

Non–Equilibrium Dynamics of Interacting Tunneling States in Glasses



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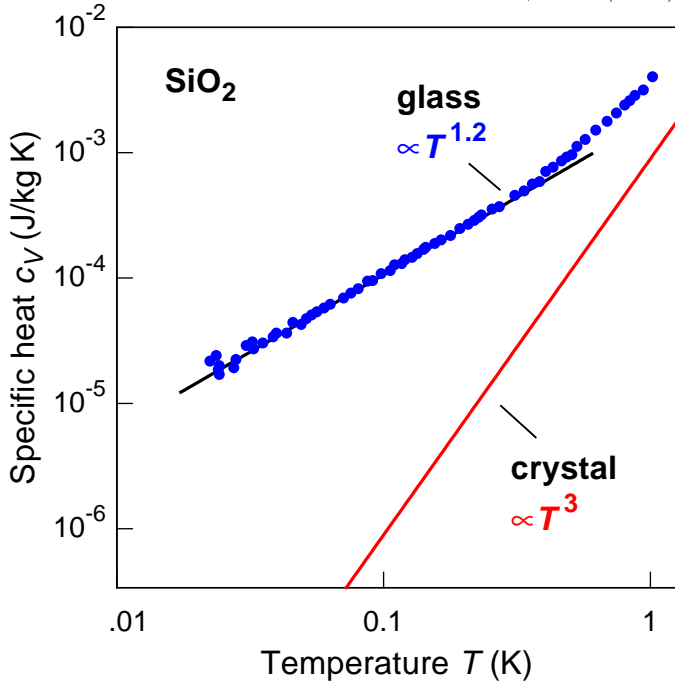
measurements in equilibrium:

- tunneling model → neglects interactions between TSs
- recent experiments → mutual interactions exist

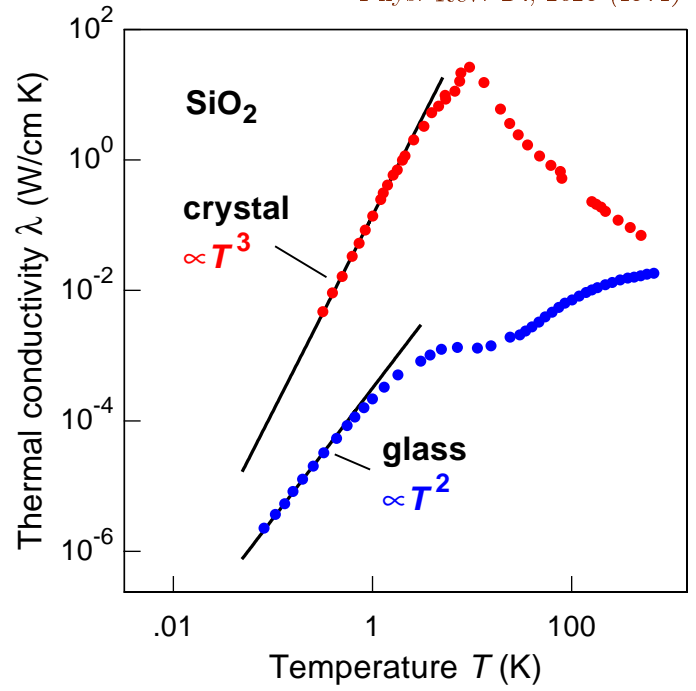
non–equilibrium measurements:

- decreased linear response in equilibrium (dipole gap)
 - ↳ strongly coupled pairs of TSs (*A. Burin*)
- dynamics of (coupled) TSs
 - ↳ depends on the sweep rate of an external field
 - ↳ adiabatic approximation fails
 - ↳ energy relaxation via mutual interaction

L.C. Lasjaunias et al.
Sol. State Com. 17, 1045 (1975)

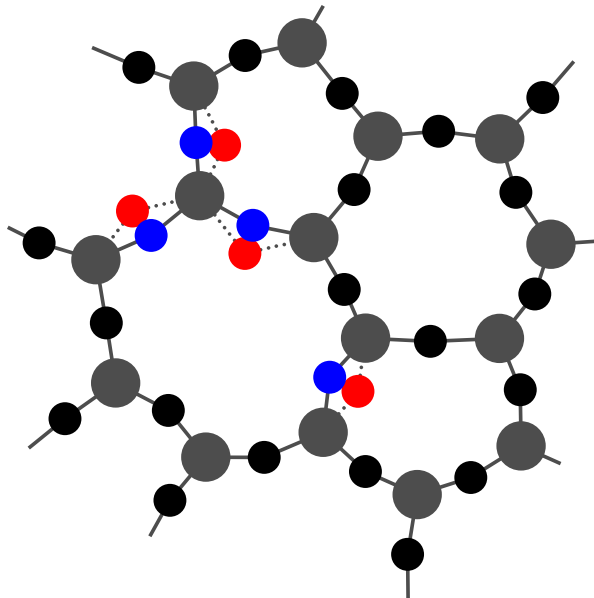


R.C. Zeller, R.O. Pohl
Phys. Rev. B4, 2029 (1971)



↔ broad distribution
of low-energy states

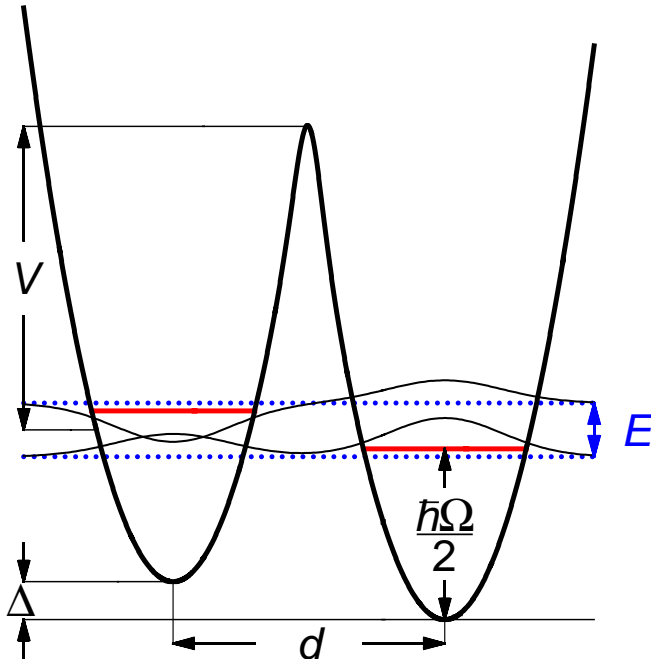
↔ localized defects
↔ strong coupling to phonons



Tunneling Model

- W.A. Phillips, J. Low. Temp. Phys. 7, 351 (1972)
- P.W. Anderson et al., Philos. Mag. 25, 1 (1972)

1.)



$$\widehat{H}_0 = \frac{1}{2} (\Delta_0 \widehat{\sigma}_x + \Delta \widehat{\sigma}_z)$$

$$E = \sqrt{\Delta_0^2 + \Delta^2}$$

$$\Delta_0 \simeq \hbar\Omega e^{-\lambda}$$

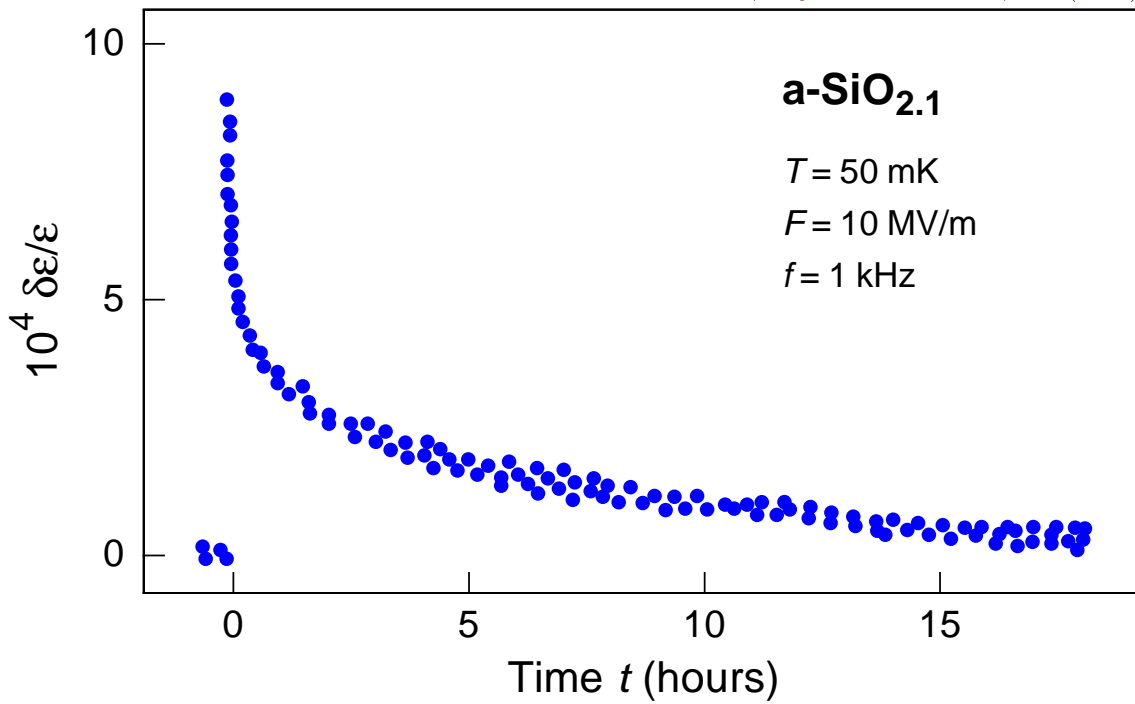
$$\lambda = \frac{d}{2\hbar} \sqrt{2mV}$$

2.) $P(\lambda, \Delta) d\lambda d\Delta = P_0 d\lambda d\Delta \Rightarrow P(E) \simeq P_0 ; E > \Delta_{0\min}$

3.) **neglects interaction** between tunneling states (TSs)

