

Decoherence of quantum transport in disordered metals by dynamical defects

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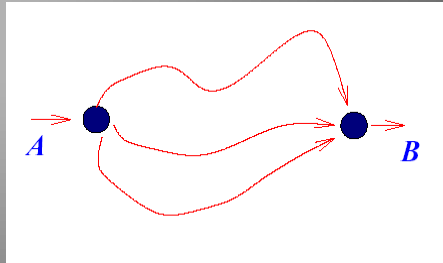
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Discussions: B. Altshuler, Y. Imry, N. Birge

Glasses 2003, KITP, Santa Barbara

Outline

- ◇ Decoherence in weak localization: Overview
- ◇ Dephasing due to dynamic degrees of freedom:
 - Qualitative considerations
 - Results for **identical** dynamic defects
 - Average over **different** dynamic defects
- ◇ Discussion and Conclusions
- ◇ What is not understood yet?
- ◇ Appendix: Calculations

Noninteracting electrons with $p_F \ell \gg \hbar$ passing through scattering medium.



The probability is

$$W = \left| \sum_i A_i \right|^2 = \sum_i |A_i|^2 + \sum_{i \neq j} A_i A_j^*.$$

A_i is the propagation *amplitude* along the path i .

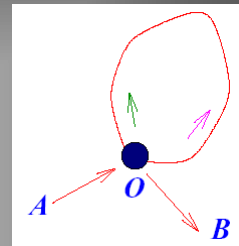
The 1st item – *classical probability*, the 2nd one – *interference term*.

Constructive interference

For the majority of the trajectories the phase gain,

$$\Delta\varphi = \hbar^{-1} \int_A^B \vec{p} \cdot d\vec{l} \gg 1,$$

and interference term vanishes.



Special case - trajectories with self-crossings. For these parts, the phase gains are *the same*, and

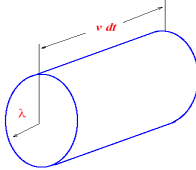
$$|A_1 + A_2|^2 = |A_1|^2 + |A_2|^2 + 2A_1 A_2^* = 4|A_1|^2.$$

Thus quantum effects double the result. As a result, the total scattering probability at the scatterer at the site O *increases*.

Estimate for 2D case

Interference volume : $v\lambda^2 dt$, $\lambda = h/p_F$

"Trajectory" volume:
 distance \sqrt{Dt}
 volume : bDt b - thickness



Probability $\frac{v\lambda^2 dt}{bDt}$.

Thus the relative correction is

$$\frac{\Delta\sigma}{\sigma} \sim -\frac{v\lambda^2}{bD} \int_{\tau}^{\tau_{\varphi}} \frac{dt}{t} = \frac{\Delta\sigma}{\sigma} \sim -\frac{v\lambda^2}{bD} \ln \frac{\tau_{\varphi}}{\tau}.$$

The lower limit is the elastic time, while τ_{φ} is the *dephasing time*.

In a magnetic field $\vec{p} \rightarrow \vec{p} + (e/c)\vec{A}$, $\vec{H} = \text{curl } \vec{A}$

additional phase $\Delta\varphi_H = \frac{2e}{ch} \oint \vec{A} \cdot d\vec{l} = \frac{2e}{ch} \oint (\text{curl } \vec{A}) \cdot d\vec{S} = 4\pi \frac{\Phi}{\Phi_0}$

Φ is the magnetic flux $\Phi_0 = 2\pi\hbar c/e$

The role of magnetic field is important at

$$t_H \leq \tau_{\varphi} \rightarrow H \geq H_0 \sim \Phi_0 / (D\tau_{\varphi}) \approx \hbar c / L_{\varphi}^2.$$

