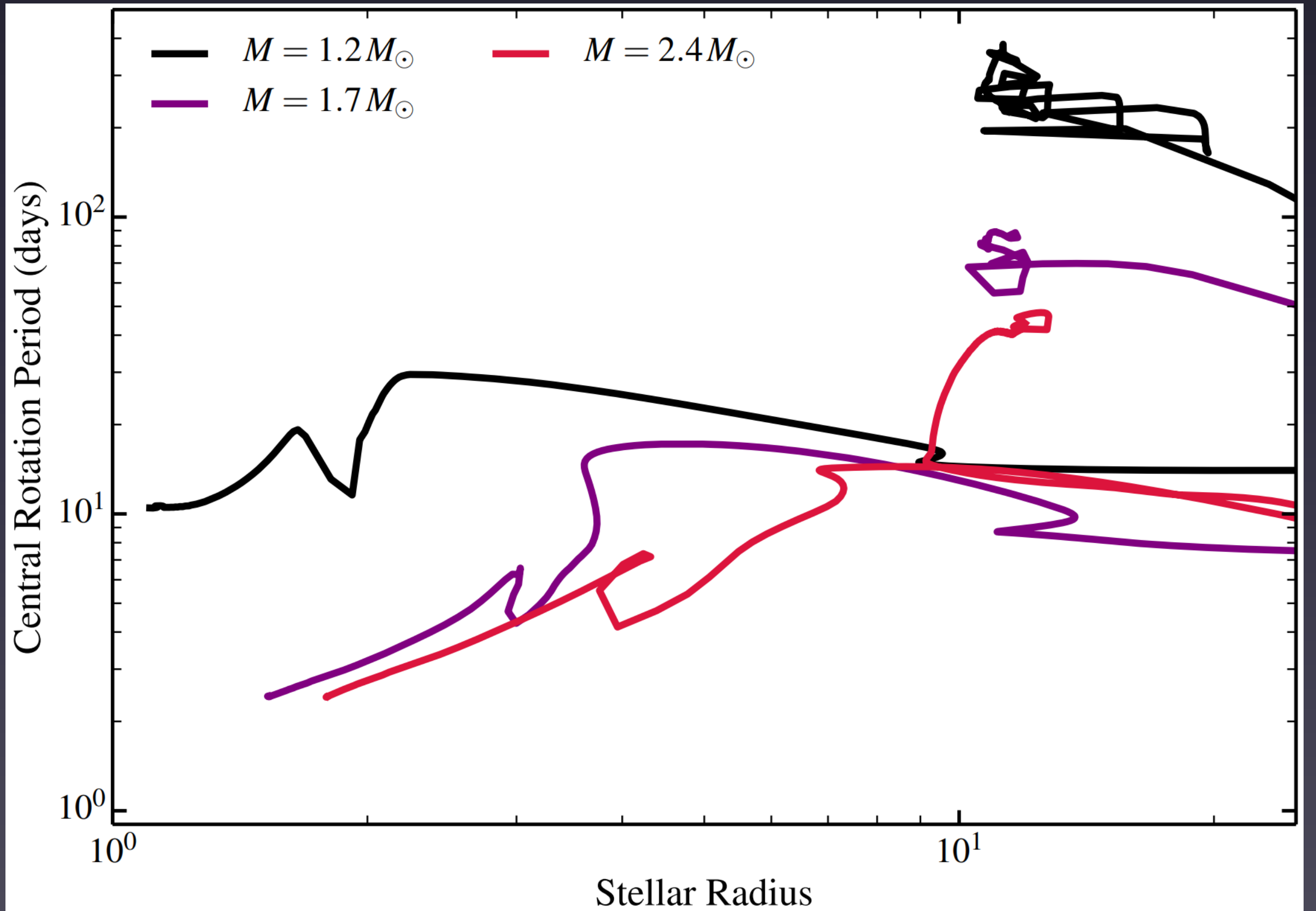
TABLE 3
PULSAR ROTATION RATE DEPENDENCE ON DYNAMO MODEL PARAMETERS^a

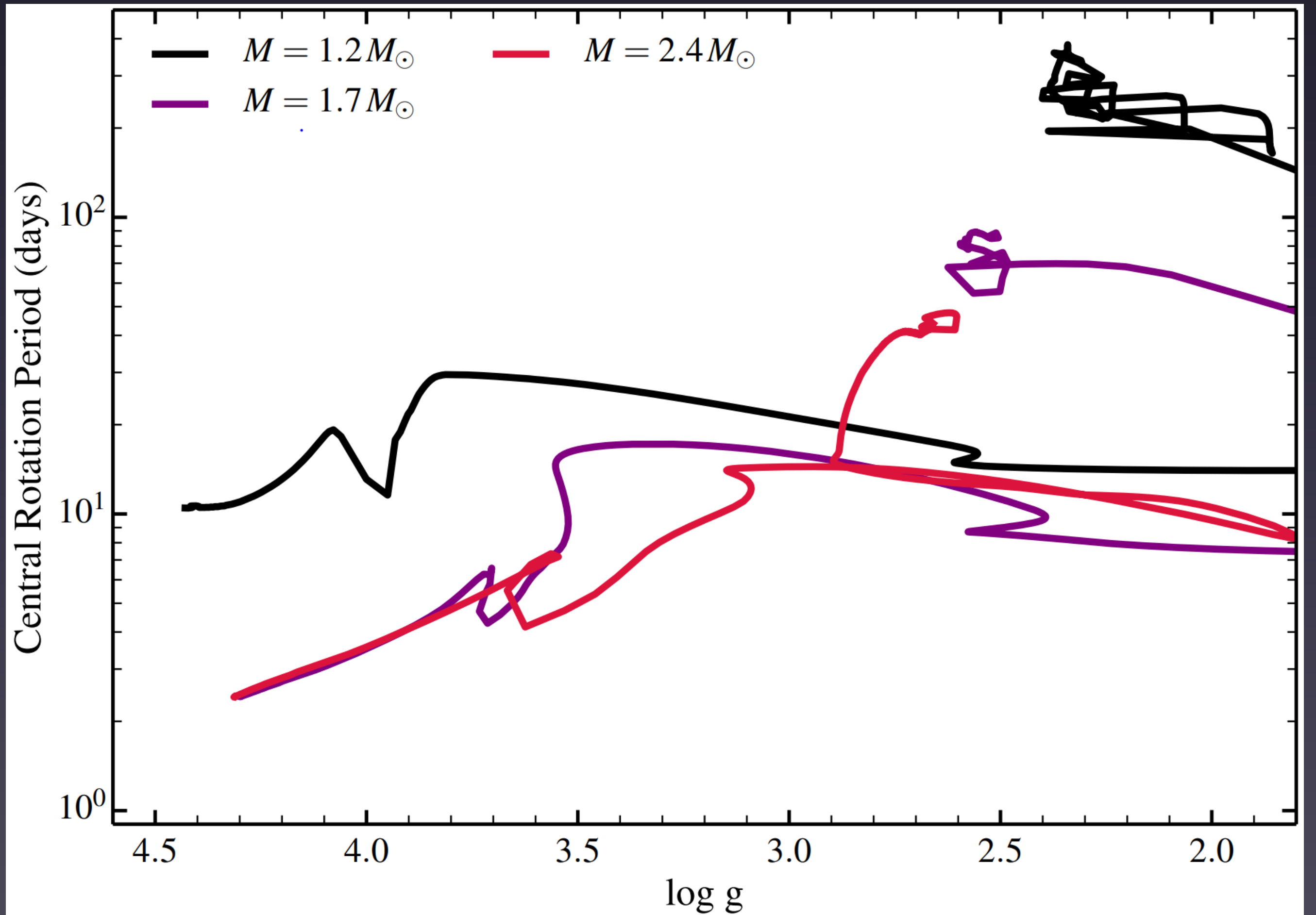
INITIAL MASS (M_{\odot})	Std.	N_{μ}^2		N_T^2		$B_{\phi}B_r$		Ω_{ZAMS}		$B = 0$