Sudden Application of a Bias Field

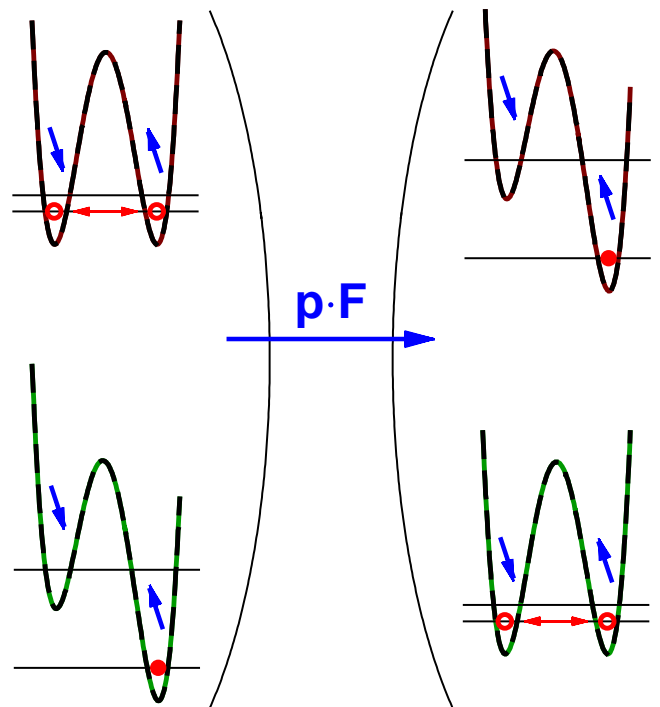
D.J. Salvino et al, Phys. Rev. Lett. 73, 268 (1994)



$$E = \sqrt{\Delta_0^2 + (\Delta + \mathbf{p} \cdot \mathbf{F})^2}$$

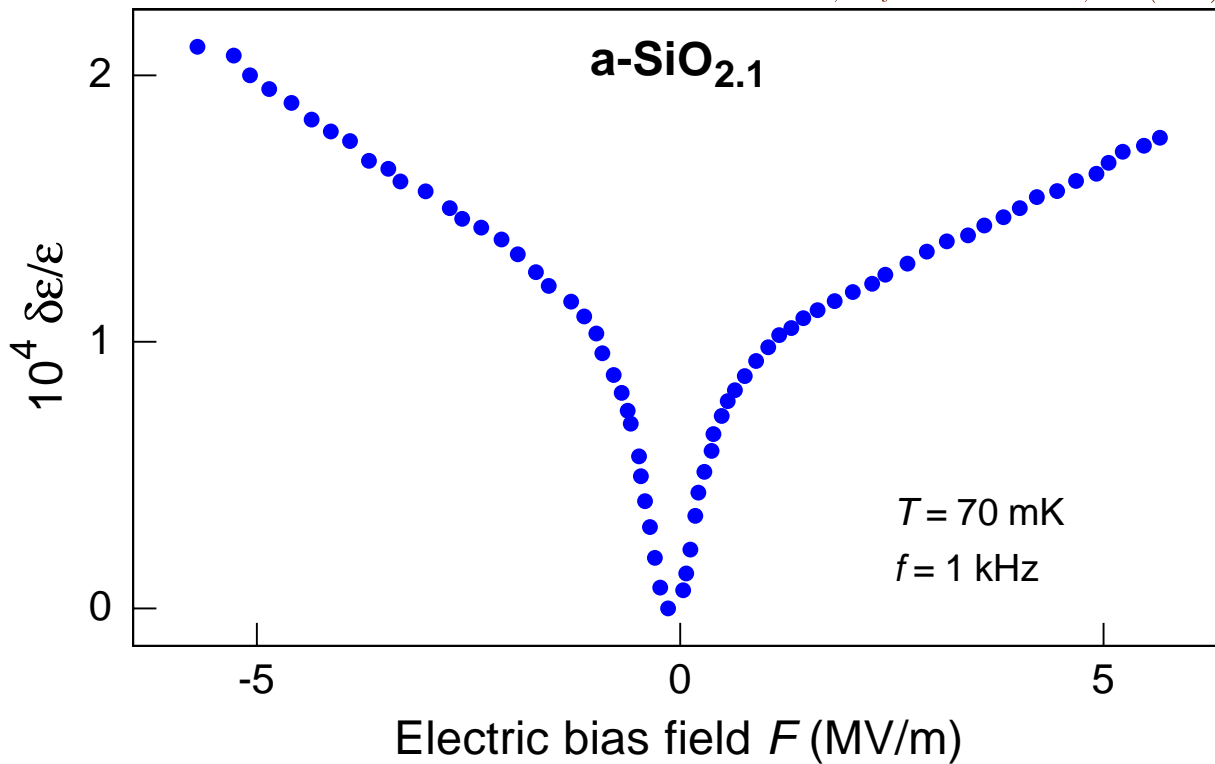
relevant TSs: $E \sim k_B T$

large bias field: $\mathbf{p} \cdot \mathbf{F}_{dc} \gg k_B T$



(Fast) Bias Field Sweep

D.J. Salvino et al, Phys. Rev. Lett. 73, 268 (1994)

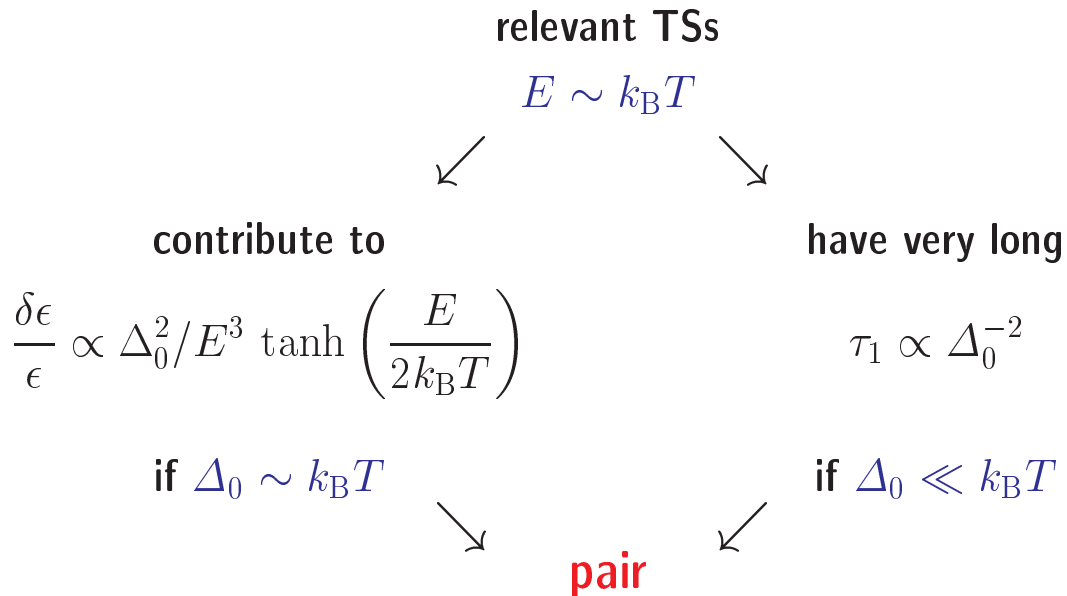
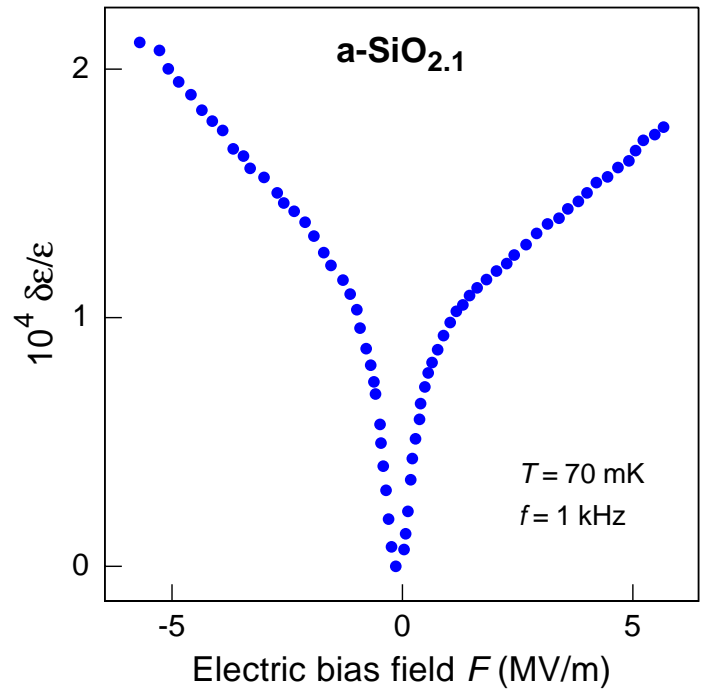
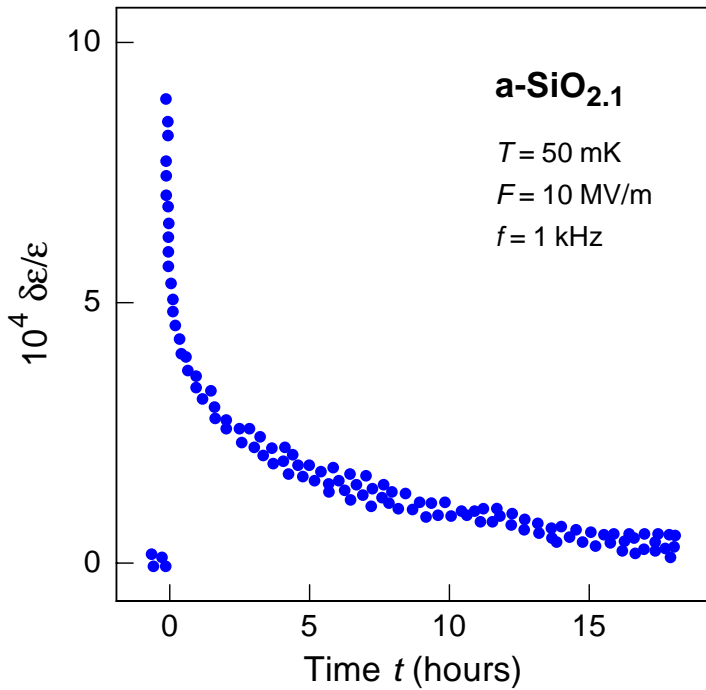