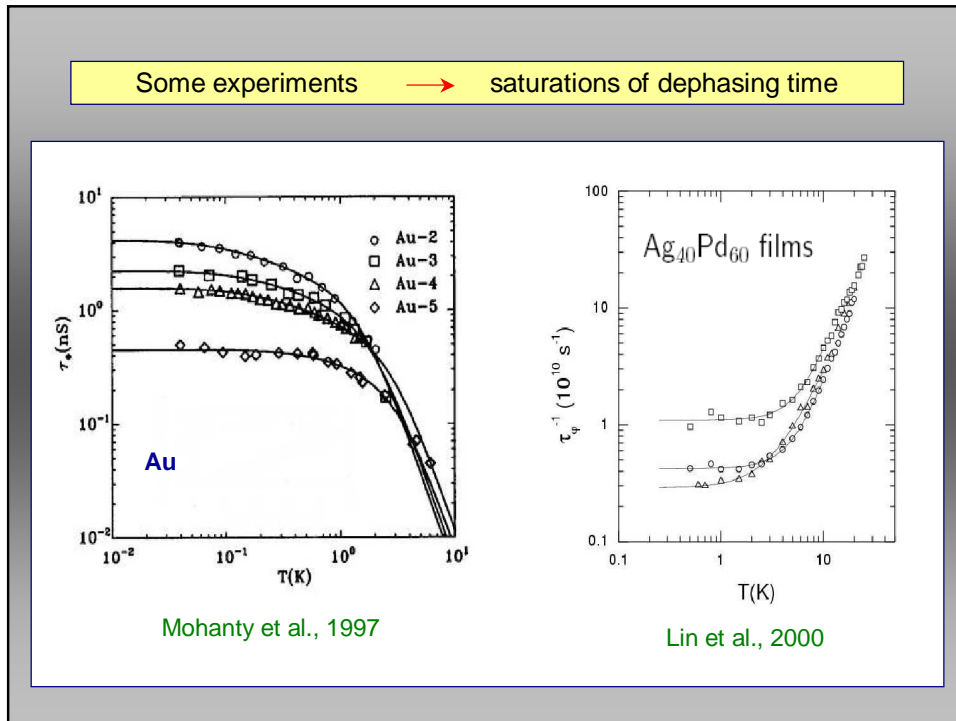
Quantum effects manifest themselves in extremely weak magnetic fields.

Conventional results

In the simplest situation $\tau_{\varphi} = \tau_{\text{in}}$. In *clean* materials τ_{in} behaves as

$$\tau_{\text{ph}}^{-1} \propto T^3, \quad \tau_{ee}^{-1} \propto T^2.$$

In disordered materials \rightarrow quasi-elastic $e - e \rightarrow \tau_{\varphi}^{-1} \propto T$.



Big activity, hot discussions ...

Electromagnetic fields? (Altshuler&Kravtsov)

Probably not. Different materials give different results in the same configuration

Zero-point vibrations!? (Golubev&Zaikin)

Against general principles (Aleiner *et al.*, Imry, v. Delft)

Magnetic impurities?

Probably the case in good Ag, Au, and Cu wires, still some problems remain (Pierre *et al.*, 2003)

Structural dynamic defects, two-level systems?

Previous studies of TLS-induced dephasing:

A. Zawadowski, Jan von Delft and D. C. Ralph, Phys. Rev. Lett. **83**, 2632 (1999).
2-channel Kondo model

I. L. Aleiner, B. L. Altshuler, Y. M. Galperin, and T. A. Shutenko Phys. Rev. Lett. **86**, 2629 (2000).

Y. Imry, H. Fukuyama, and P. Schwab, Europhys. Letters, **47**, 608 (1999).
Kagn-Hun Ahn, P. Mohanty, Phys. Rev. B **63**, 195301 (2001)
Structural TLS, AHV model, resonant processes

I.L. Aleiner, B.L. Altshuler, and Y.M. Galperin, Phys. Rev. B, **63**, 201401, (2001).
Too many TLS required

New features:

Two mechanisms of dephasing:

Phase jumps versus phase wandering (diffusion)

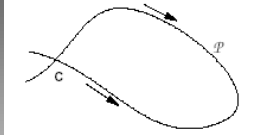
Role of the average procedure over different TLSs:

model of "tunneling states" with diagonal disorder

correlation of dephasing time with conductance

Dephasing due to "slow" degrees of freedom

Qualitative considerations



a slowly varying potential field $U(\vec{r}, t)$ action $S = \int ds \sqrt{2m(\mathcal{E} - U)}$

variation ΔS $\Delta S = - \int \frac{ds}{v} U(s, t) = - \int dt U(\vec{s}_t, t).$

phase difference $\Delta\varphi = [(\Delta\varphi)_+ - (\Delta\varphi)_-] \propto \int_0^{t_0} dt [U(s_t, t) - U(s_{t_0-t}, t_0 - t)]$

no spatial correlation between the scattering centers. $\overline{U(s_t, t)U(s_{t'}, t')}$ $\propto \delta(s_t - s_{t'})$

single-point correlation function

$$\overline{U(s, t)U(s, t')} \equiv \overline{U^2} f(t - t'), \quad \overline{U^2} \equiv \overline{U^2(s, t)}, \quad f(0) = 1$$

variance $\overline{\Delta\varphi^2} \propto \sum_s \int_0^{t_0} \frac{dt}{\tau_s} [1 - f_s(2t - t_0)]$

The main reason for dephasing to slow down is a large correlation time comparing to the typical traversal time t_0 . Then for typical times the correlation function is close to 1, and the phase variance turns out to be small.