		0.1	10	0.1	10	0.1	10	0.5	1.5	
Period (ms)										
12.....	9.9
15.....	11	24	4.4	12	10	5.7	21	9.8	10	0.20
20.....	6.9	14	3.2	8.4	6.4	3.3	11	7.2	6.5 ^b	0.21
25.....	6.8	13	3.1	7.3	4.9	2.6	13	7.1	4.3 ^b	0.22
35.....	4.4 ^b

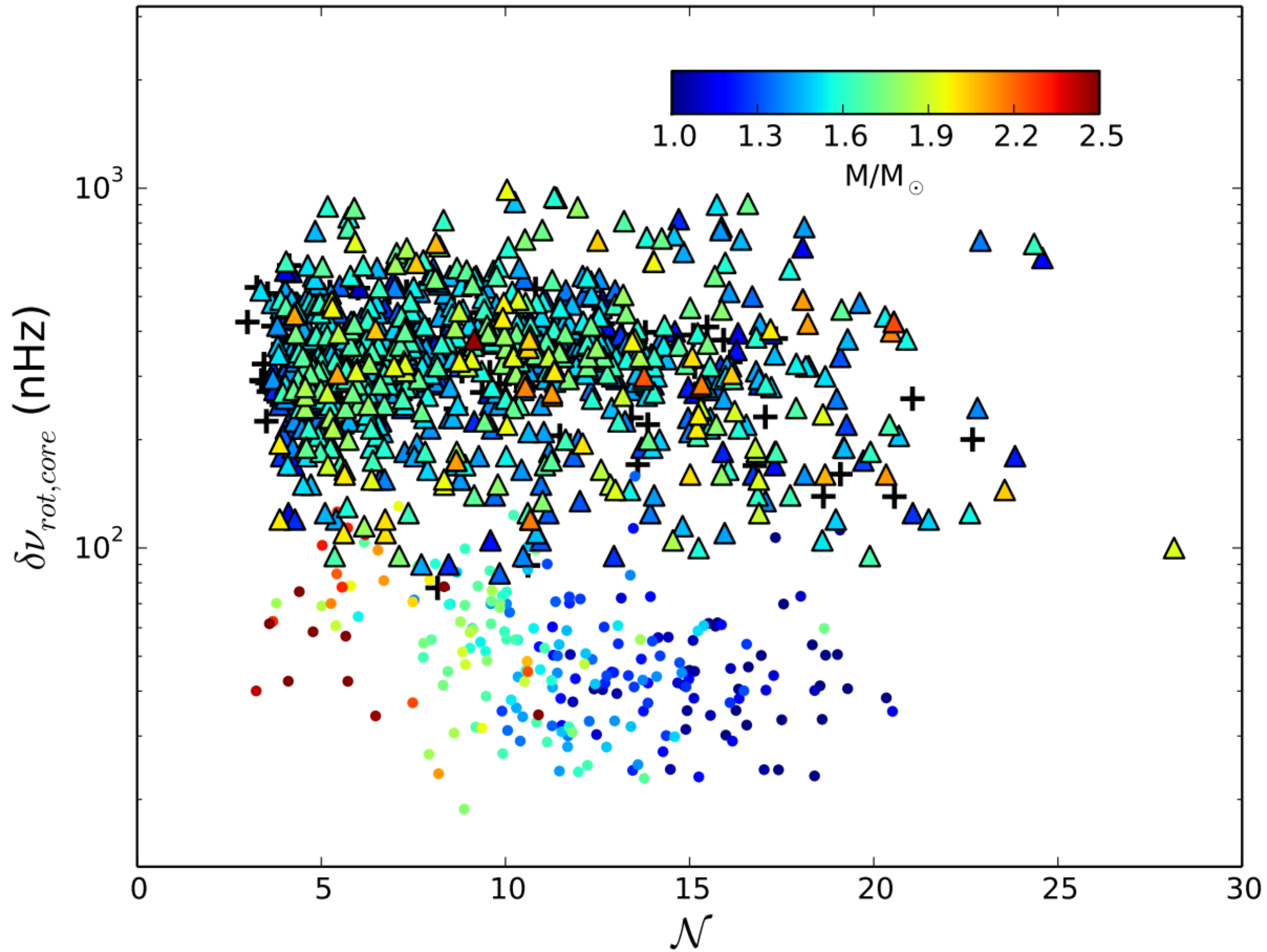
^a All numbers here can be multiplied by 1.2–1.3 to account for the angular momentum carried away by neutrinos.