- **strongly coupled TSs** \Rightarrow "dipole gap" in thermal equilibrium

Theory: A.L. Burin, J. Low Temp. Phys. 100, 309 (1995)

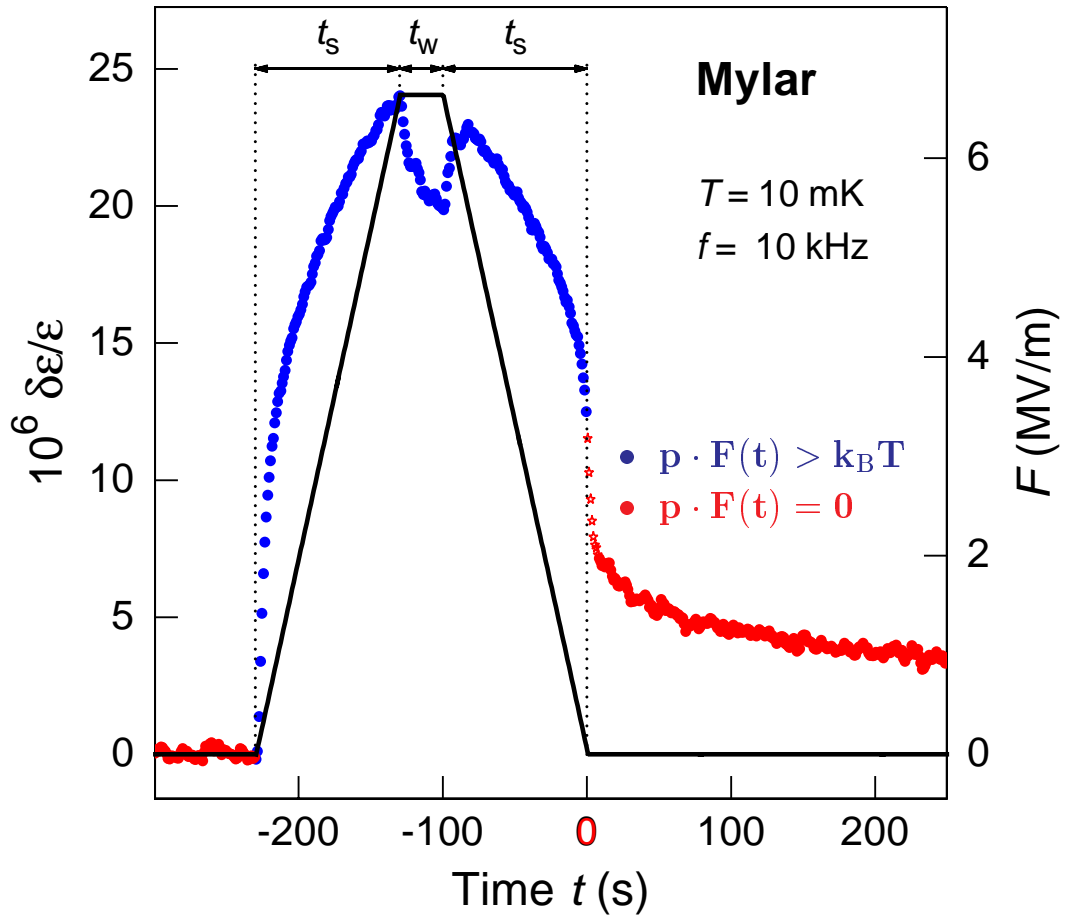
Relevant Pairs of TSs

D.J. Salvino et al, Phys. Rev. Lett. 73, 268 (1994)



Dynamics of Coupled TSs

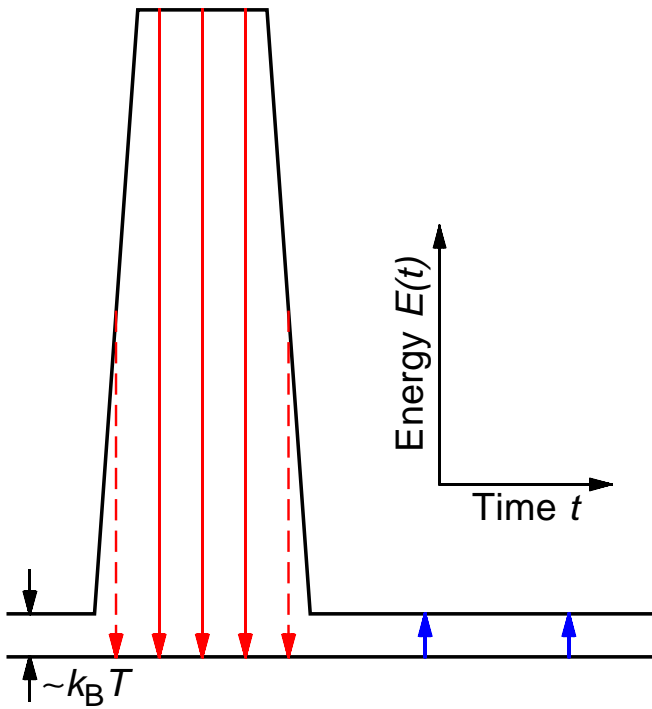
$$E(t) = \sqrt{\Delta_0^2 + (\Delta + \mathbf{p} \cdot \mathbf{F}(t))^2}; \quad E \sim k_B T \quad \longrightarrow \quad \frac{\delta\epsilon}{\epsilon}$$



$$\left. \frac{\delta\epsilon}{\epsilon} \right|_{\text{res}} \simeq \underbrace{\frac{4\pi p^2}{9\epsilon_0\epsilon} P_0^2 U_0 \ln \left(\frac{\mathbf{p} \cdot \mathbf{F}}{T} \right)^2}_{A(F, T)} f(t); \quad T < T_{\min}$$

↑
decay function

Pair Breaking by Relaxation



decay time

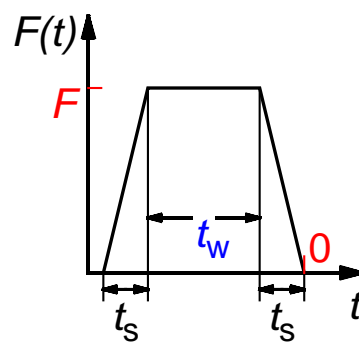
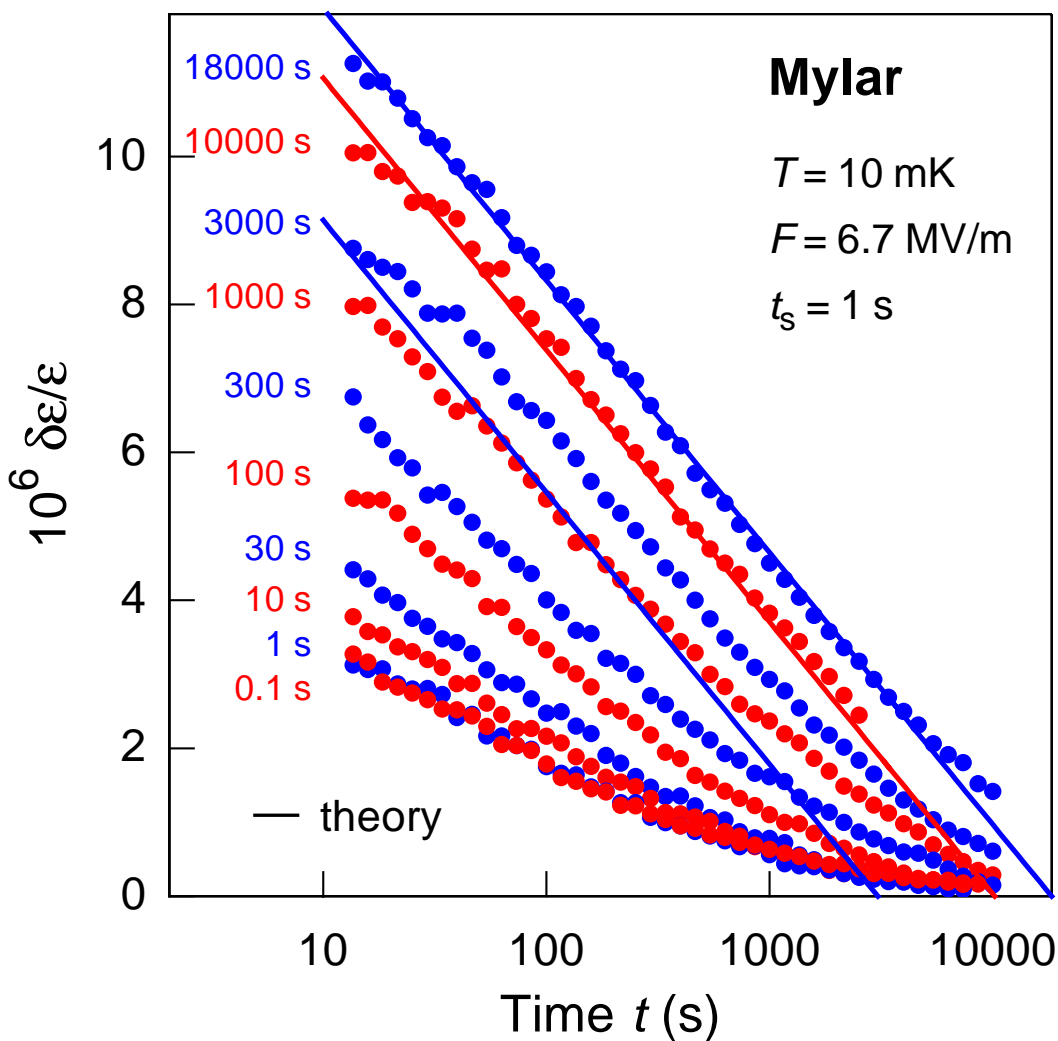
(longest relaxation time):

$$\tau_0 = t_w \frac{\tau_1(E \approx k_B T)}{\tau_1(E \approx \mathbf{p} \cdot \mathbf{F})}$$

- 1-phonon process: $\tau_0 \sim t_w \frac{\mathbf{p} \cdot \mathbf{F}}{2k_B T} \gg t_w$
- distribution of relaxation times within tunneling model