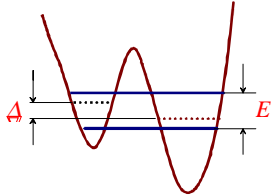
Model for a dynamic defect

$$\mathcal{H}_d = (\Delta \sigma_3 - \Lambda \sigma_1)/2$$

Δ is the diagonal level splitting

Λ is the tunneling amplitude

two-level tunneling states (TLS)



Two mechanisms of dephasing:

1. Direct transitions between the two TLS's states accompanied by electron-hole pair creation/annihilation

If the energy transfer E is large, the phase relaxation time τ_φ is equal to the typical inelastic relaxation time $\tau_1(E, \Delta)$.

The criterion of "large" E $E\tau_1 \gg \hbar$.

For smaller E

effective number of defects - $\bar{N} \sim t/\tau_1$;

correlation function - $f(t) = \cos(Et/\hbar)$;

typical phase shift - $\bar{N}^{1/2}Et/\hbar \rightarrow \tau_\varphi \sim \hbar^{2/3}\tau_1^{1/3}/E^{2/3}$

phase diffusion or wandering

$$\tau_\varphi^{(1)} = \tau_1 \max \left\{ 1, (\hbar/E\tau_1)^{2/3} \right\}$$

2. Apparently elastic scattering of electrons by a "breathing" scattering potential associated with the dynamic defect.

Estimate the dephasing time:

correlation function $f(t) = e^{-2\gamma|t|}$ γ is the the defect transition rate.

$$\tau_\varphi^{(3)} = \max \left\{ \tau_3, (\tau_3/\gamma)^{1/2} \right\}$$

The quantitative result for the case of identical fluctuators

$$\delta\sigma = -\frac{e^2}{2\pi^2\hbar} \ln \frac{\tau_\varphi}{\tau}$$

where τ_φ is defined according to the equation

$$\ln \frac{\tau_\varphi}{\tau} \equiv \int_\tau^\infty \frac{dt}{t} e^{-\Gamma_1(t, E, \Lambda) - \Gamma_3(t, E, \Lambda)},$$

$$\Gamma_1(t, E, \Lambda) = \frac{1}{\tau_1} \left[t - \frac{\sin(t E/\hbar)}{E\tau/\hbar} \right],$$

$$\Gamma_3(t, E, \Lambda) = \frac{1}{\tau_3} \left[t - \frac{\hbar}{2\gamma\tau} (1 - e^{-2\gamma t/\hbar}) \right].$$

Average over different dynamic defects

E and γ can be distributed over a significant range. \rightarrow distribution function $\mathcal{P}(E, \gamma)$

Two typical model distributions:

1. the so-called "glass-model", GM (Anderson et al., Phillips).

Δ - distribution is smooth. $\mathcal{P}_\Lambda \propto \Lambda^{-1}$

exponentially-broad distribution of relaxation rates

2. the "tunneling-states-model" (TM) (Kozub&Rudin)

more appropriate for crystalline materials.

Λ are almost the same for all dynamical defects.

Δ is assumed distributed smoothly within some band.

$$\mathcal{P}_{TM}(E, \Lambda) = \frac{\Theta(E^* - E)}{E^*} \frac{E}{\sqrt{E^2 - \Lambda_0^2}} \delta(\Lambda - \Lambda_0).$$

random parameters \rightarrow one has to replace $\Gamma_{1,3}$ by the averages

$$\bar{\Gamma}_i(\eta) = \int dE d\Lambda \mathcal{P}(E, \Lambda) \Gamma_i(\eta, E, \Lambda).$$

TM Model: Result

The main conclusion \rightarrow there is a temperature region $T \gtrsim T_\alpha$ in which

$$\frac{1}{\tau_\varphi} = \frac{1}{\tau_3} \left(\frac{\Lambda_0}{E^*} \right) \left[\left(\frac{T}{T_\alpha} \right)^{1/3} + \zeta \right], \quad \zeta \approx 1.$$

T_α depends on the defect distribution and on electron-defect interaction, τ_3 is the characteristic inelastic relaxation time.