^b Became a Wolf-Rayet star during helium burning.

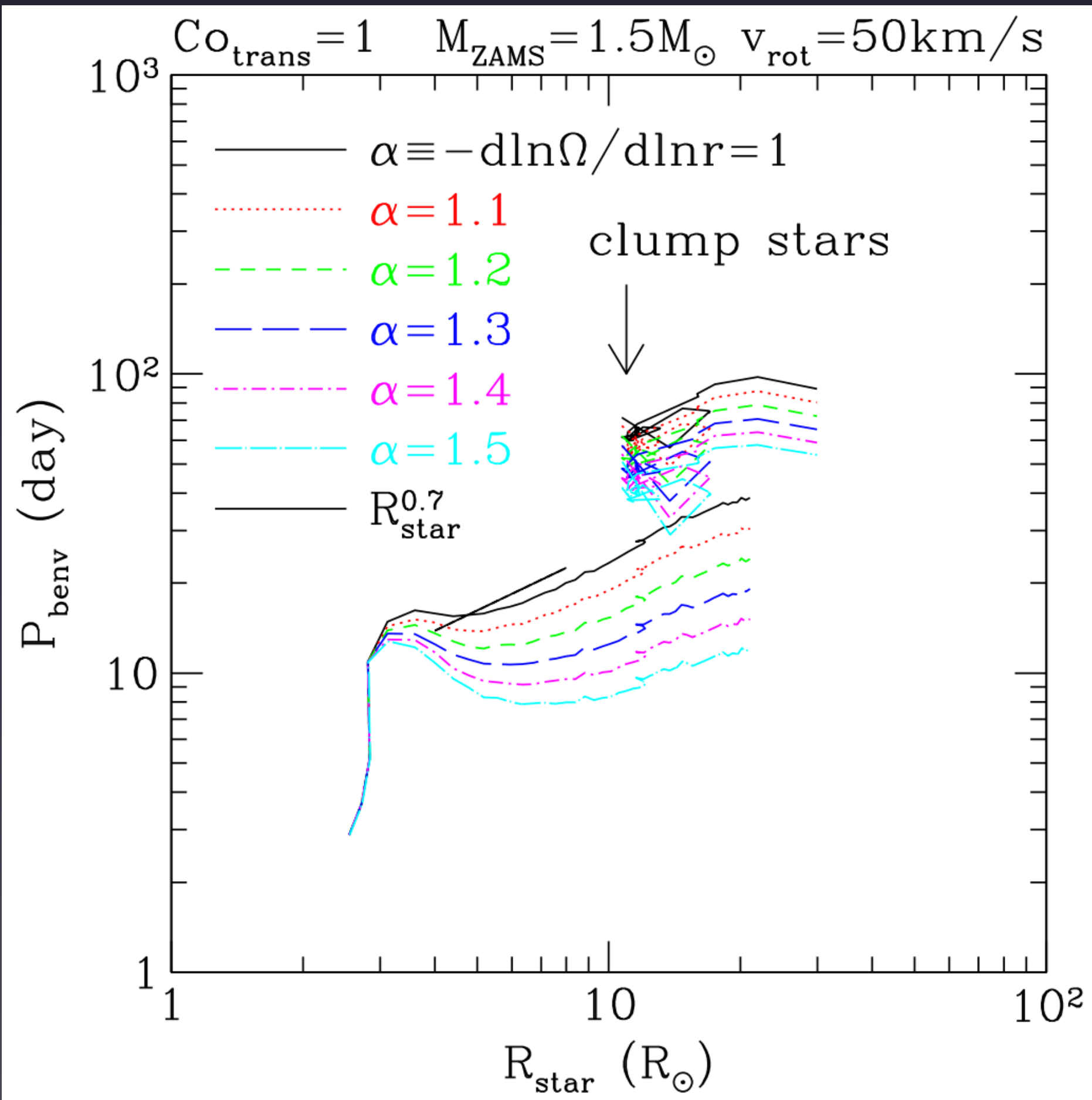