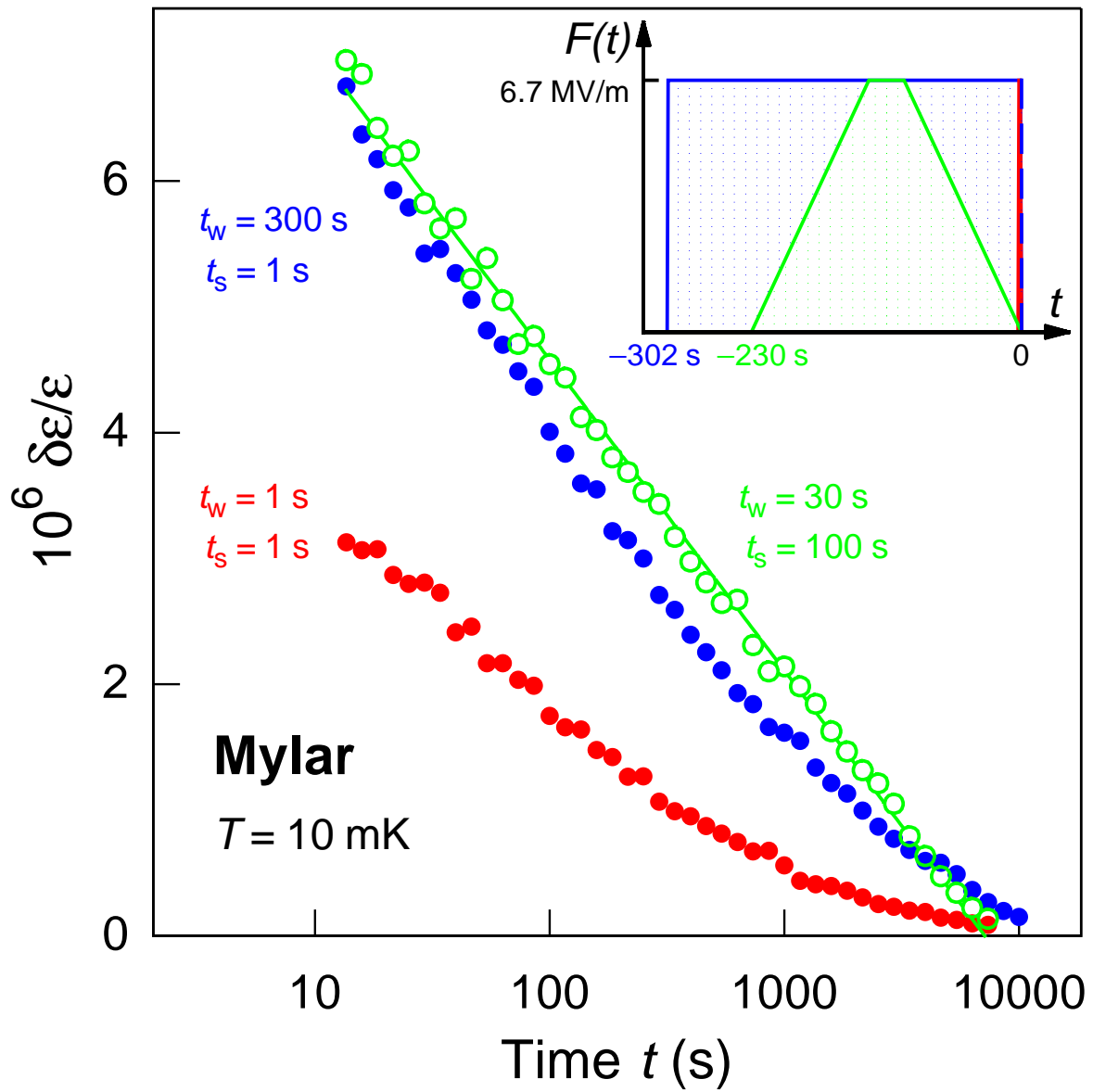
\Rightarrow decay function: $f(t) = \ln \left(\frac{\tau_0}{t} \right)$

Waiting Time Dependence

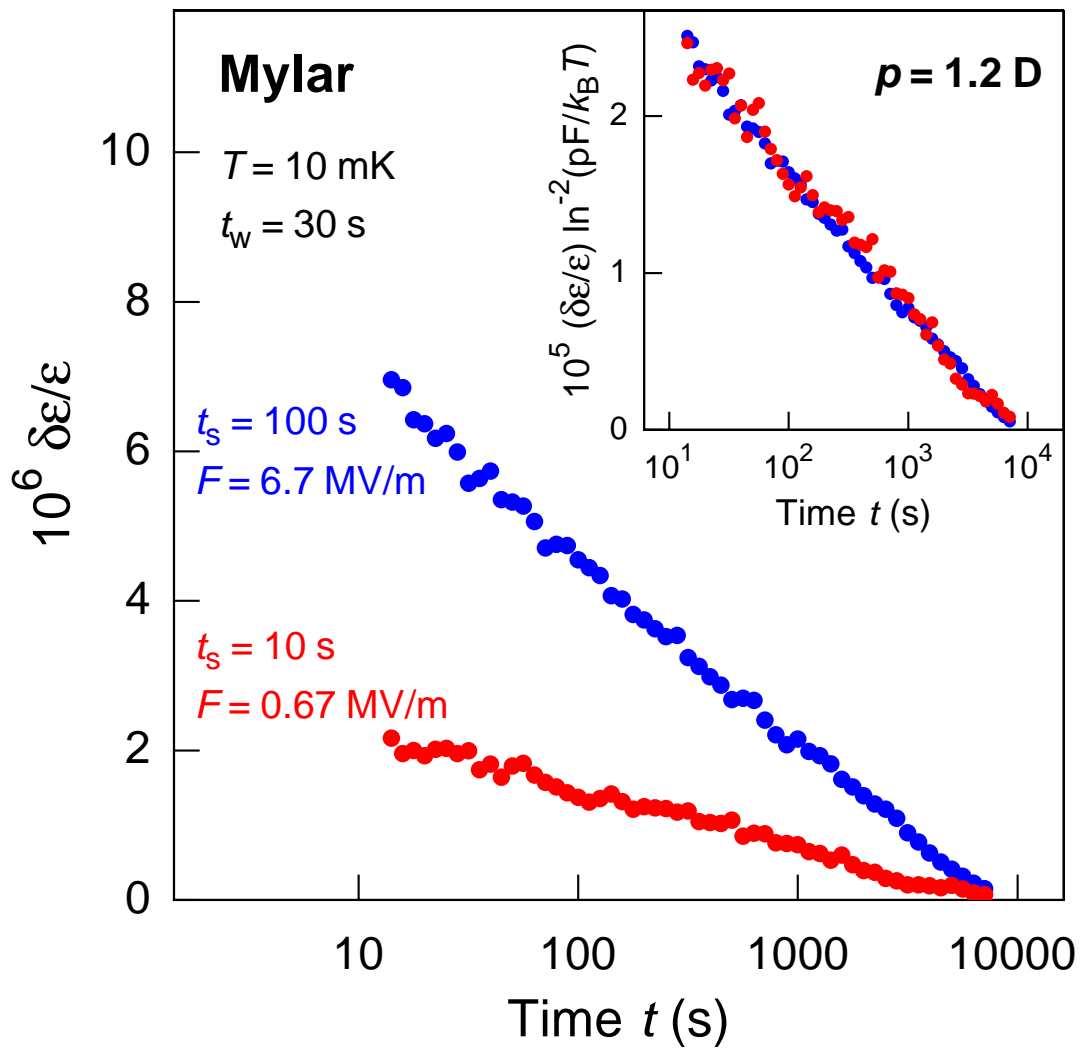


- $t_w > 3000 \text{ s} \rightarrow \tau_0 \sim t_w$
 \hookrightarrow relaxation enhanced by interaction ?

- $t_w < 3000 \text{ s} \rightarrow \tau_0 \gg t_w$
 \rightarrow non-logarithmic decays
 \hookrightarrow additional pair breaking mechanism ?

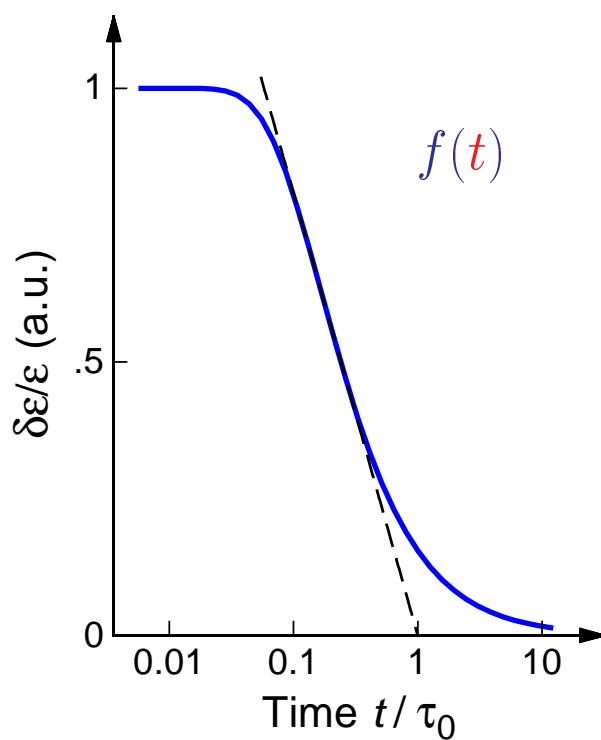
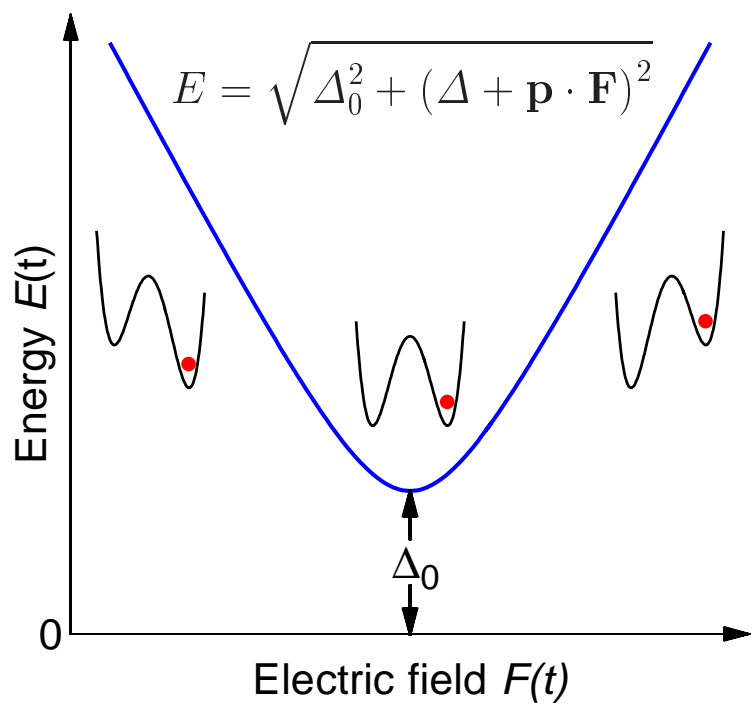