At $T \ll T_\alpha$ the decoherence rate τ_φ^{-1} rapidly **decreases** with temperature.

Estimates

We use numbers, obtained from experiments on zero-bias anomalies in point contacts. Based on these estimates and taking

$P_d \approx 10^{34} \text{ erg}^{-1} \text{ cm}^{-3}$, $\sigma_{\text{in}} \approx 10^{-15} \text{ cm}^2$, $v_F \approx 10^8 \text{ cm/s}$, and $\Lambda_0 \approx 10 \text{ mK}$ we obtain $\tau_\Lambda \approx 10^{-9} \text{ s}$.

According to the estimates, at temperatures larger than $T_\Lambda \approx \Lambda_0 \approx 10 \text{ mK}$ one expects **temperature-independent** contribution of resonant processes.

For the relaxation channel, one obtains $T_\alpha \approx T_\beta \approx 10 \text{ mK}$. Consequently, at $T \gtrsim T_\alpha \approx T_\Lambda \approx 10 \text{ mK}$ one expects that dephasing rate obeys the above equation with $\tau_\Lambda \approx 10^{-9} \text{ s}$.

Correlation with the diffusion coefficient

Surprising feature observed in 3D disordered metals

– the bigger the conductance – the shorter the decoherence time,

$$\tau_{\text{ph}} \propto 1/D$$

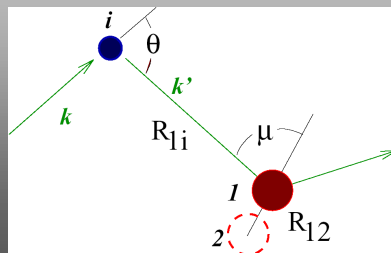
Our explanation:

Friedel oscillations of the electron density near dynamical defects due to electrons scattered by adjacent point defects.

Adiabatic renormalization of the site energy ϵ_{1i} of one of TS component due to conduction electrons scattered by some defect i

$$\epsilon_{1i} = V_1 \Re \left[\sum_{\mathbf{k}} \frac{f_i(\theta)}{R_{1i}} \frac{e^{ikR_{1i}(1-\cos\theta)}}{1 + e^{(\epsilon_{\mathbf{k}} - \epsilon_F)/k_B T}} \right]$$

Here $\theta = \angle\{\mathbf{k}, \mathbf{R}_{1i}\}$, f_i is the scattering amplitude by the i th defect, \mathbf{R}_{1j} is the vector connecting the sites 1 and i , while V_1 is the potential of the defect 1.

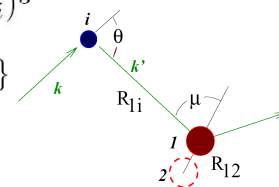


Order-of-magnitude estimate: $\varepsilon_{1i} \approx -\frac{|V|^2}{\varepsilon_F} \frac{\cos(2k_F R_{1i})}{(k_F R_{1i})^3}.$

Now let us consider a TS formed by the site 1 and some state 2, such as $R_{12} \ll R_{1i}, R_{2i}$. Then the effective two-level system acquires the diagonal splitting Δ_i given by the expression

$$\Delta(\mathbf{R}_i, \mu) \approx \frac{2|V|^2}{\varepsilon_F} \frac{\sin(k_F R_{12} \mu) \cdot \sin 2k_F R_i}{(k_F R_i)^3}.$$

Here $\mathbf{R}_i = \mathbf{R}_{1i} \approx \mathbf{R}_{2i}$, $\mu = \cos \angle\{\mathbf{R}_{12}, \mathbf{R}_i\}$



The probability to find a TS with the splitting Δ is then

$$W(\Delta) = 2\pi n_d \int R^2 dR \int_{-1}^1 d\mu \delta[\Delta - \Delta(\mathbf{R}, \mu)]$$

Here n_d is the density of defects

A straightforward analysis shows that there is a characteristic energy

$$E^* = \frac{|V|^2 n_d}{\varepsilon_F k_F^3} \approx \frac{1}{2\pi} \frac{\hbar}{\tau_{el}} \sim \frac{\hbar D}{v_F^2}$$

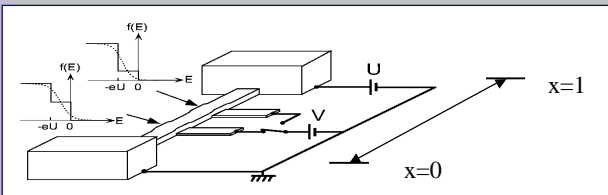
In this way way explain the experimental results.

