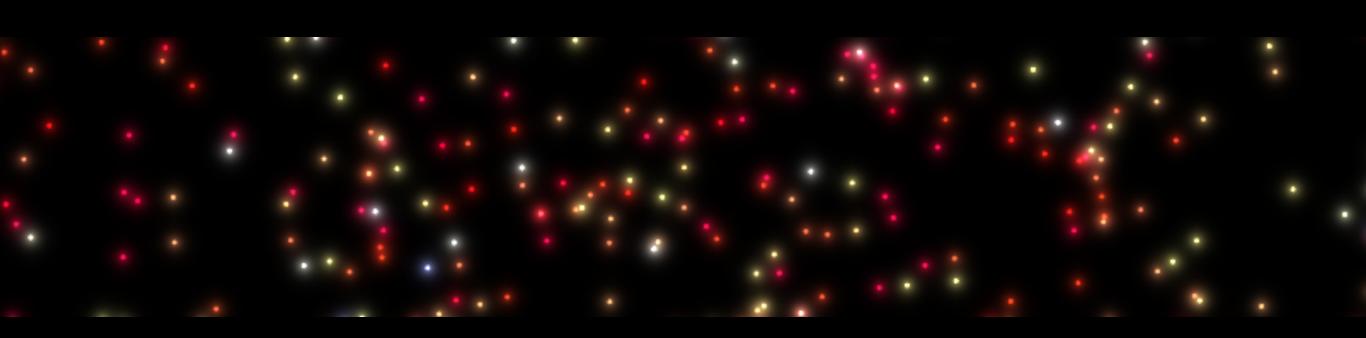
#### Rotation and activity in M dwarfs



#### Elisabeth R. Newton

Dartmouth College



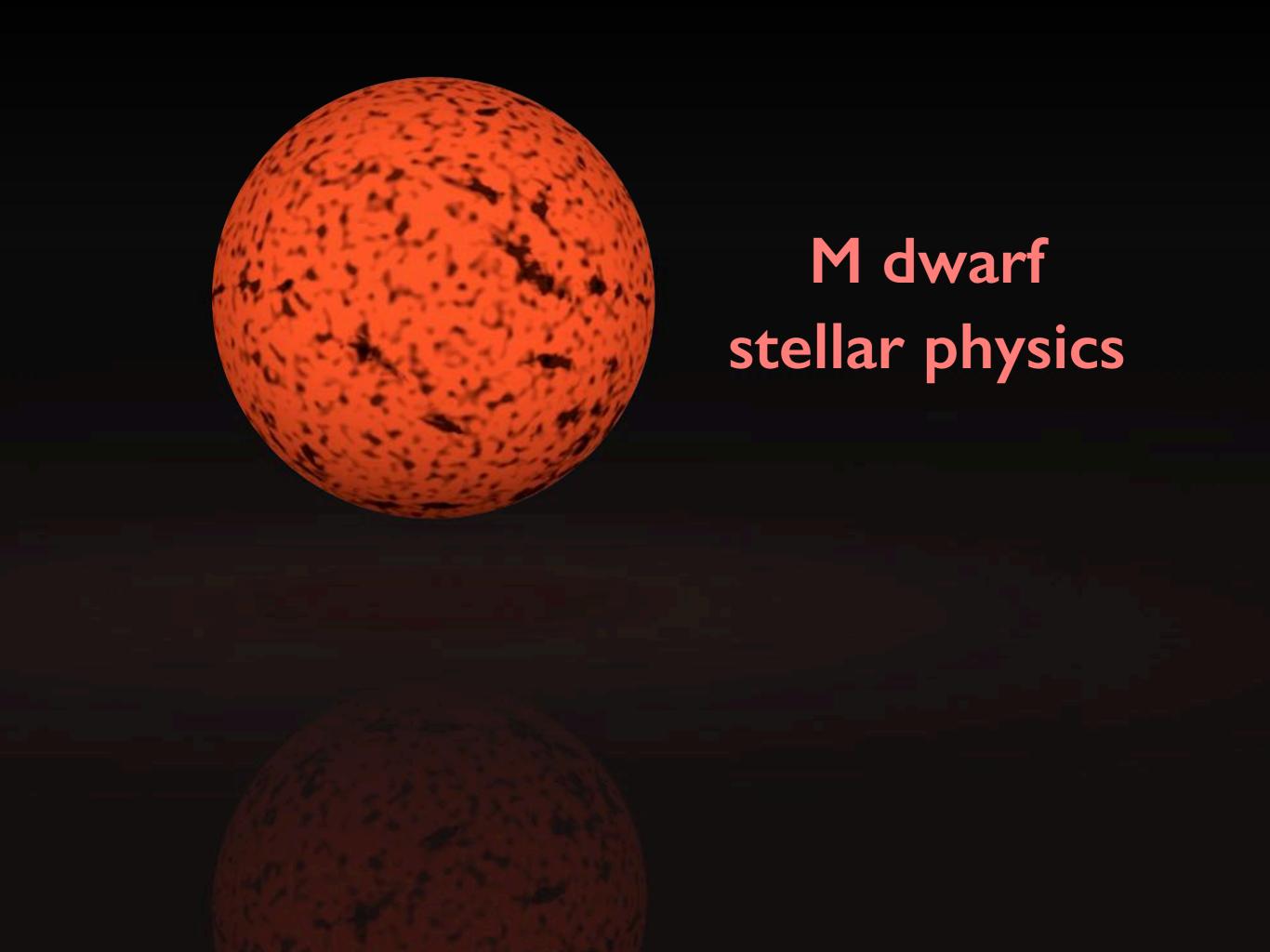


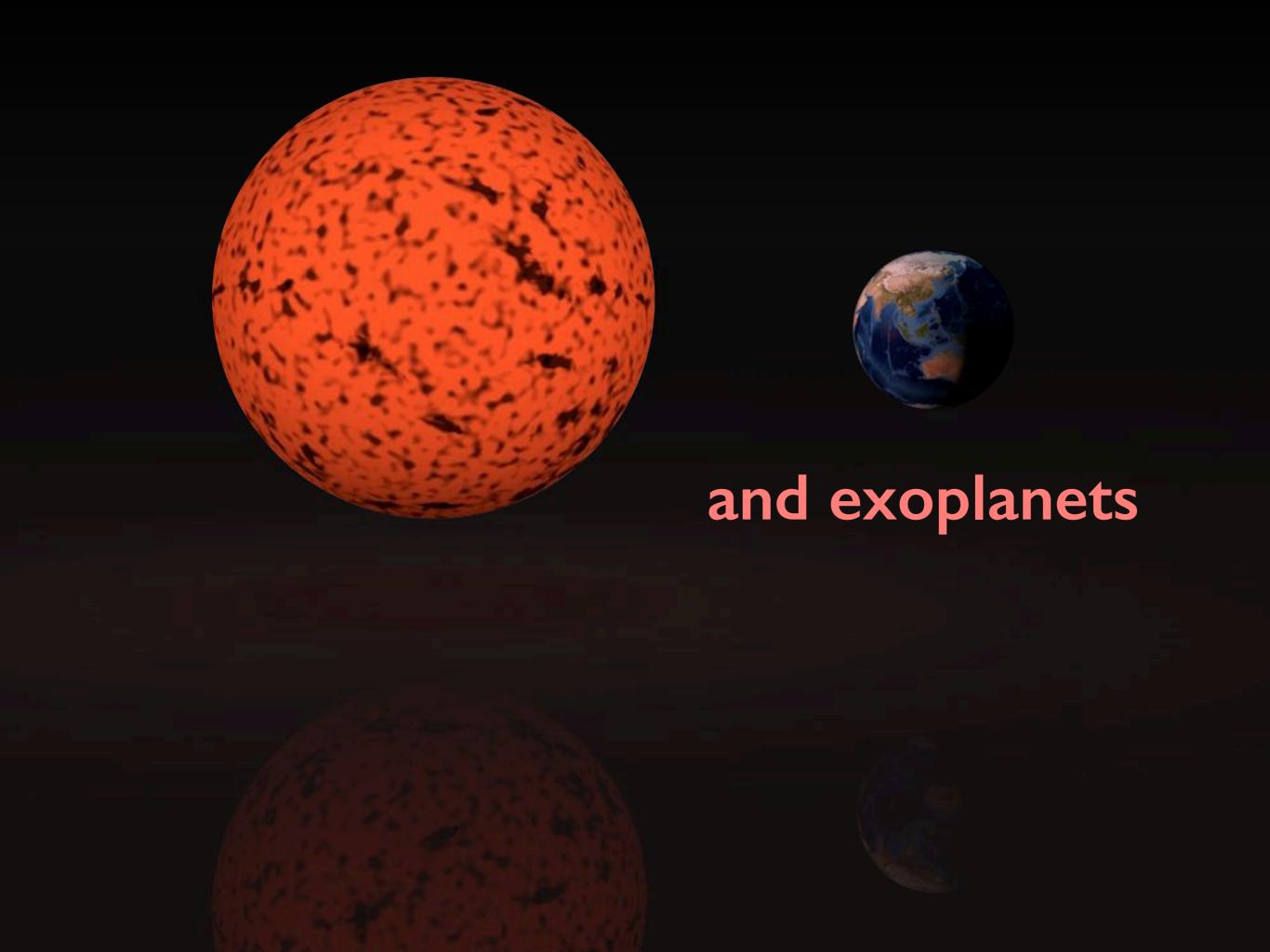












Background

Measuring stellar rotation

The rotation-activity relationship