Scaling Behavior $F/t_s = \text{const}$



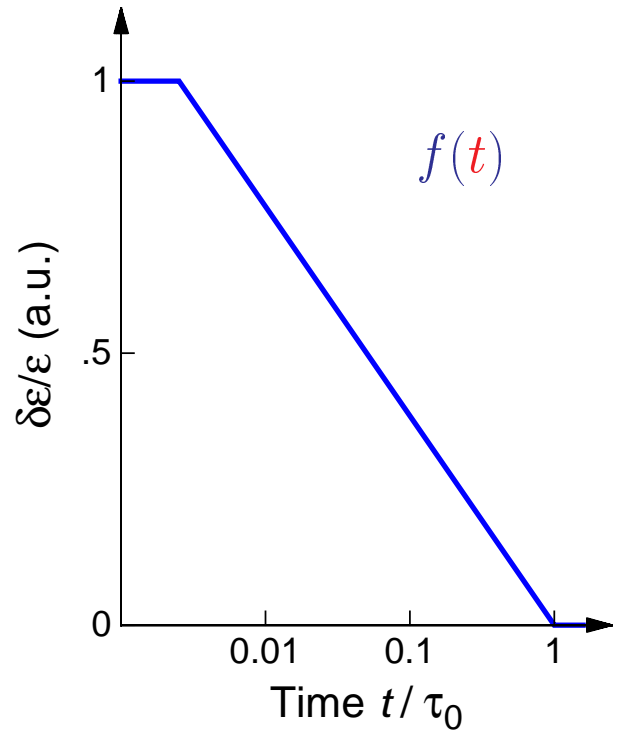
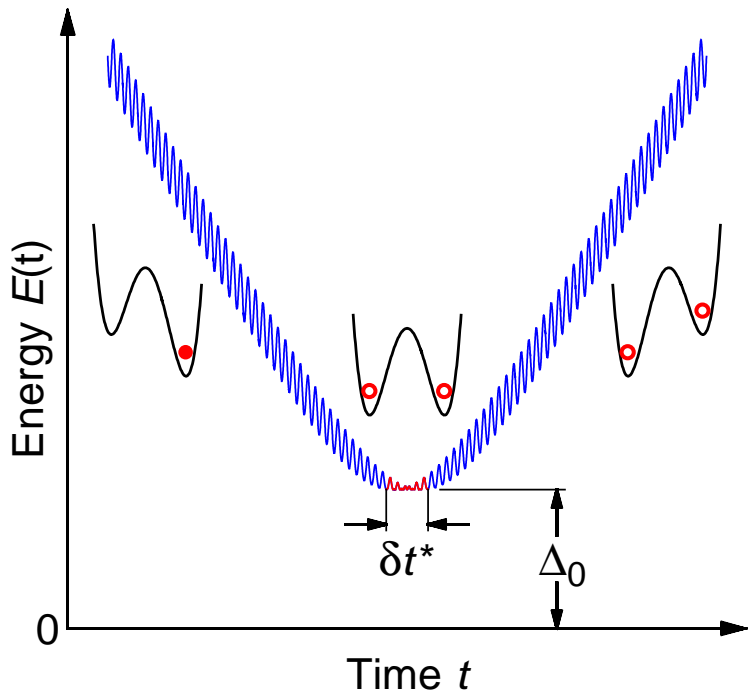
- $\tau_0 = \tau_0 \left(\frac{F}{t_s} \right) !$

Pair Breaking by Non-Adiabatic Driving



$$\Delta_0 \sim \Delta_{0c} \propto \sqrt{\frac{F}{t_s}} \quad \Rightarrow \quad \tau_0 \propto \frac{t_s}{F}$$

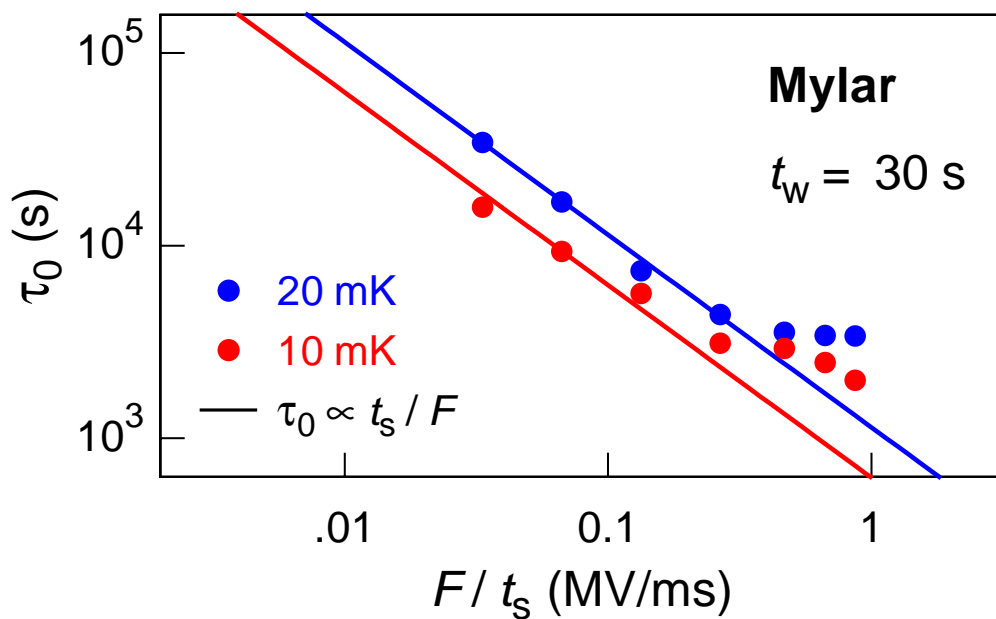
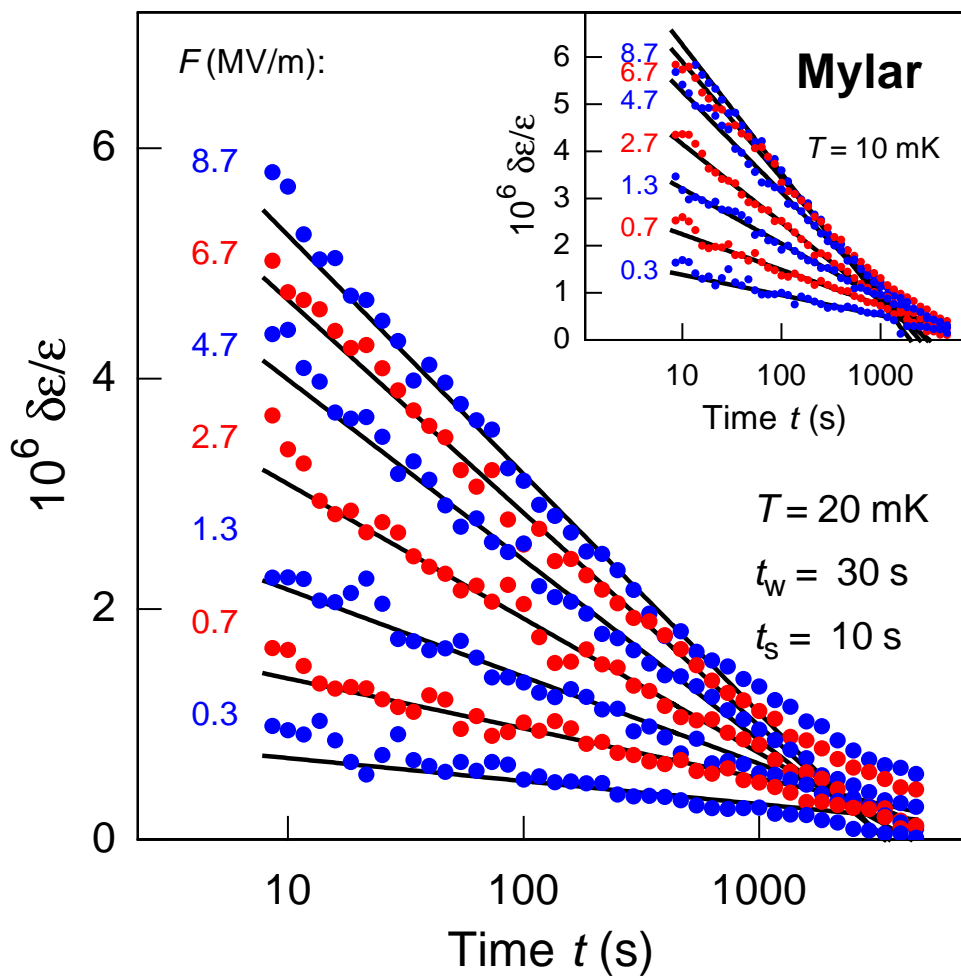
Non-Adiabatic AC-Field Driving