Conclusions

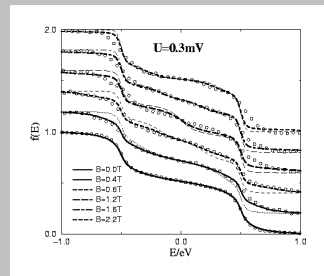
- ★ Dynamical defects (TLS) in disordered metals can be responsible for apparent "saturation" of the temperature dependence of ρ_{xx}
- ★ At very low temperatures the dephasing rate vanishes.
- ★ Two mechanisms of TLS-induced decoherence are important:
 - direct inelastic scattering of electrons by dynamical defects;
 - breaking of the time-reversal symmetry by non-stationary scattering potential
- ★ Model of tunneling states with diagonal disorder allows one to obtain reasonable numbers and to explain correlation between ρ_{xx} and conductance.

What is not understood yet?

Relation between dephasing and energy relaxation rates



Pothier et al., 1997
Pierre et al., 2001
Magnetic field:
Anthore et al., 2001



Though the I-V curves were qualitatively explained

Kaminskii & Glazman, 2001
 Göppert, YG, Altshuler & Grabert, 2002

there are quantitative discrepancies:

Explanation of energy relaxation would require more magnetic impurities, than it is necessary to explain dephasing rate.

Appendix: First-principle calculation

Spinless electrons which scatter against tunneling defects.

The Hamiltonian

$$\tilde{\mathcal{H}} = \tilde{\mathcal{H}}_d + \sum_{\vec{p}} \epsilon_p c_{\vec{p}}^{\dagger} c_{\vec{p}} + \tilde{\mathcal{H}}_{\text{int}} \quad (3)$$

where

$$\tilde{\mathcal{H}}_d = (\Delta \sigma_3 - \Lambda \sigma_1)/2 \quad (4)$$

$$\tilde{\mathcal{H}}_{\text{int}} = \frac{1}{2} \sum_{\vec{p}\vec{p}_1, n} \left(\hat{1} \tilde{V}_{\vec{p}\vec{p}_1}^+ + \sigma_3 \tilde{V}_{\vec{p}\vec{p}_1}^- \right) c_{\vec{p}}^{\dagger} c_{\vec{p}_1} e^{i(\vec{p}-\vec{p}_1) \cdot \vec{r}_n / \hbar}, \quad (5)$$

$V^{\pm} = V_l \pm V_r$ represent components of a short-range defect potential in the "left" and "right" positions. Estimates for \tilde{V}^{\pm} were given by several authors, e. g., by [J. Black](#) and by [Y. Imry](#).

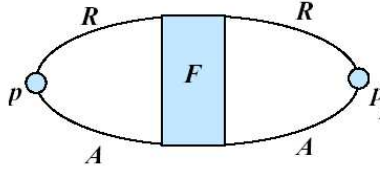
After the transform which makes $\tilde{\mathcal{H}}_d$ diagonal we arrive at the Hamiltonian

$$\mathcal{H} = \frac{1}{2} \sum_n E_n \sigma_3 + \sum_{\vec{p}} \epsilon_p c_{\vec{p}}^{\dagger} c_{\vec{p}} + \frac{1}{2} \sum_{\vec{p}\vec{p}_1, n} \left\{ \hat{1} V_{\vec{p}\vec{p}_1}^+ + \left(\frac{\Lambda_n}{E_n} \sigma_1 + \frac{\Delta_n}{E_n} \sigma_3 \right) V_{\vec{p}\vec{p}_1}^- \right\} c_{\vec{p}}^{\dagger} c_{\vec{p}_1} e^{i(\vec{p}-\vec{p}') \cdot \vec{r}_n / \hbar}. \quad (6)$$

\Rightarrow two processes of electron-defect interaction described by the items proportional to σ_1 and σ_3 , respectively.