The gap in the rotation period distribution

The spin-down timescale

Impact on planet detection

#### Background

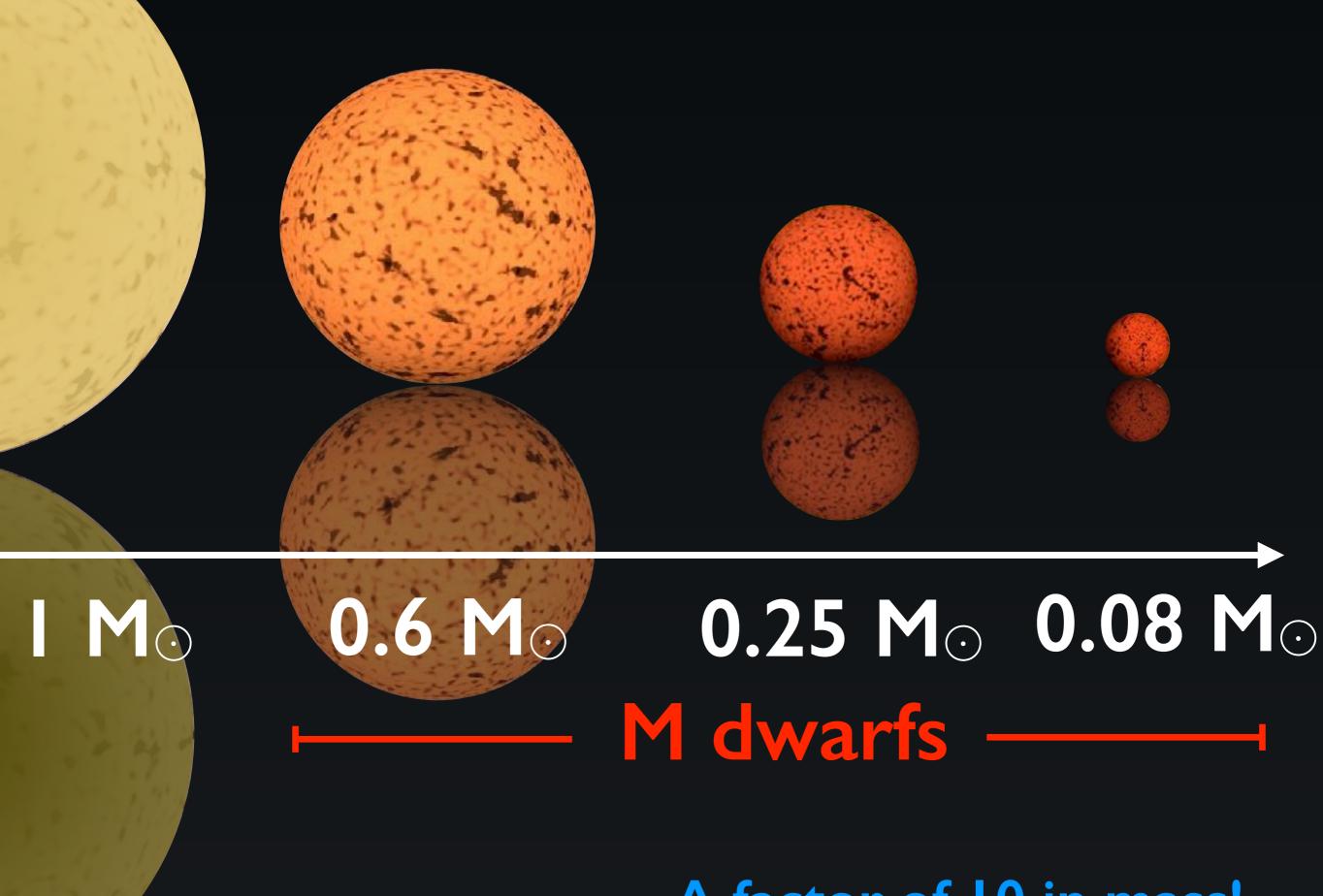
Measuring stellar rotation

The rotation-activity relationship

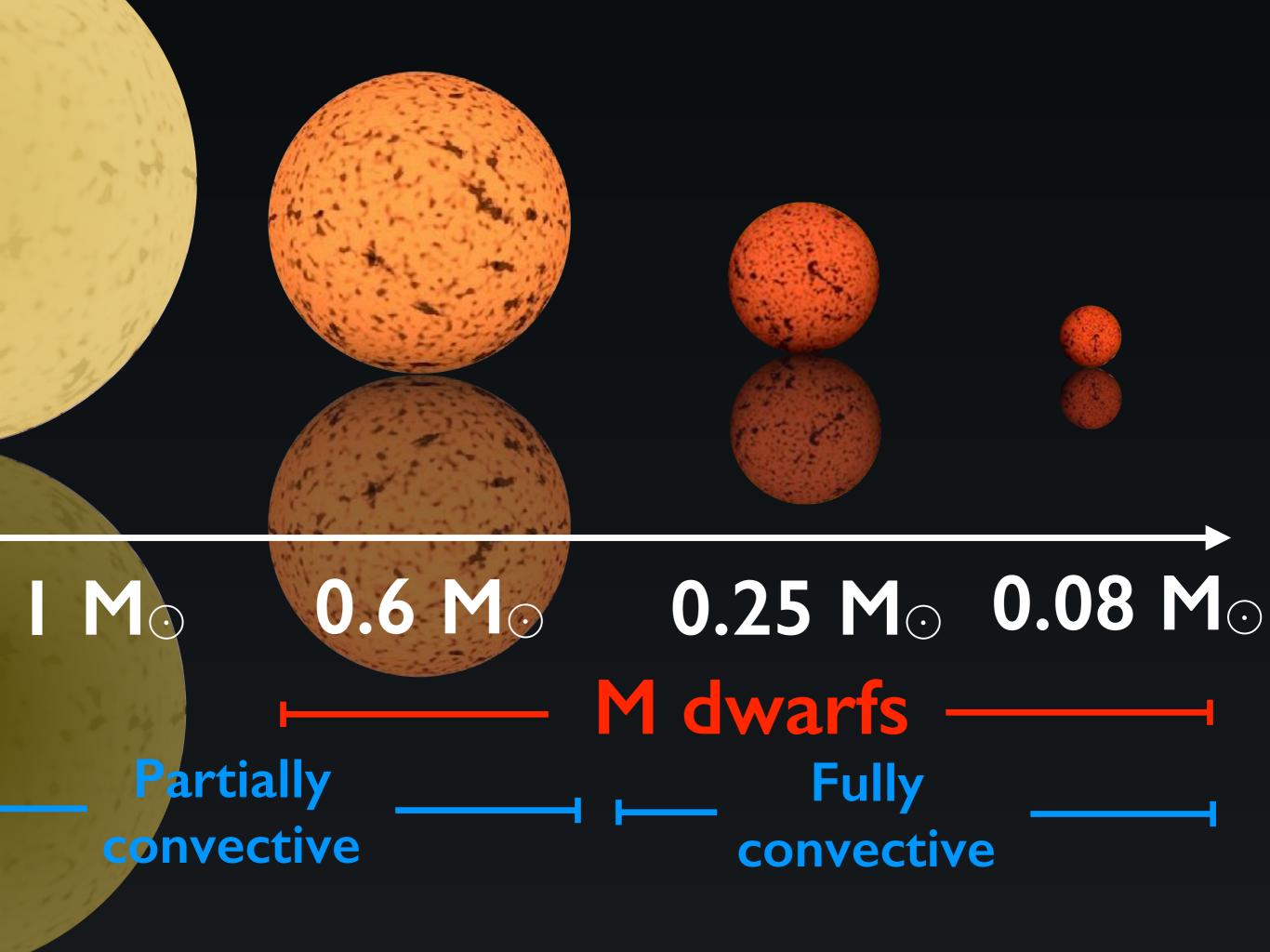
The gap in the rotation period distribution