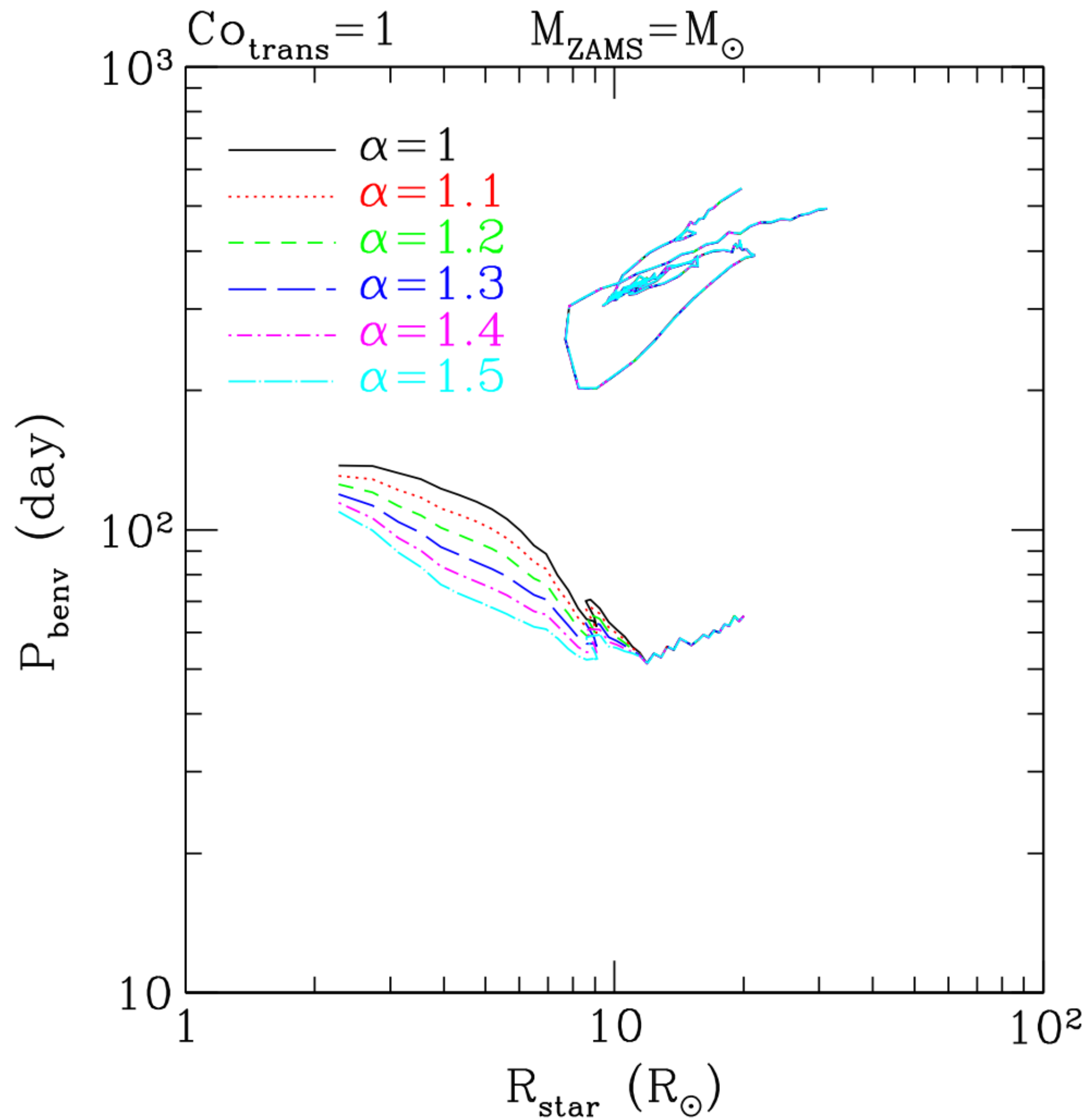




Gehan et al. 2018



Kissin & Thompson
2015



Kissin & Thompson
2015