They correspond to the two mechanisms discussed above.

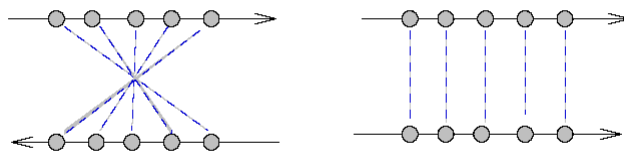
Quantum contribution to conductance



$$\delta\sigma = \frac{e^2}{2m^2} \int (dp) (dq) p^2 \int \left(-\frac{dn}{d\varepsilon} \right) d\varepsilon \int \frac{d\omega}{2\pi i} N(\omega) \times G_R(\varepsilon, \vec{p}) G_A(\varepsilon, \vec{p}) F(\varepsilon, \omega, \vec{p}, \vec{q} - \vec{p}) \times G_R(\varepsilon + \omega, \vec{q} - \vec{p}) G_A(\varepsilon + \omega, \vec{q} - \vec{p}). \quad (7)$$

Here $(dp) \equiv d^2p/(2\pi\hbar)^2$,
 $n(\varepsilon)$ is the Fermi function,
 $N(\omega)$ is the Planck function,

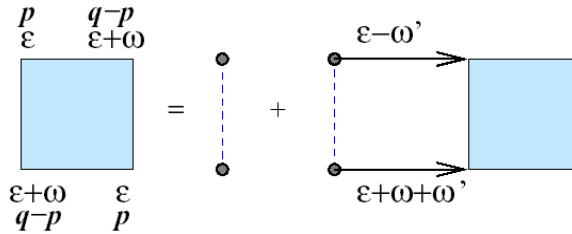
$F(\varepsilon, \omega, \vec{p}, \vec{p}_1)$ is a sum of the maximally-crossed diagrams – Cooperon.



Dashed lines - “propagators” of dynamic defects.

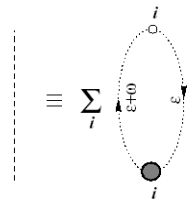
Decoherence of Electron Transport by Two-Level Systems in Disordered Metals

The Cooperon is a sum of a ladder in the particle-particle channel.
It satisfies the following Dyson equation



- filled square – the Cooperon,
- thick lines – the Green's functions averaged over the defect positions,
as well as over the states of the thermal bath,
- dashed lines – propagators for electron scattering against dynamic defects.

The propagator can be expressed as a loop graph where dotted lines represent Green's functions for a dynamic defect.



Since the interaction Hamiltonian (6) contains the items of three types ($\propto \hat{1}, \sigma_1, \sigma_3$), each propagator consists of a sum of three items.

Propagators are derived by the Abrikosov technique developed for the Kondo effect – a dynamic defect is interpreted as a pseudo-Fermion with the Green's function

$$g_{\pm}(\epsilon) = (\epsilon \mp E/2 - \lambda + i\delta)^{-1}, \quad (8)$$

where λ is an auxiliary "chemical potential".

To remove extra unphysical states, at the initial stage $\lambda \rightarrow \infty$.

As a result, the retarded propagator in the σ_1 -channel is

$$\mathcal{D}_1^R(\omega) = -\tanh \frac{E}{2T} \left(\frac{1}{\omega - E + i\delta} - \frac{1}{\omega + E + i\delta} \right), \quad \delta \rightarrow +0. \quad (9)$$

The propagator for the σ_3 -channel is (cf. with Maleev's expression for glasses)

$$\mathcal{D}_3^R(\omega) = \frac{1}{T \cosh^2(E/2T)} \frac{2i\gamma}{\omega + 2i\gamma}. \quad (10)$$

Here

$$\gamma(\Lambda, E) = \left(\frac{\Lambda}{E} \right)^2 \gamma_0(E), \quad \gamma_0(E) = \frac{\chi E}{\tanh E/2T}, \quad (11)$$

where $\chi = 0.01 - 0.3$ is dimensionless constant dependent on the matrix element $V^{(1)}$ where $\gamma_0(E)$ has the meaning of *maximum* hopping rate for the systems with a given interlevel spacing (J. Black).