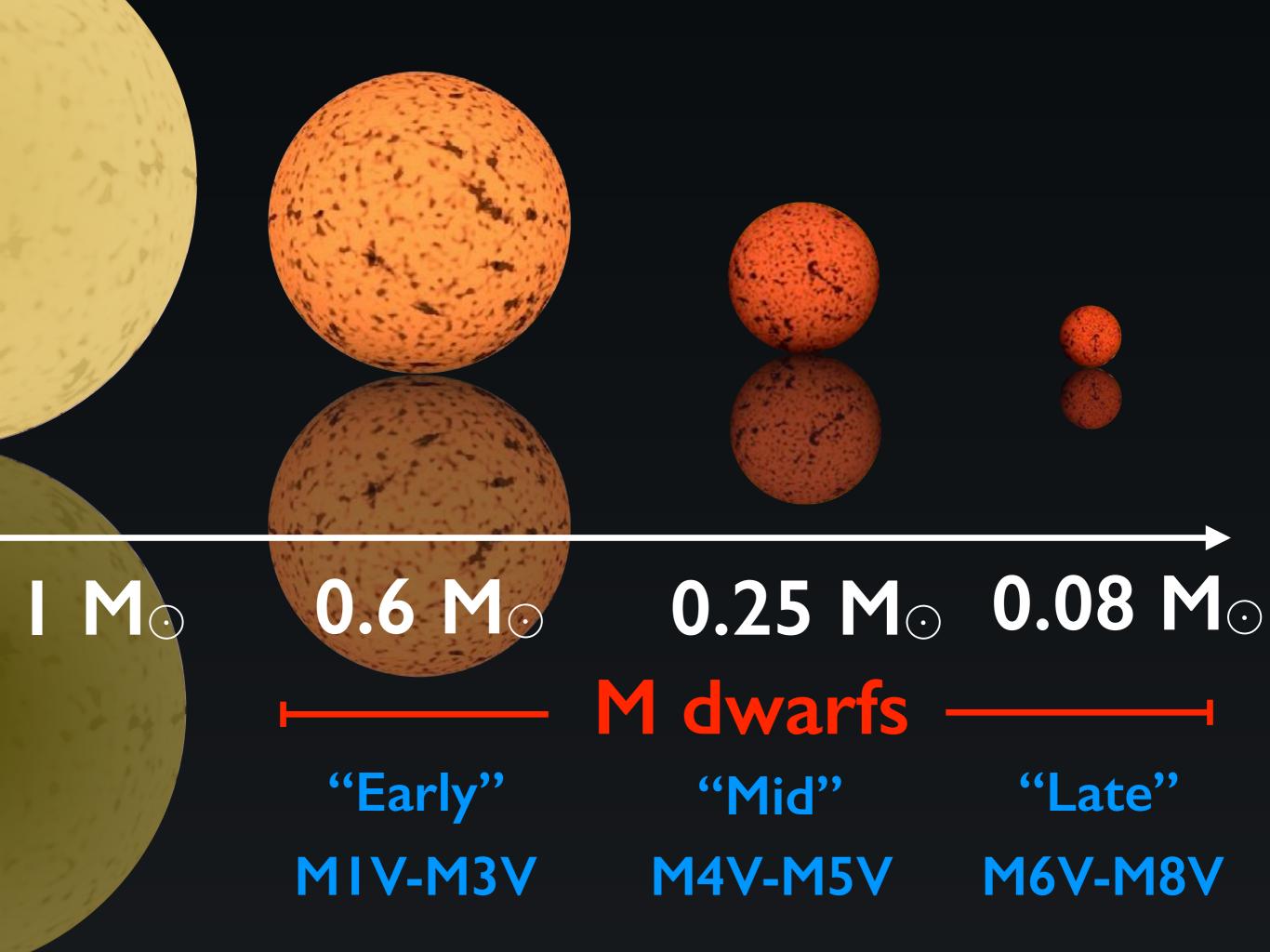
The spin-down timescale

Impact on planet detection

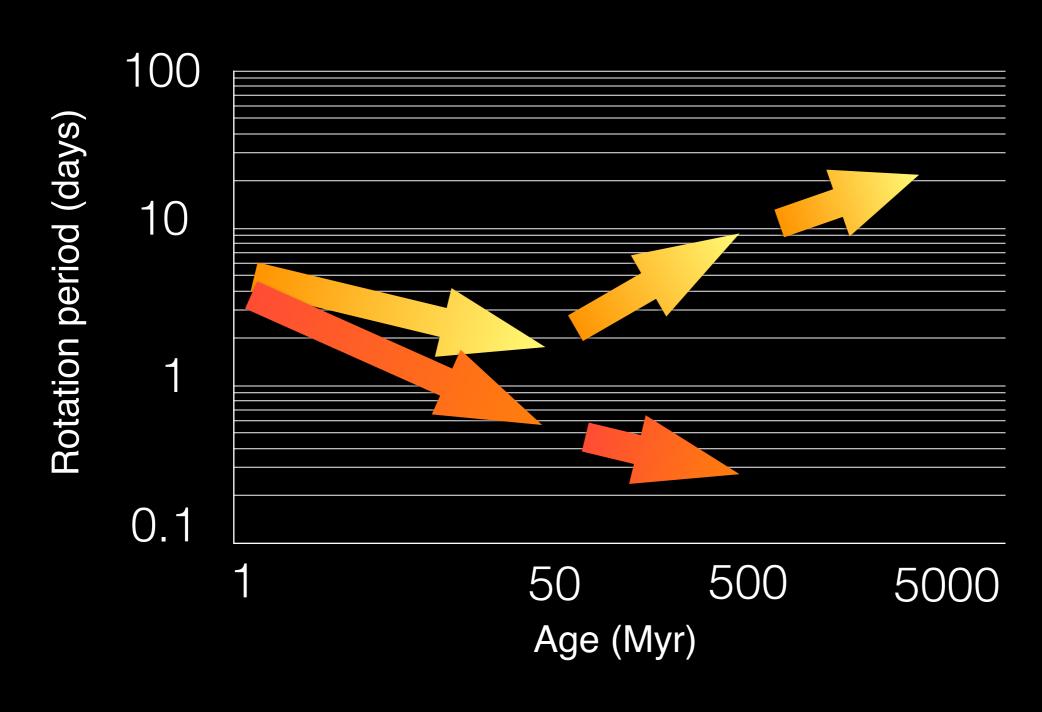


A factor of 10 in mass!





#### Stellar spin-down



c.f. Irwin & Bouvier (2009)

Background

Measuring rotation

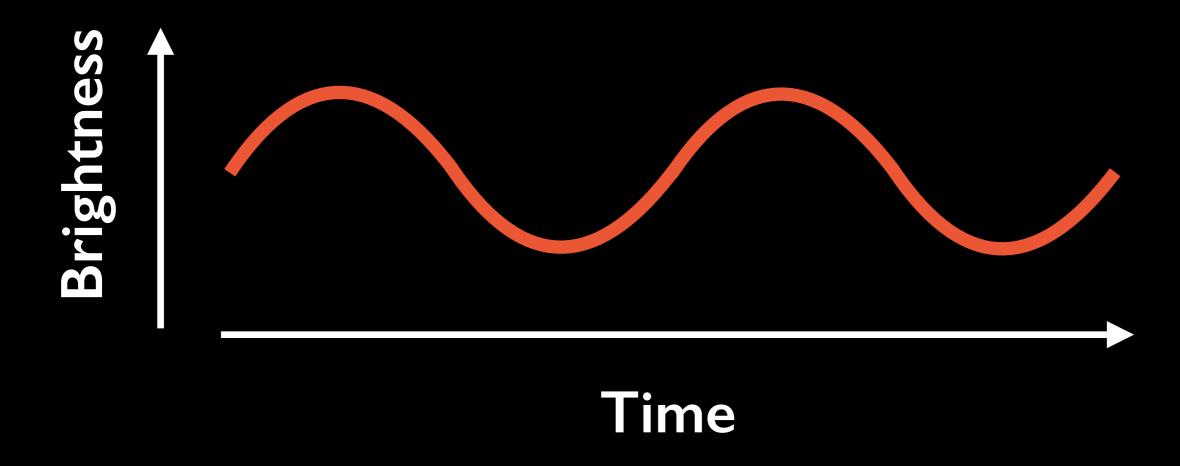
The rotation-activity relationship

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The spin-down timescale

[Ask me about planets]