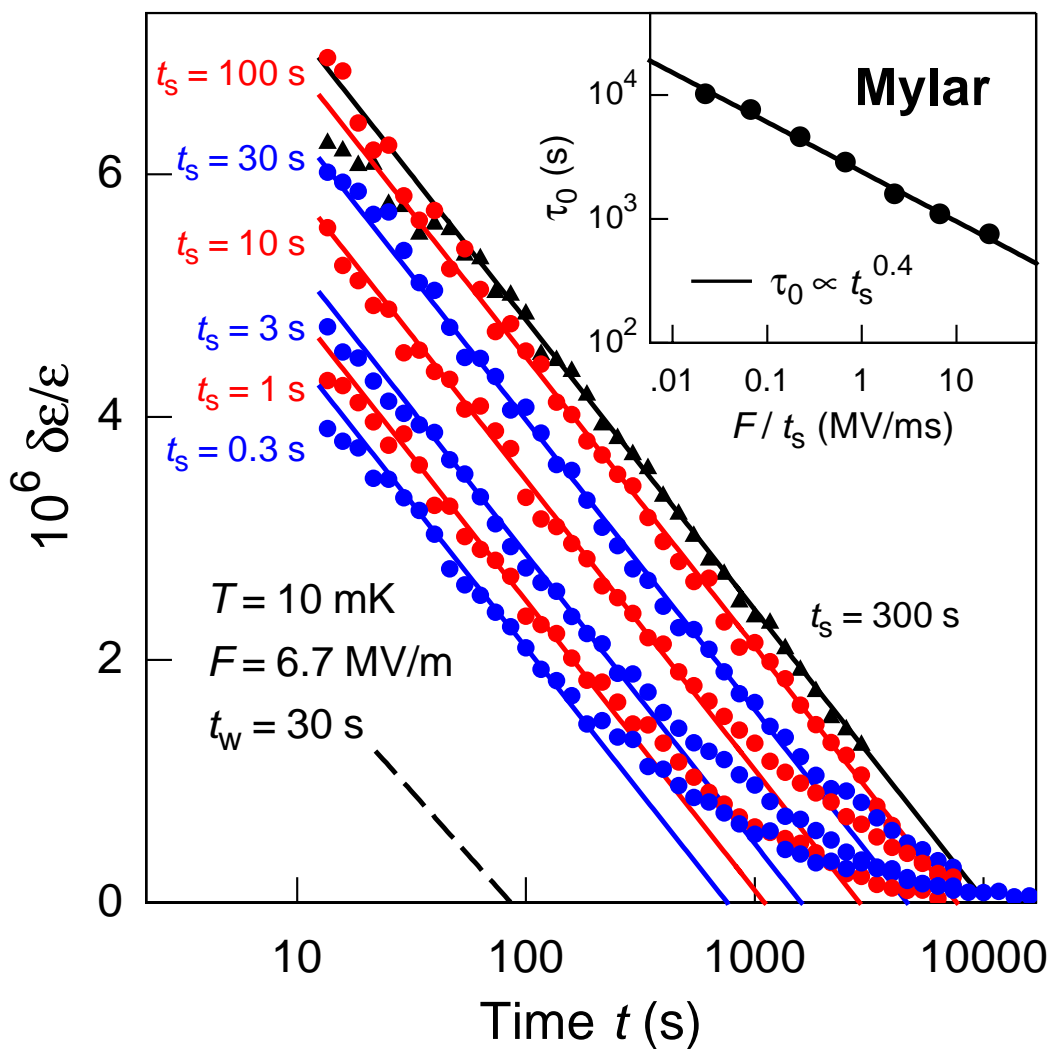
$$f(t) = C \ln\left(\frac{\tau_0}{t}\right) ; \quad \tau_0 \propto \frac{t_s}{F} ?$$

$$\delta t^* = 2F_{ac} \frac{t_s}{F}$$

Bias Field Dependence



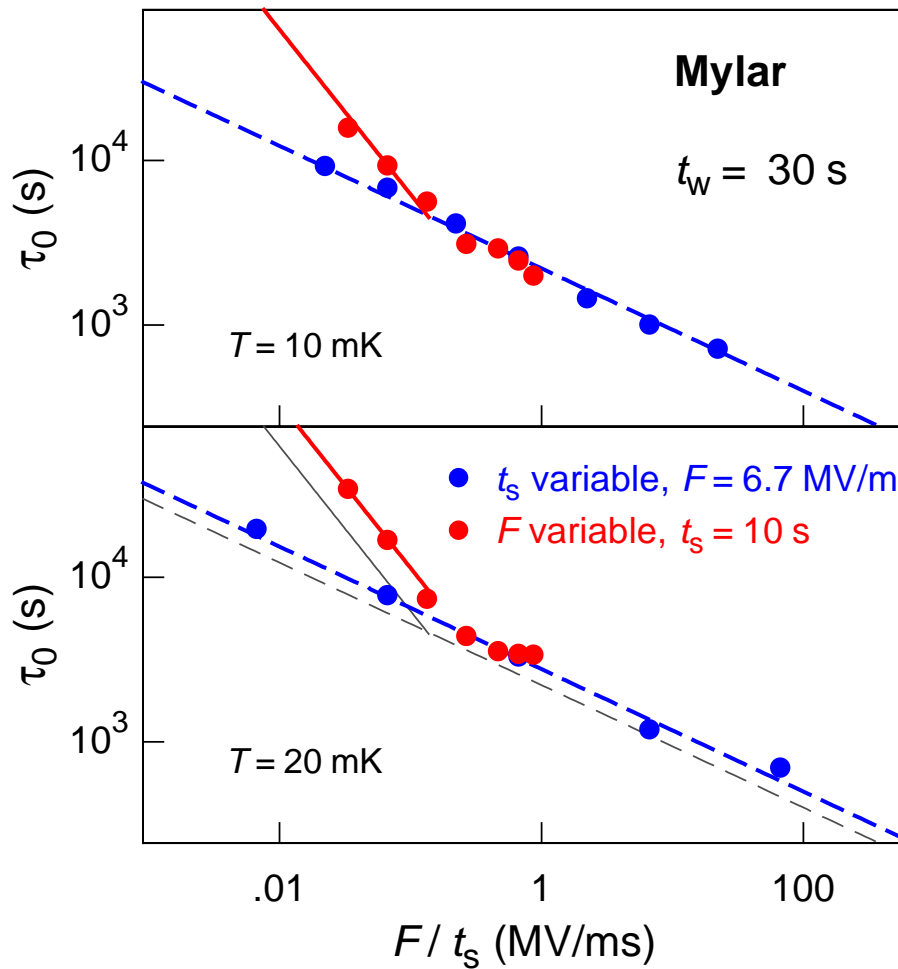
Sweep Time Dependence



expectation:

$$\tau_0 \propto \frac{t_s}{F}$$

Evidence for an **additional** Pair Breaking Process



$$\frac{\delta\epsilon}{\epsilon} \propto (1 - \alpha) \ln\left(\frac{\tau_{0ac}}{t}\right) + \alpha \ln\left(\frac{\tilde{\tau}_0}{t}\right)$$

$$\tau_{0ac} = \xi(T) \frac{t_s}{F}$$

$$\tilde{\tau}_0 = 4700 \text{ s}$$

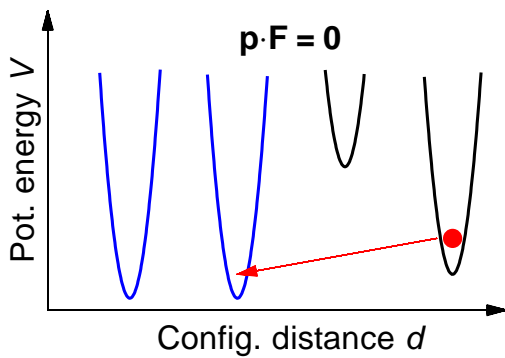
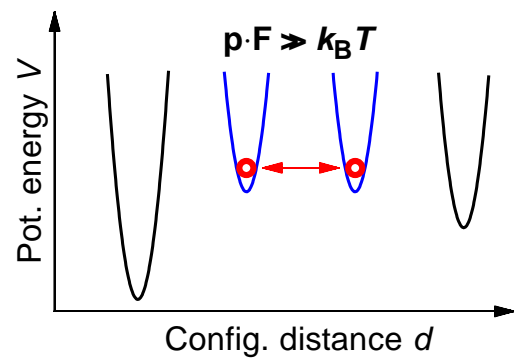
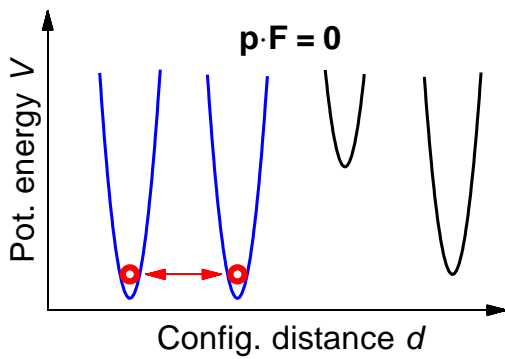
$$\log(\tau_0) = (1 - \alpha) \log(\tau_{0ac}) + \alpha \log(\tilde{\tau}_0)$$

$$\alpha = \begin{cases} 0.6 & ; F > 1.5 \text{ MV/m} \\ 0 & ; F < 1.5 \text{ MV/m} \end{cases}$$

What is the extra Pair Breaking Process ?