For the I -channel we define the propagator as

$$\mathcal{D}_0^R(\omega) = \frac{\nu}{2T} \left(\frac{1}{\omega + \nu + i\delta} - \frac{1}{\omega - \nu + i\delta} \right), \quad \delta, \nu \rightarrow +0. \quad (12)$$

The propagators do not include the electron-defect coupling constant, hence each propagator should be multiplied by $|\mathbf{W}^{(i)}|^2$ where

$$\mathbf{W}^{(0)} = V^+, \quad \mathbf{W}^{(1)} = (\Lambda/E)V^-, \quad \mathbf{W}^{(3)} = (\Delta/E)V^-.$$

Then, summation over different dynamic defects should be performed.

The resulting equation for $F(\varepsilon, \omega, \vec{p}, \vec{q} - \vec{p}_1)$ obtained by a proper analytical continuation of the Matsubara Green's functions, has the form

$$F(\varepsilon, \omega, \vec{p}, \vec{q} - \vec{p}) = \mathcal{D}(\omega) - \int \frac{(dp_1) d\omega'}{2\pi i} F(\varepsilon, \omega', \vec{p}_1, \vec{q} - \vec{p}) \mathcal{D}(\omega - \omega') \\ \times G^R(\varepsilon + \omega - \omega', \vec{p}_1) G^A(\varepsilon + \omega', \vec{q} - \vec{p}_1) [N_0(\omega') - N_0(\omega' - \omega)] \quad (13)$$

where $\mathcal{D}(\omega) \equiv \sum_{is} |W_s^{(i)}|^2 [\mathcal{D}_i^R(\omega) - \mathcal{D}_i^A(\omega)]$.

$q\ell \ll 1$ $\ell = v_F\tau$ is the electron mean free path, while τ is the electron life time

$$\tau^{-1} = \tau_e^{-1} + \tau_1^{-1} + \tau_3^{-1}$$

τ_e^{-1} is a sum over the contributions of static and dynamic defects

$$\tau_1^{-1} = 2\pi\rho n_d(\Delta/E)^2 |V_d^-|^2/\hbar, \quad \tau_3^{-1} = 2\pi\rho n_d(\Delta/E)^2 |V_d^-|^2/\hbar.$$

We transform (13) to the form of the diffusion equation. Using the inequalities

$$p_F\ell/\hbar \gg 1, \quad \hbar\omega \ll T$$

and expressing results in terms of a new function

$$\mathcal{F}(\varepsilon, \vec{q}, \omega) \equiv \frac{F(\varepsilon, \omega, \vec{p}, \vec{q} - \vec{p})}{\omega(1 - i\tau\vec{q} \cdot \vec{v})} \quad (14)$$

we obtain the equation

$$(1 + Dq^2\tau)\mathcal{F}(\varepsilon, q, \omega) = \frac{\Phi(\omega)}{4\pi\rho} \\ - T \int \frac{d\omega'}{(2\pi i)(\omega - 2\omega' + i/2\tau)} \mathcal{F}(\varepsilon, q, \omega') \Phi(\omega - \omega'). \quad (15)$$

Here $D = v_F\ell/2$ is the diffusion constant, while $\Phi(\omega) \equiv \mathcal{D}(\omega)/\omega$

In the time representation

$$(1 + Dq^2\tau)\mathcal{F}(\varepsilon, q, t) = \frac{\Phi(\varepsilon, t)}{2\tau T\rho} + \int_{-\infty}^t \frac{dt'}{\tau} e^{(t'-t)/\tau} \mathcal{F}(\varepsilon, q, t') \Phi(\varepsilon, 2t-t'),$$

$$\Phi(\varepsilon, t) \equiv \frac{\tau}{\tau_e} + \frac{\tau}{\tau_1} \cos \frac{Et}{\hbar} + \frac{\tau}{\tau_3} e^{-2\gamma t/\hbar}.$$

Exact solution:

$$\mathcal{F}(0, q) = \int_{-\infty}^0 \frac{dt'}{\tau} \Phi(t') e^{\vartheta(t')},$$

$$\vartheta(t) = Dq^2t + \left[\frac{t}{\tau_1} - \frac{\sin(Et/\hbar)}{E\tau_1/\hbar} \right] + \left[\frac{t}{\tau_3} - \frac{\hbar}{2\gamma\tau_3} (e^{2\gamma t/\hbar} - 1) \right], \quad t < 0.$$