#### Rotation periods



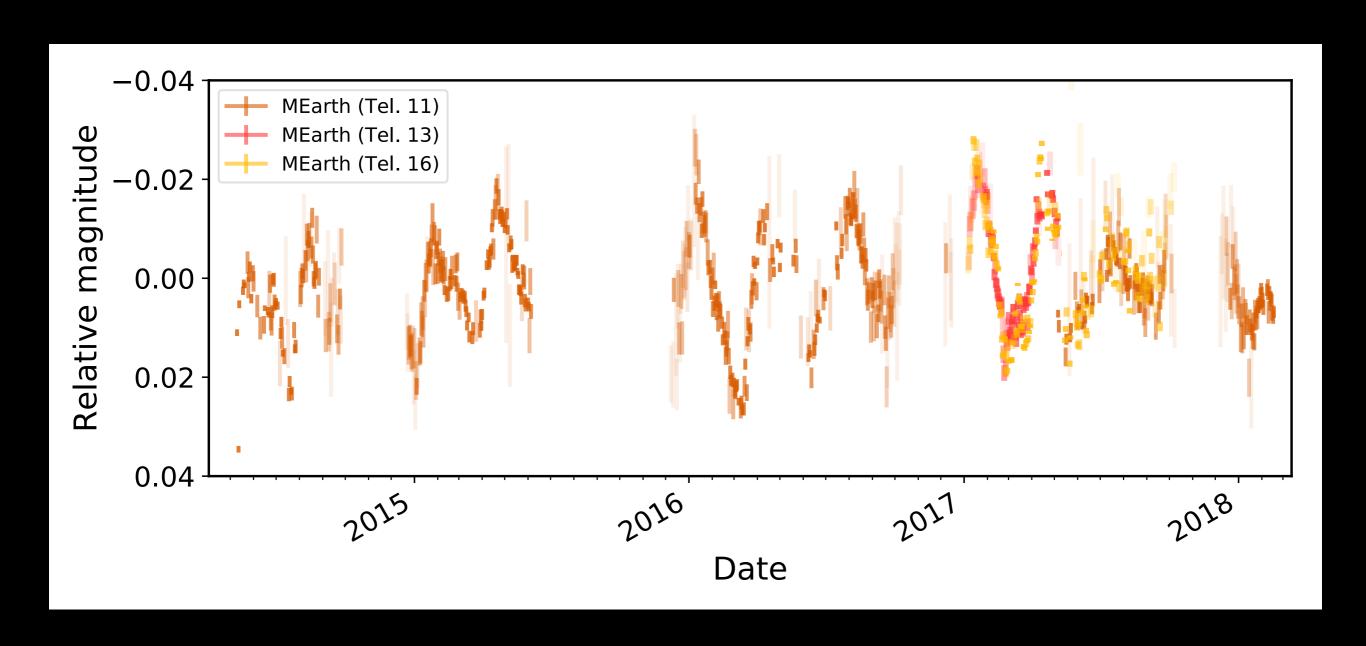
Starspots result from the magnetic field and we use them to measure rotation.



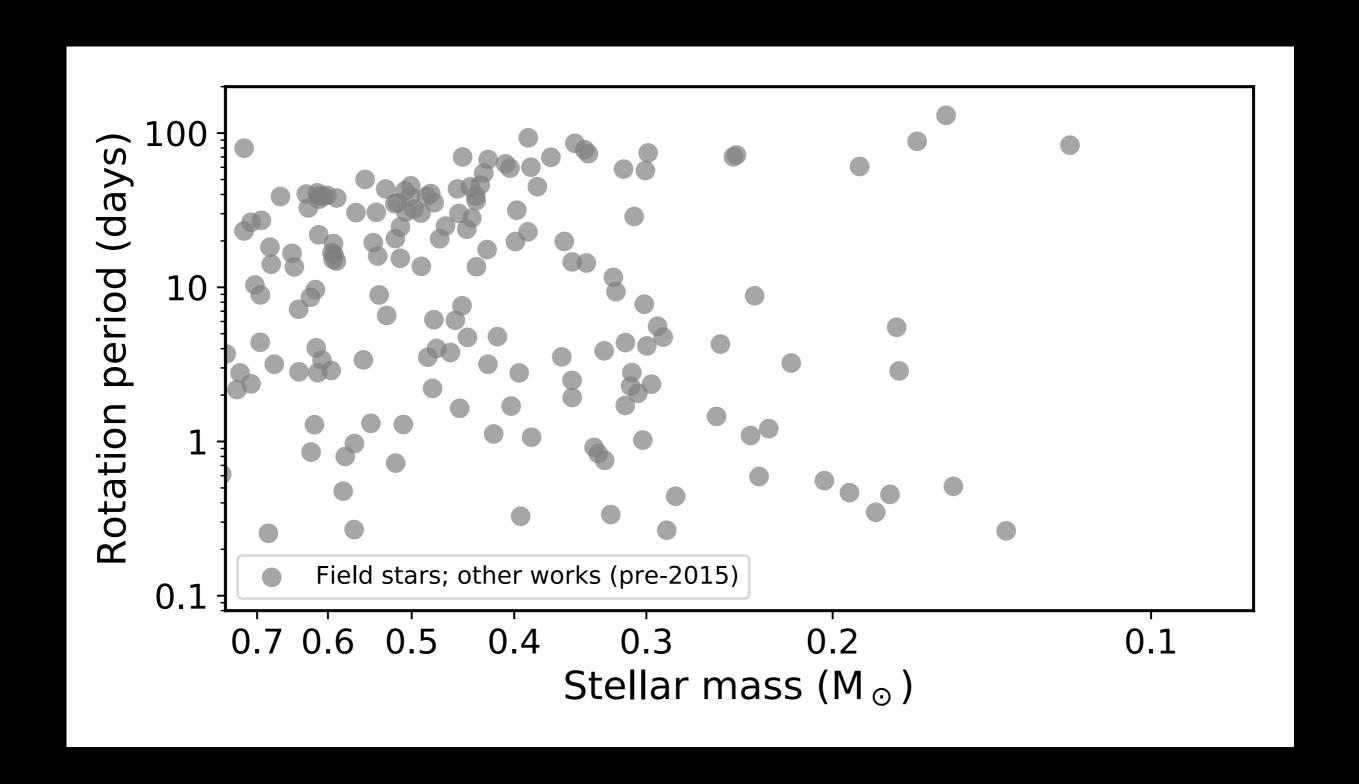
#### The MEarth Project

Thanks to collaborators: D. Charbonneau, J. Irwin, Z.K. Berta-Thompson, J. Dittmann, J. Winters