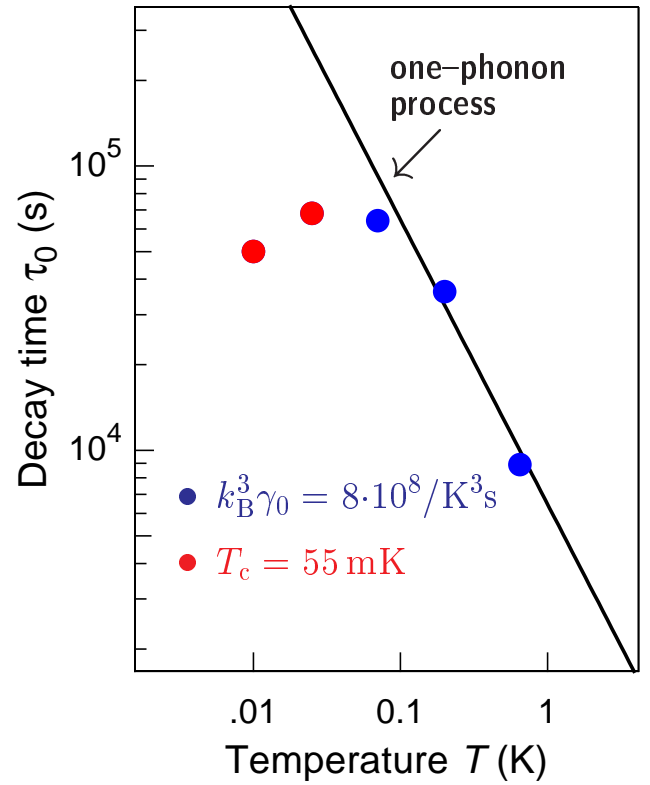
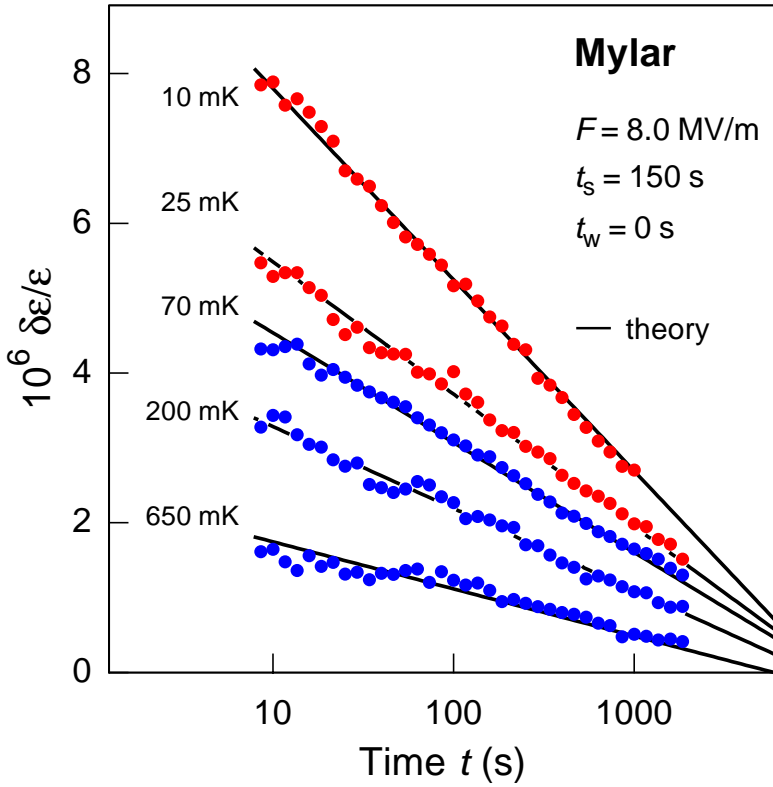
3.)
$$f(t, \tau_0) \propto \ln \left(\frac{\tilde{\tau}_0}{t} \right) ;$$

$\tilde{\tau}_0 = \text{constant} \implies$ quantum mechanical tunneling



\implies field induced structural rearrangement

Interaction Mediated Relaxation



$$\tau_1^{-1} = \gamma_0 \Delta_0^2 E \coth\left(\frac{E}{2k_B T}\right) + \alpha_0 \left(\frac{\Delta_0}{E}\right)^2 k_B T$$

one-phonon process

J. Jäckle, Z. Physik 257, 212 (1972)

resonant pairs & spectral diffusion

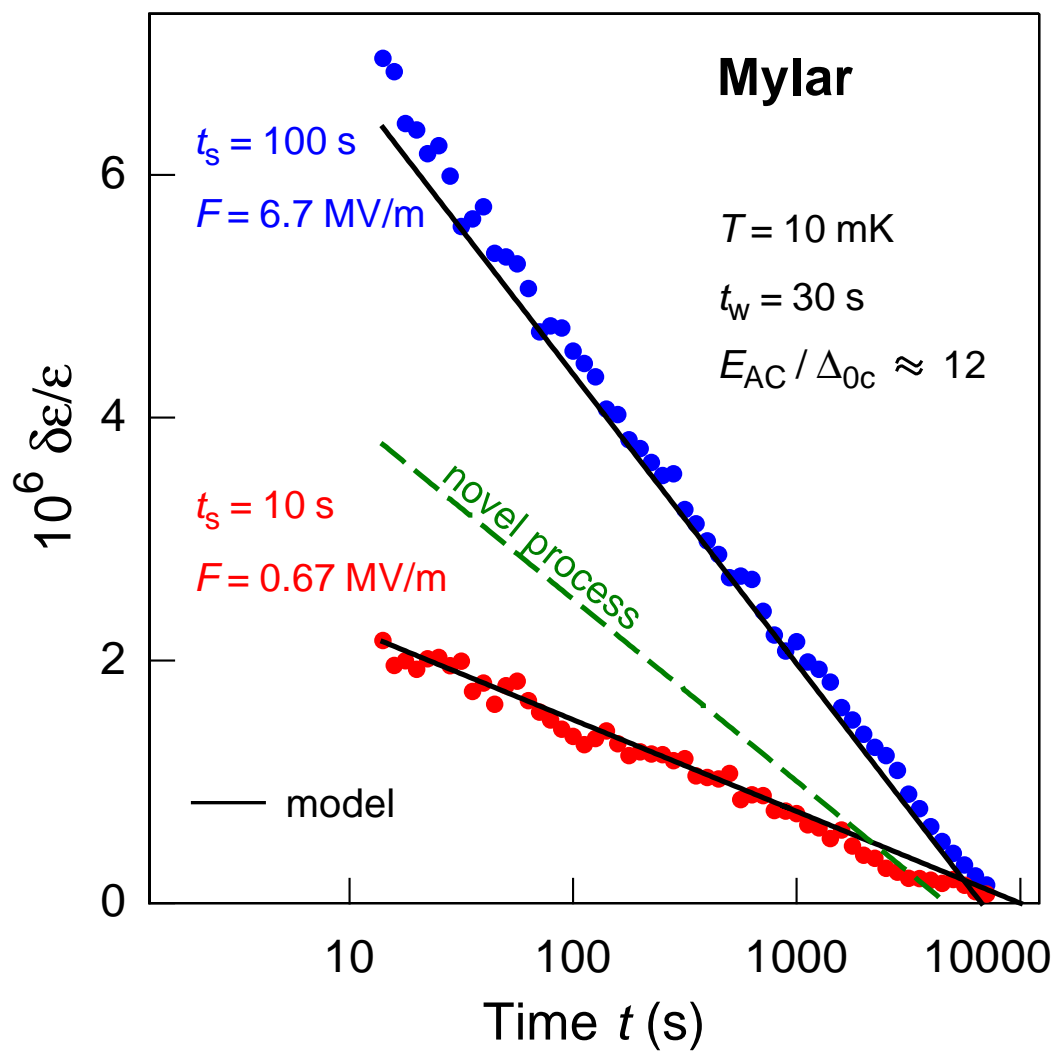
A.L. Burin et al, Phys. Rev. Lett. 80, 2945 (1998)

$$\hookrightarrow k_B T_c = \sqrt{\alpha_0 / \gamma_0} \tanh(0.5)$$

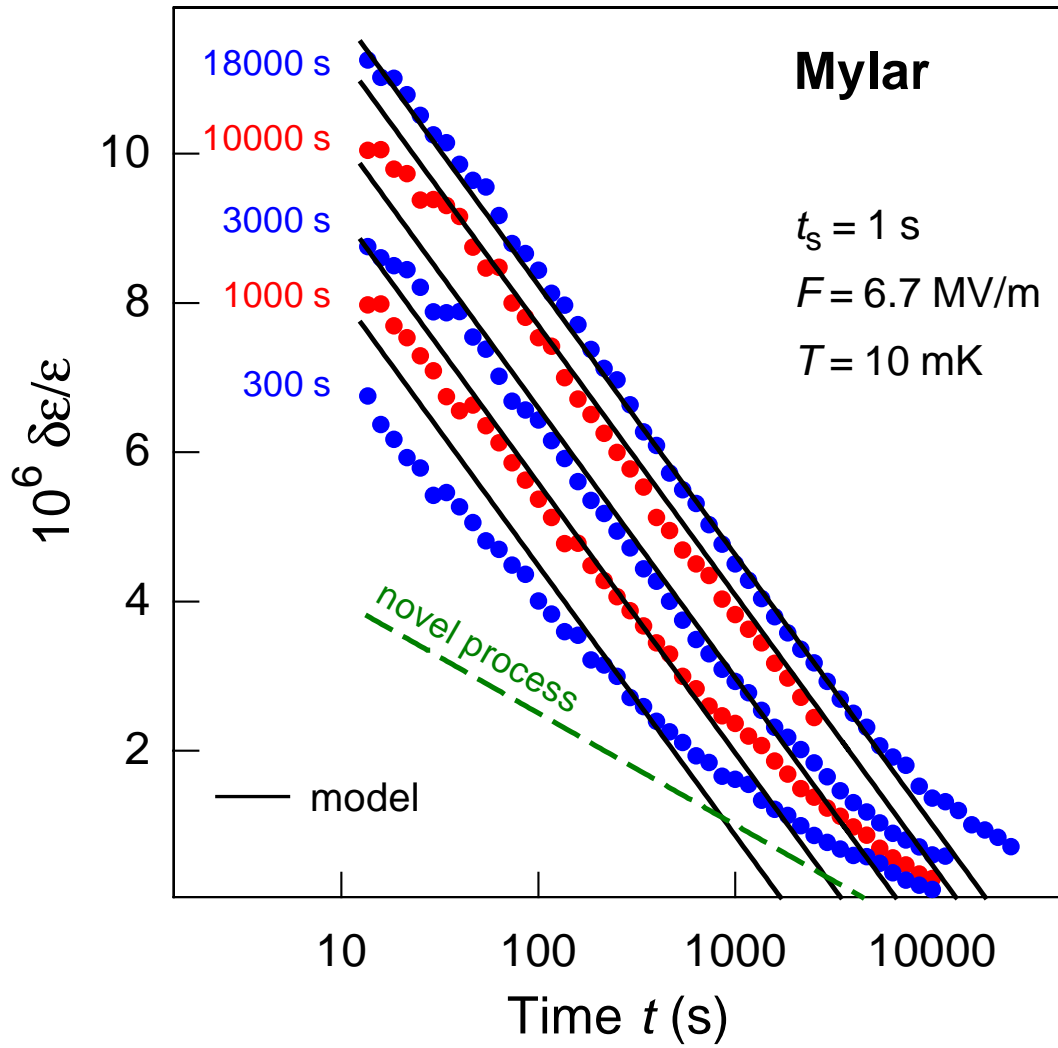
$$\hookrightarrow \tau_0(T \leq 25 \text{ mK}) \implies T_c \simeq 55 \text{ mK}$$

$$\frac{4p^2 P_0}{3 \epsilon_0 \epsilon} \simeq 1.35 \cdot 10^{-4} \implies \begin{cases} P_0 U_0 \simeq 6.3 \cdot 10^{-4} \\ p \simeq 1.2 \text{ D} \end{cases}$$