The final result can be formulated as

$$\delta\sigma = -\frac{e^2}{2\pi^2\hbar} \ln \frac{\tau_\varphi}{\tau}$$

where τ_φ is defined according to the equation

$$\ln \frac{\tau_\varphi}{\tau} \equiv \int_1^\infty \frac{d\eta}{\eta} e^{-\Gamma_1(\eta, E, \Lambda) - \Gamma_3(\eta, E, \Lambda)}, \quad (16)$$

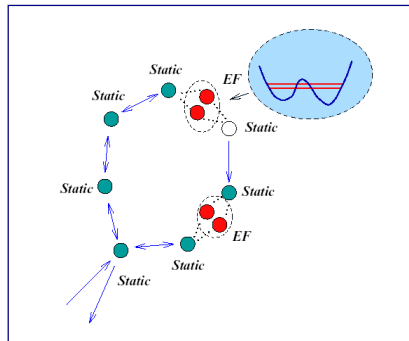
$$\Gamma_1(\eta, E, \Lambda) = \frac{\tau}{\tau_1} \left[\eta - \frac{\sin(\eta E\tau/\hbar)}{E\tau/\hbar} \right],$$

$$\Gamma_3(\eta, E, \Lambda) = \frac{\tau}{\tau_3} \left[\eta - \frac{\hbar}{2\gamma\tau} (1 - e^{-2\eta\gamma\tau/\hbar}) \right],$$

where $\eta = t/\tau$. This equation is obtained by the integration over q .

Appendix: Model of Random Telegraph Noise

Consider N dynamic defects, or *elementary fluctuators*, EFs, on the trajectory with the total traversal time t_0 having M scatters.



length of the trajectory

$$\mathcal{L}_0 = \tau/v_F = \sum_{s=1}^M |R_{s+1}^{(0)} - R_s^{(0)}|.$$

$$R_j(t) = R_j^{(0)} + u_j(t).$$

Random telegraph process

$$u_j(t) \equiv a_j \xi_j(t), \quad \xi_j(t) = \pm 1, \quad \langle \xi_j(t) \xi_{j'}(t') \rangle = \delta_{jj'} e^{-2\Gamma_j |t-t'|}.$$

Then the time-dependent contribution to the length is

$$(\delta\mathcal{L})_j(t) = l_j \xi_j(t), \quad l_j \equiv (v_j \cdot a_j)/v.$$

For a given defect j , the phase difference is just

$$(\delta\Phi)_j(t_0) = (p_F l_j / \hbar) [\xi(t_j) - \xi(t_0 - t_j)].$$

Average over the telegraph process

$$k(t_0) = \left\langle e^{iJ[\xi(t) - \xi(t_0 - t)]} \right\rangle_{\text{RTP}}, \quad J \equiv p_F l / \hbar.$$

$$k(t, t_0) = 2 \cos^2 J + 2 \sin^2 J e^{-2\Gamma|t_0 - 2t|}.$$

Average over different EFs

$$\text{Holtzmark procedure, } \langle e^{i(\Delta\varphi)} \rangle_{\text{EF}} = e^{-W(t, t_0)}$$

$$W(t, t_0) = \langle 1 - k(t, t_0) \rangle_{\text{EF}} = 2 \left\langle \sin^2 J \left[1 - e^{-2\Gamma|t_0 - 2t|} \right] \right\rangle_{\text{EF}}.$$

number of active EFs $\rightarrow \mathcal{P}_0 E_{\text{eff}}$ times the "contact volume" $\sigma v_F t_0$.

$E_{\text{eff}} = \min E^*, T$ σ is the scattering cross section.

average over the positions of the defects along the trajectories.

$$\mathcal{F} \equiv \frac{2}{t_0} \int_0^{t_0/2} dt \left(1 - e^{-2\Gamma(t_0 - 2t)} \right) = 1 - \frac{1 - \exp(-2\Gamma t_0)}{2\Gamma t_0}. \quad (19)$$

average over $\mathcal{P}(\Gamma)$

we get $W = (t_0/\tau_\varphi)^{3/2}$ with

$$\frac{1}{\tau_\varphi} \approx 10 (P_0 \Lambda \sigma v_F)^{2/3} \left(\frac{p_F a}{\hbar} \right)^{4/3} \left(\frac{\chi T}{\hbar} \right)^{1/3} \propto T^{1/3}.$$