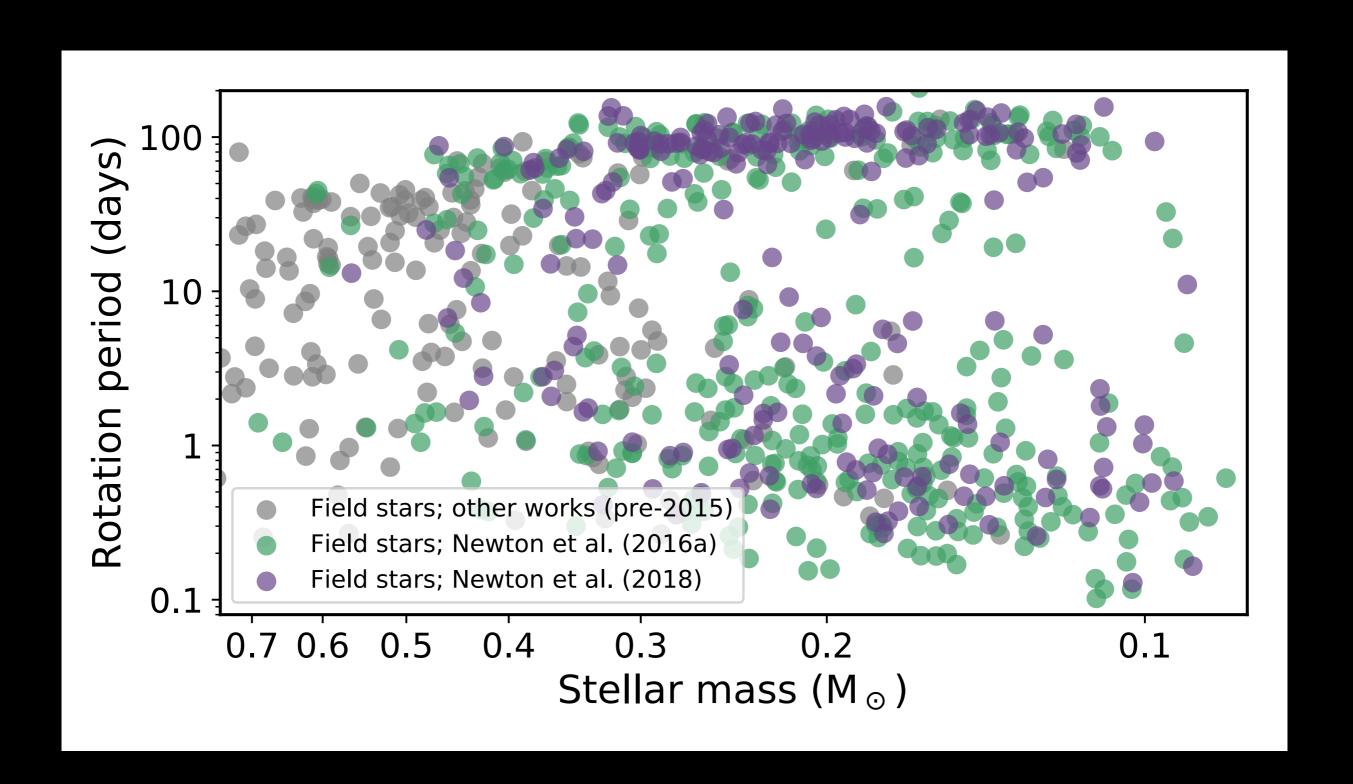
## Long time base-line: sensitivity to long periods