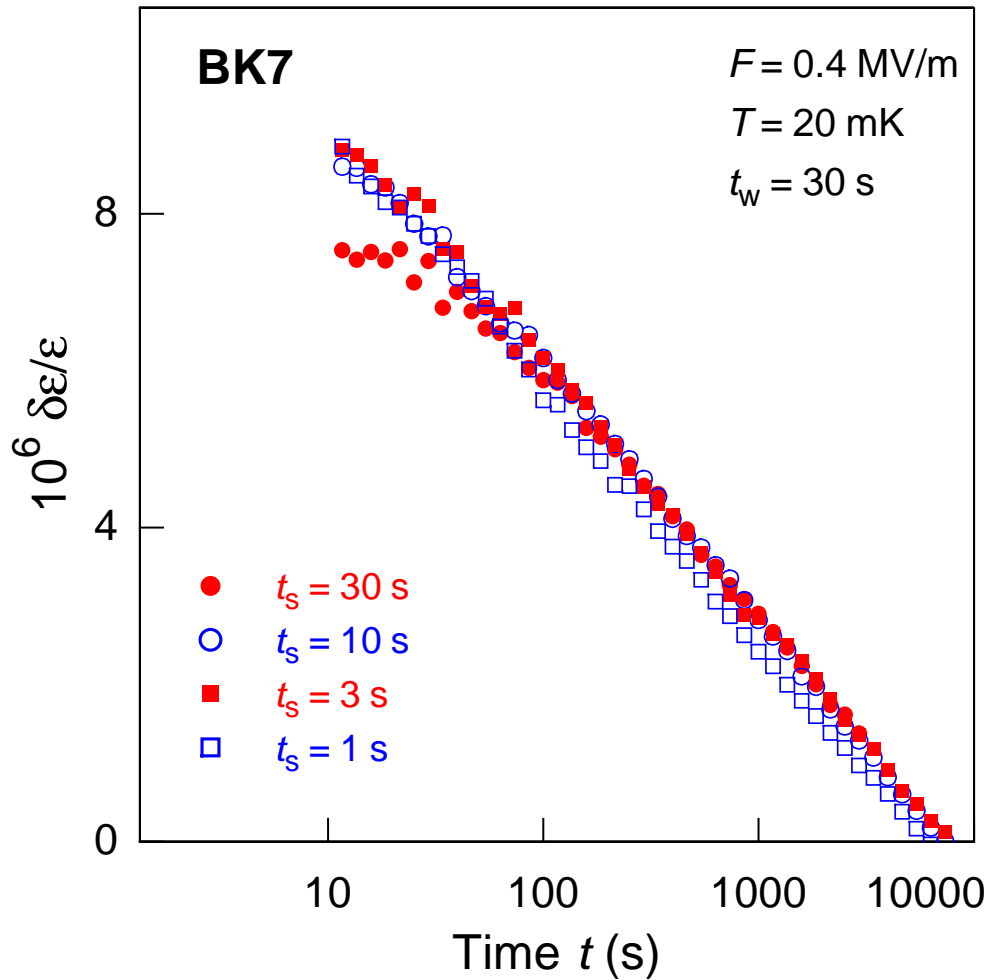
Non-Adiabatic Driving & Novel Process



Energy Relaxation & Novel Process



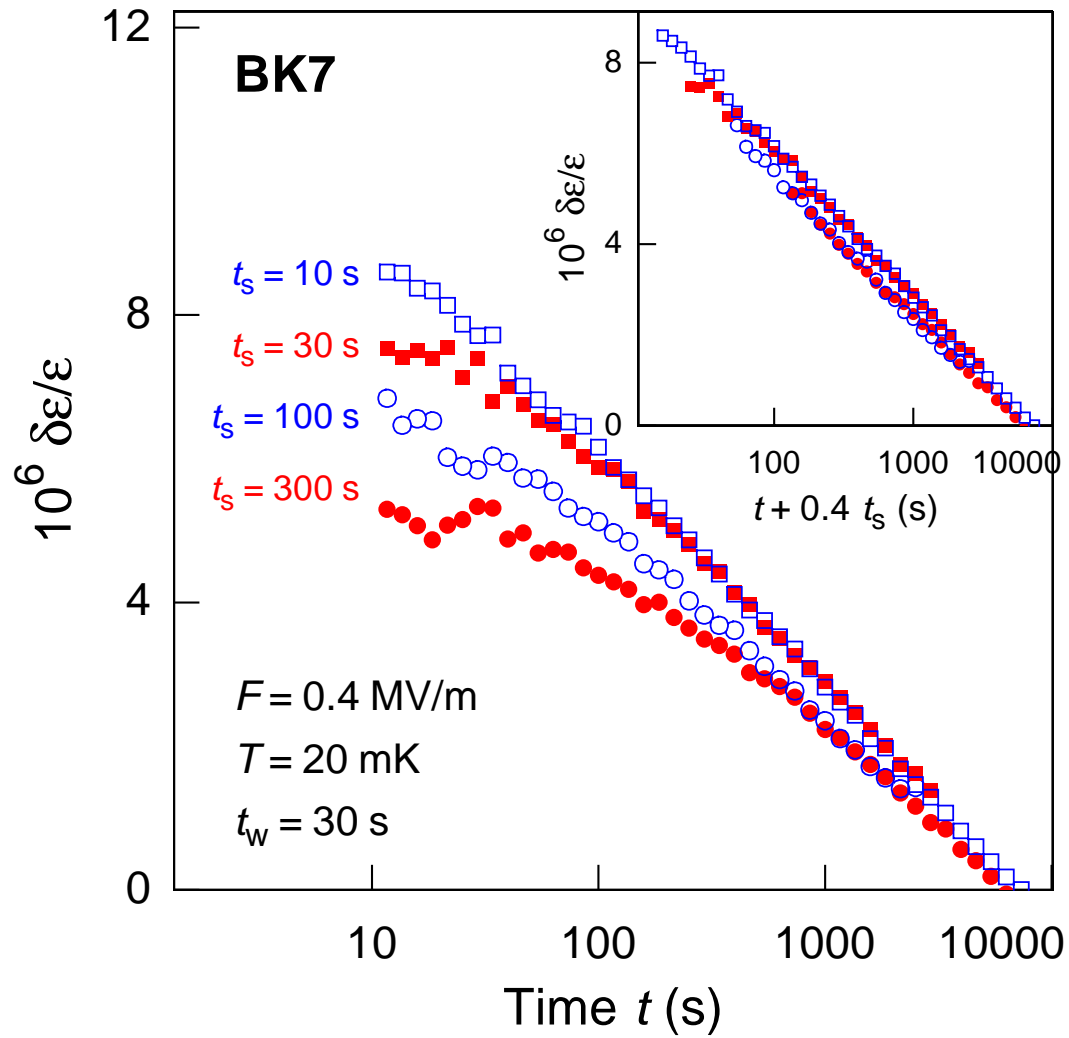
Non-Equilibrium Measurements on BK7



- no sweep time dependence
 - & very little waiting time dependence
- $$\left. \vphantom{\begin{matrix} \bullet \\ \bullet \end{matrix}} \right\} \Rightarrow \frac{\Delta_{0\min}}{k_B} \geq 1.6 \text{ mK}$$

- $\tau_0 \gg t_w \frac{\mathbf{p} \cdot \mathbf{F}}{2k_B T} \sim 150 \text{ s}$
 - τ_0 is temperature independent
- $$\left. \vphantom{\begin{matrix} \bullet \\ \bullet \end{matrix}} \right\} \Rightarrow \text{structural rearrangements ?}$$

Non-Equilibrium Measurements on BK7



Conclusion

- **Interaction** between TSs matters
- **Strongly coupled pairs** govern non-equilibrium dynamics
- **Field enhanced pair breaking processes**
 - ↪ relaxation
 - ↪ non-adiabatic driving
 - ↪ add. process with constant $\tilde{\tau}_0 \Rightarrow$ structural rearrangement ?
- $T < 55 \text{ mK} \rightarrow$ **interaction mediated relaxation** in Mylar

Thanks to

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Deutsche Forschungsgemeinschaft

U. S. Department of Energy

energy splitting:

$$E = \sqrt{\Delta_0^2 + (\Delta + \mathbf{p} \cdot \mathbf{F})^2}$$

relevant TSs: $E \sim k_B T$

typically: $\mathbf{p} \cdot \mathbf{F} \ll k_B T$

dielectric excess response:

$$\left. \frac{\delta \epsilon}{\epsilon} \right|_{\text{res}} \simeq A(F, T) f(t)$$

$$A(F, T) = \frac{4\pi p^2}{9\epsilon_0 \epsilon} P_0^2 U_0 \ln \left(\frac{\mathbf{p} \cdot \mathbf{F}}{T} \right)^2$$

relaxation rate for $E \sim k_B T$:

$$\tau_1^{-1} \simeq 2.2\gamma_0 \Delta_0^2 k_B T + \alpha_0 \frac{(\Delta_0)^2}{k_B T}$$

$$\left[= \tau_1^{-1} \Big|_{\text{phonon}} + \tau_1^{-1} \Big|_{\text{TSs}} \right]$$

$$\hookrightarrow k_B T_c \simeq \sqrt{\alpha_0 / 2.2\gamma_0}$$