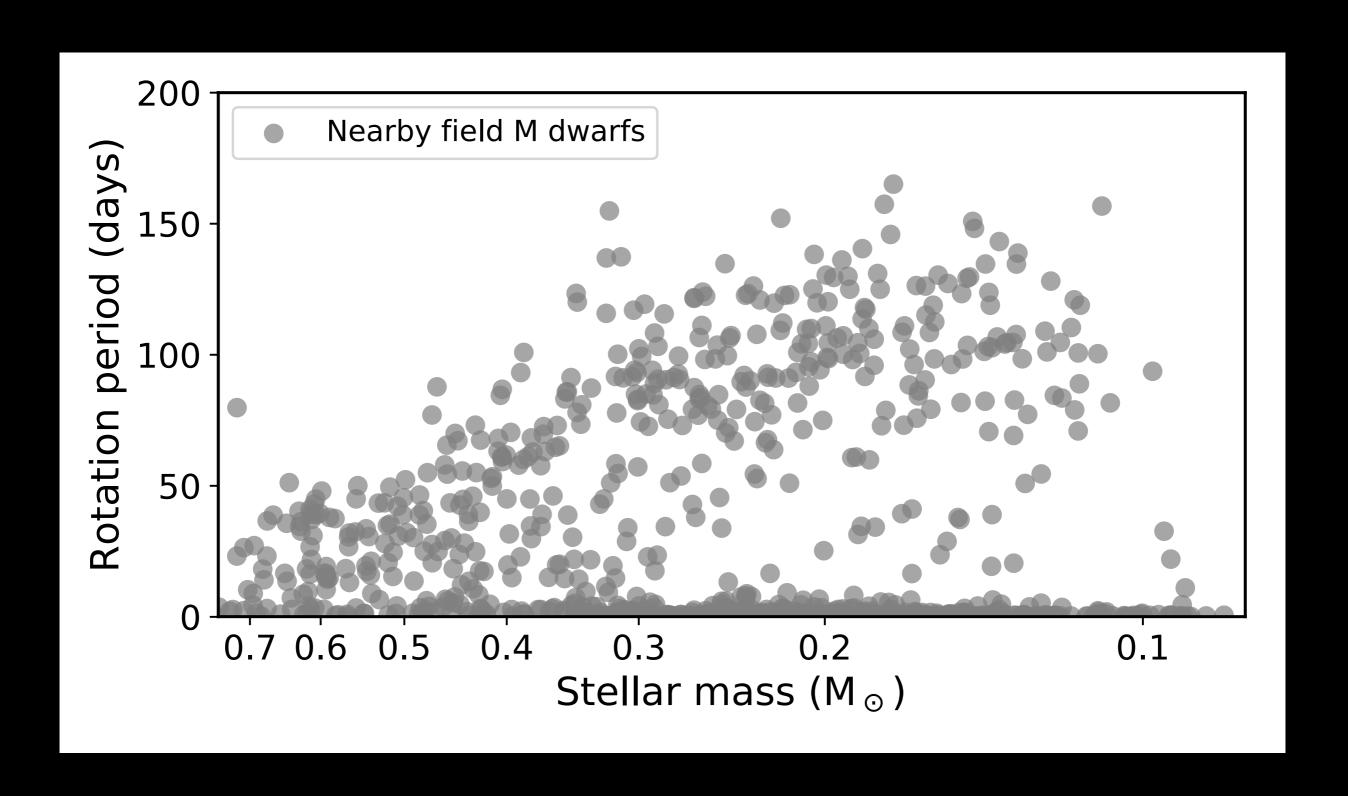
#### Rotation periods of field stars



#### Rotation periods of field stars



#### Rotation periods of field stars



Background

Measuring stellar rotation

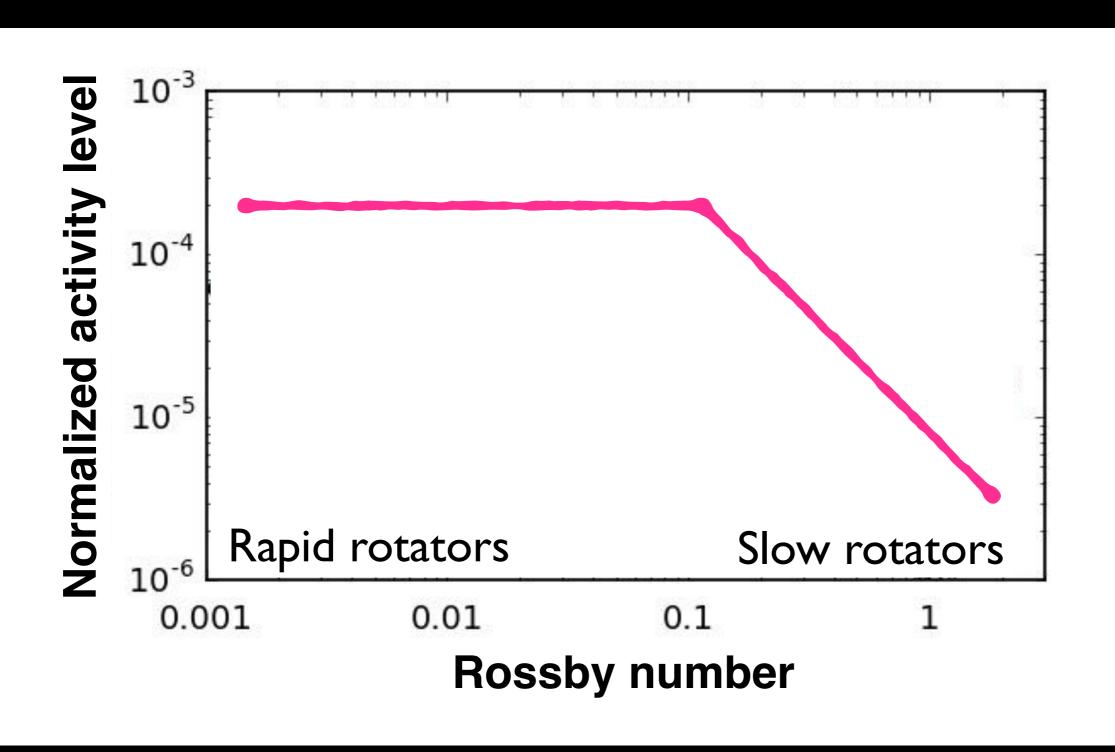
The rotation-activity relationship

The gap in the rotation period distribution

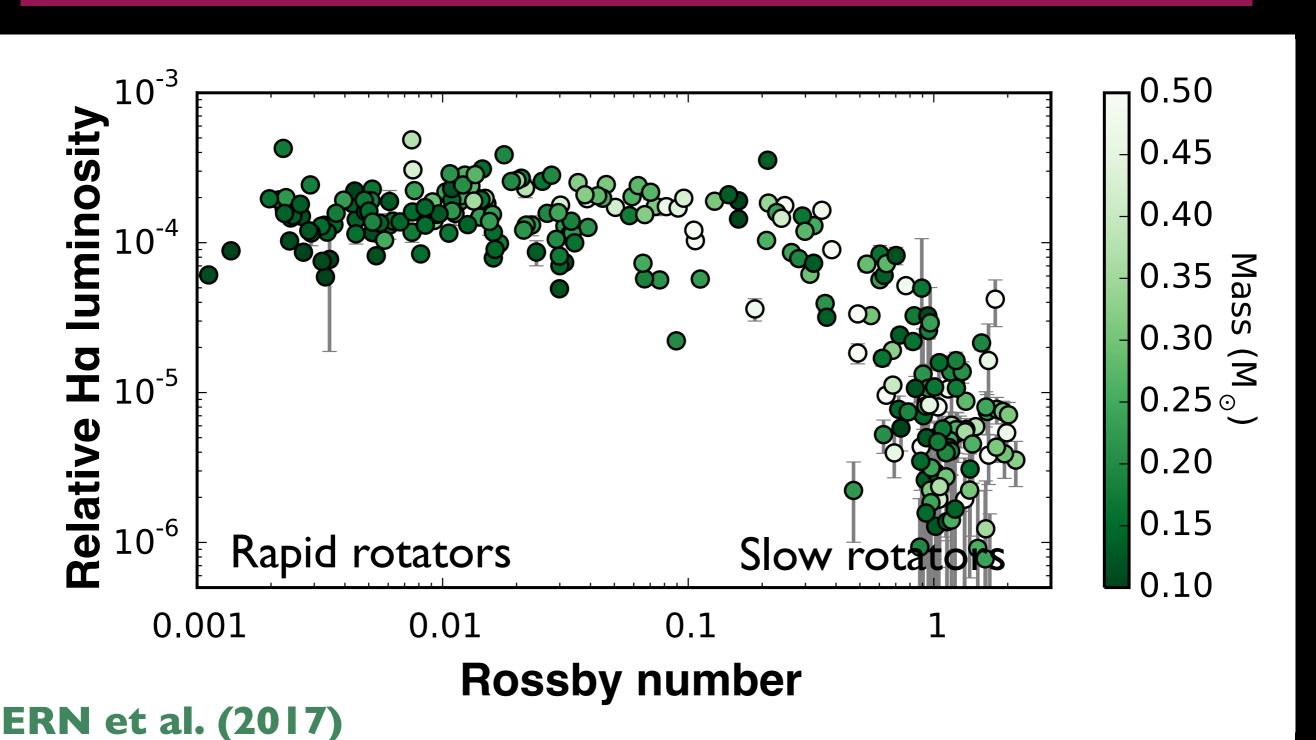
The spin-down timescale

Impact on planet detection

#### The rotation-activity relation

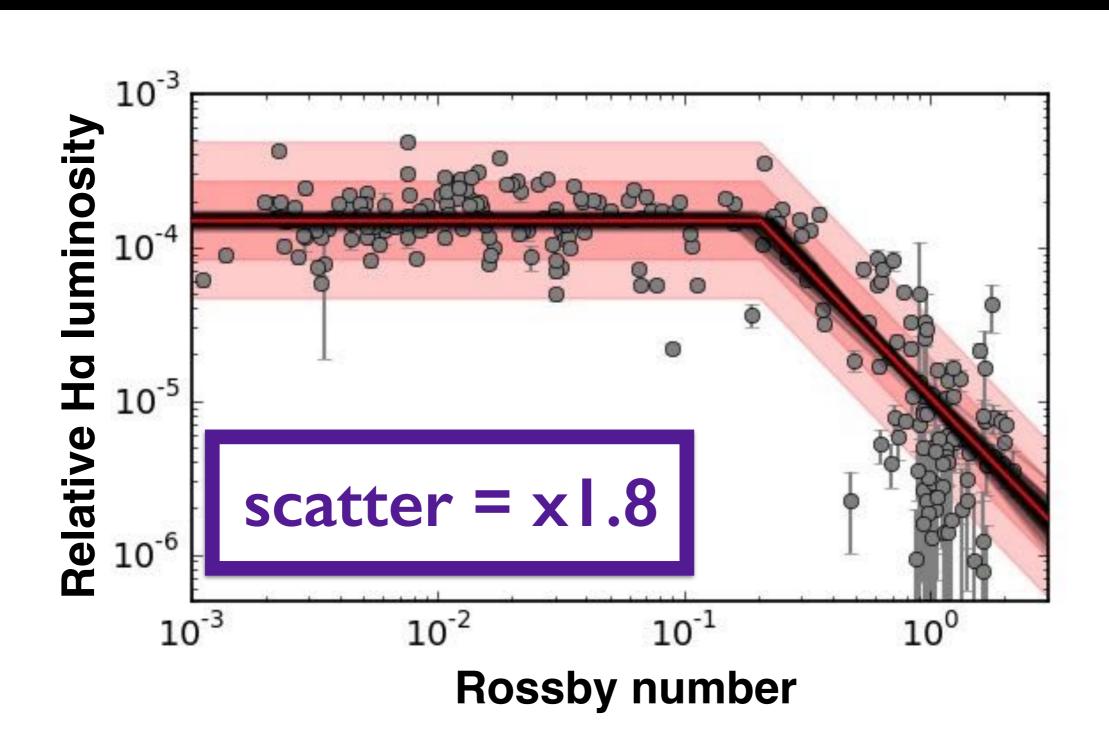


## The relation is the same for partially and fully convective M dwarfs

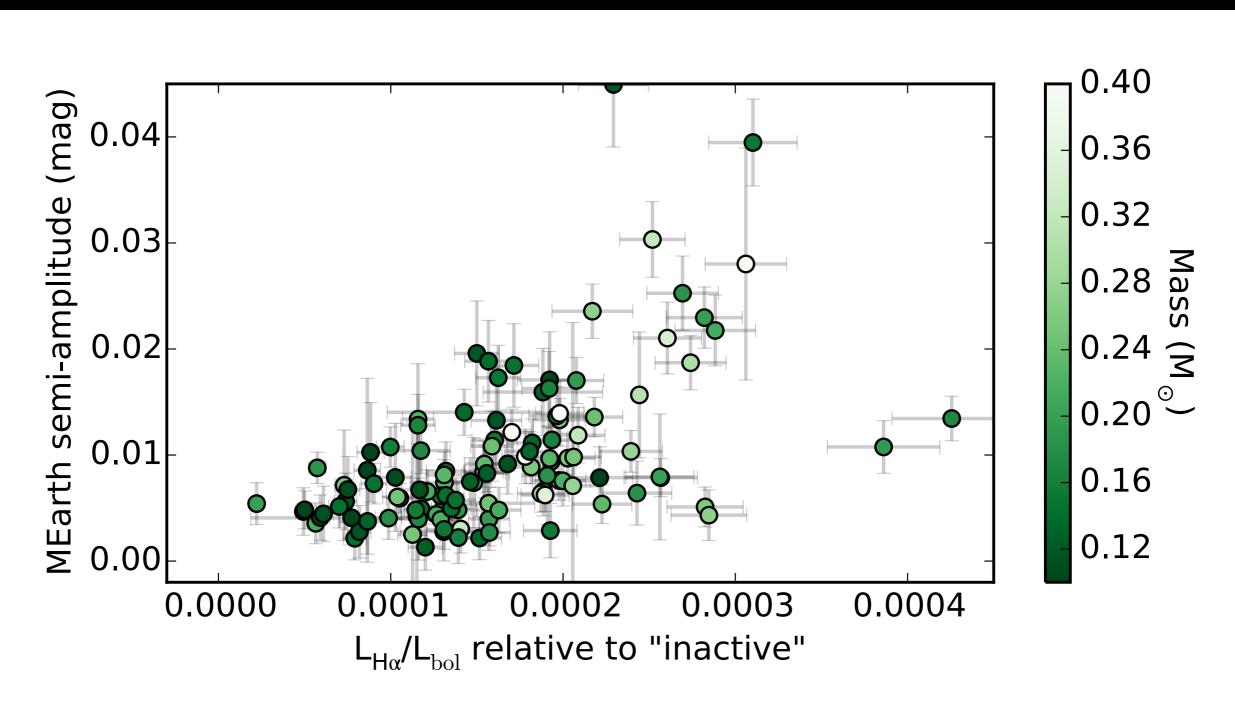


## More on rotation and activity in M dwarfs: See talk by Nick Wright on Friday

#### Scatter in the H $\alpha$ -rotation relation



#### More variable stars are more active



ERN et al. (2017)

## More to come on this using TESS + ground-based spectra

Background

Measuring stellar rotation

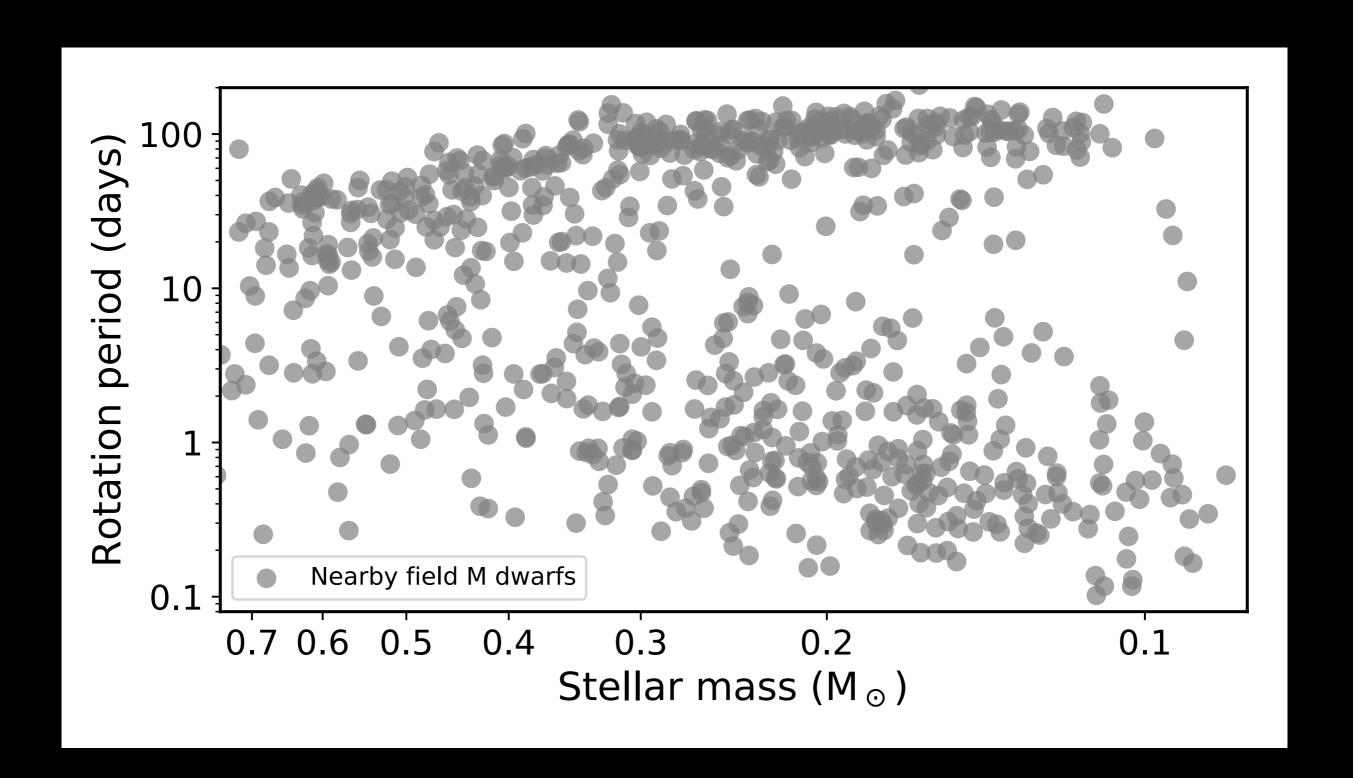
The rotation-activity relationship

The gap in the rotation period distribution

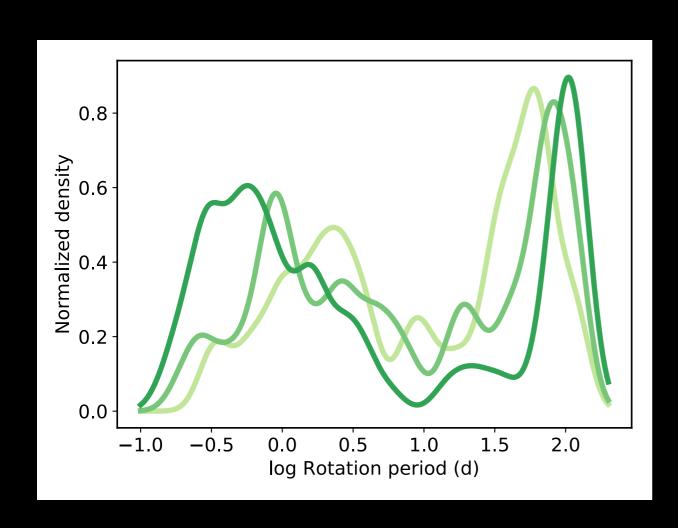
The spin-down timescale

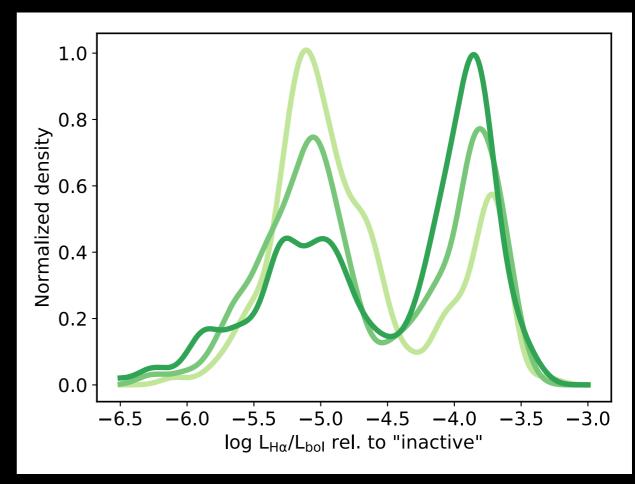
Impact on planet detection

#### The rotation period gap



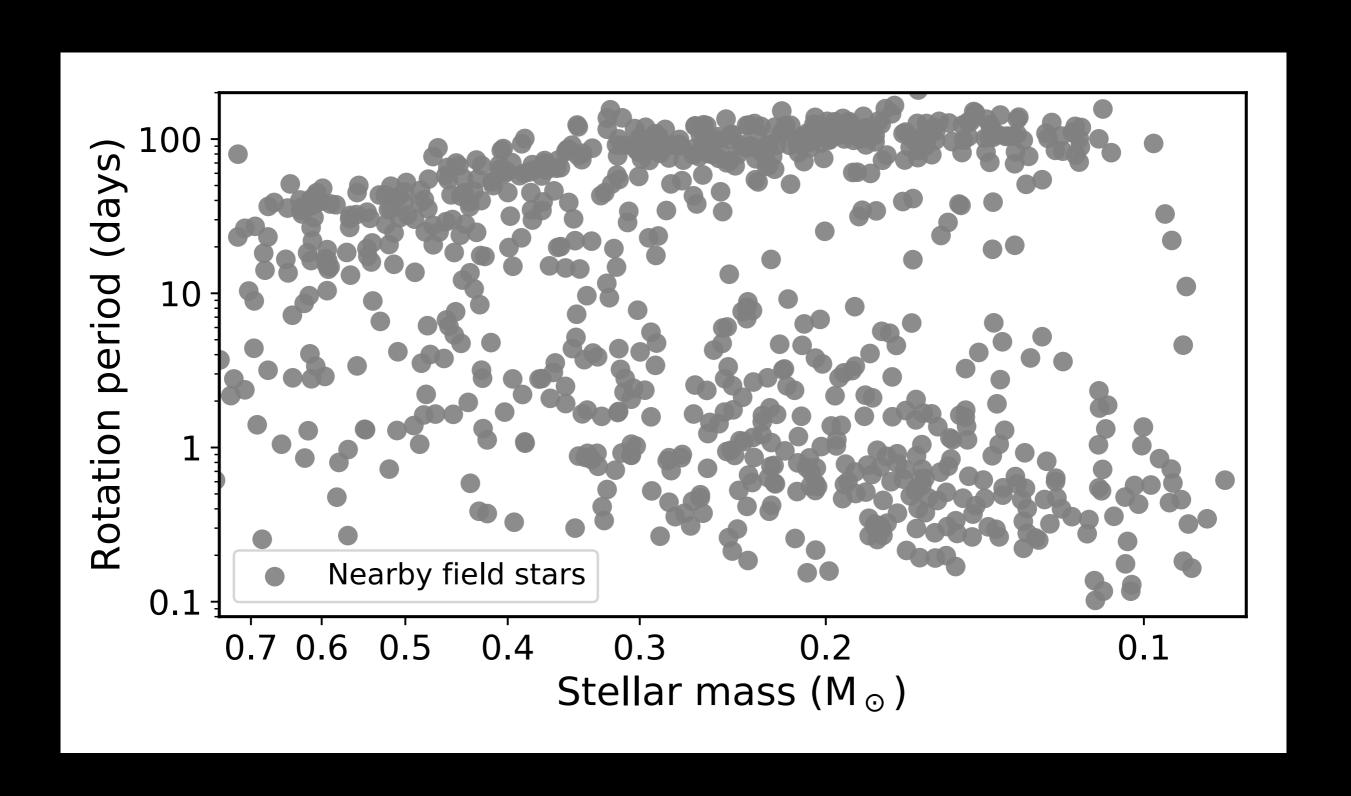
## There is a gap in the rotation (and activity) distributions



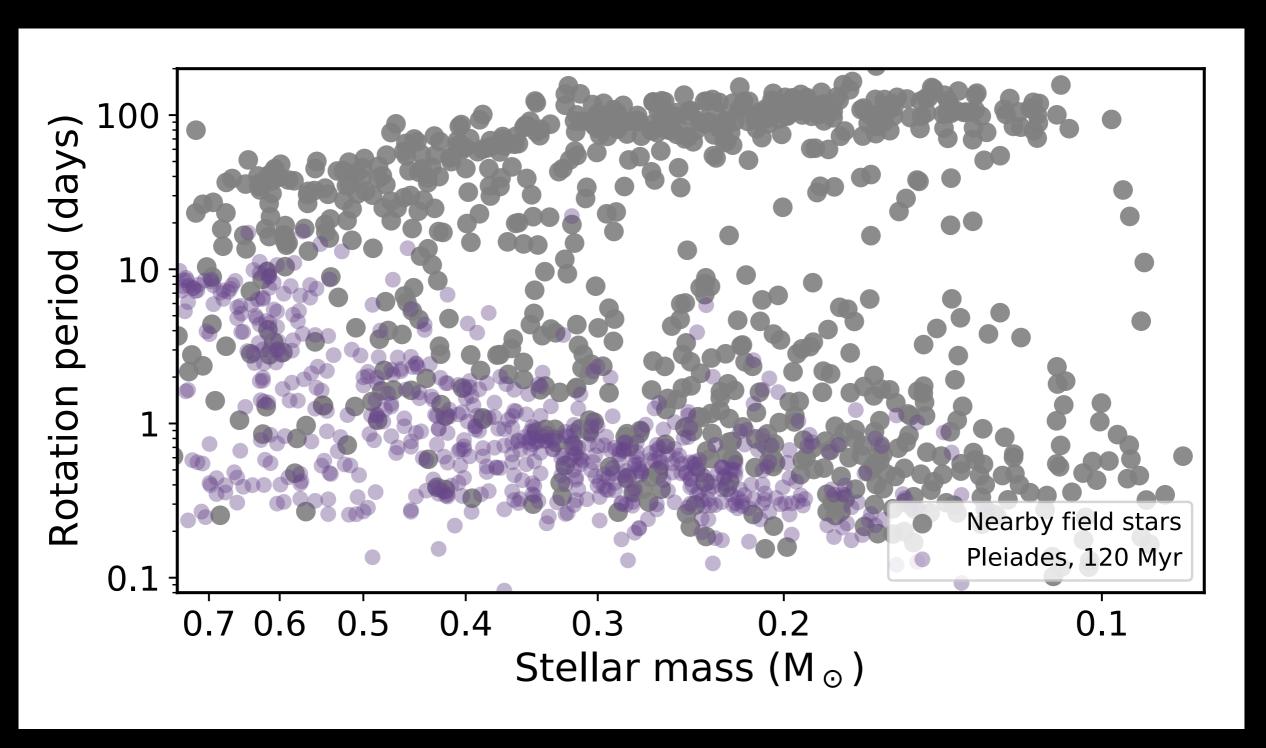


Early — Mid — Late

#### Placing field stars in context

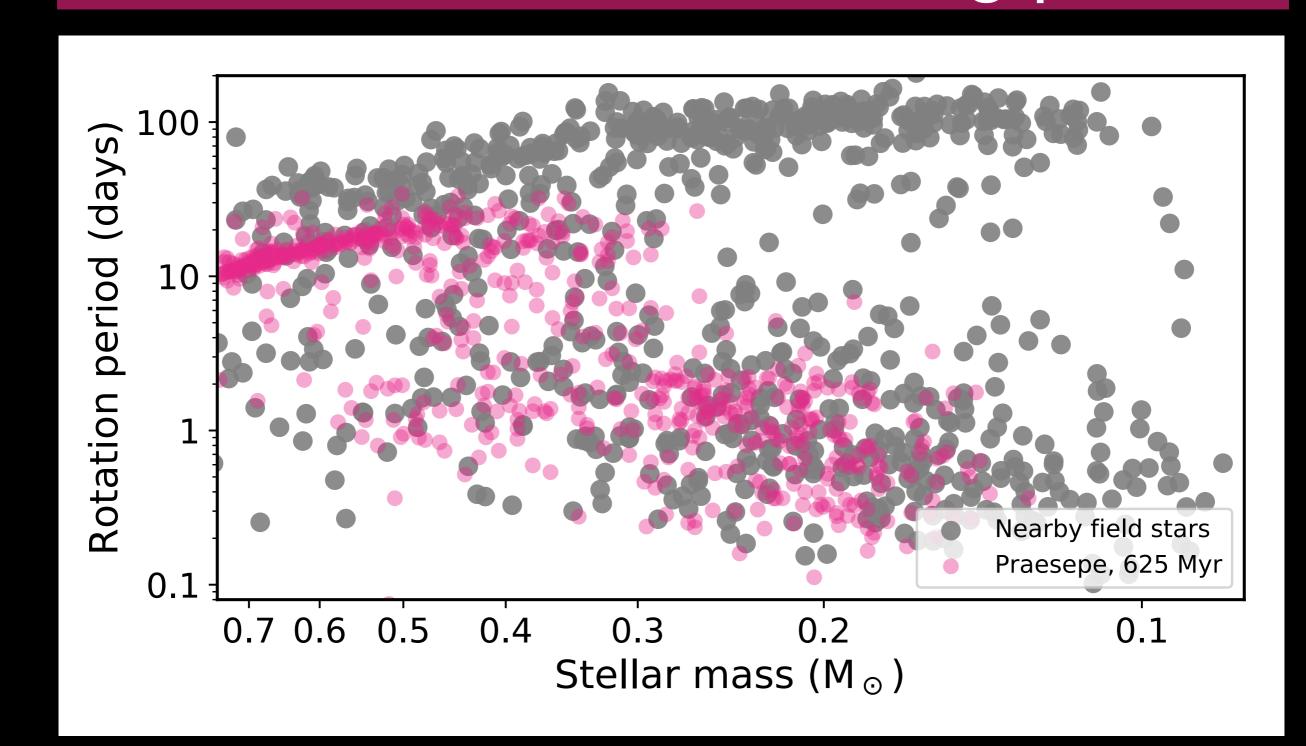


#### Placing field stars in context



Pleiades, 125 Myr; Rebull et al. (2016)

### The M dwarf rotation gap is the same as the cluster gap.



# More on M dwarf angular momentum evolution: See talk by Cecilia Garaffo later today

Background

Measuring stellar rotation

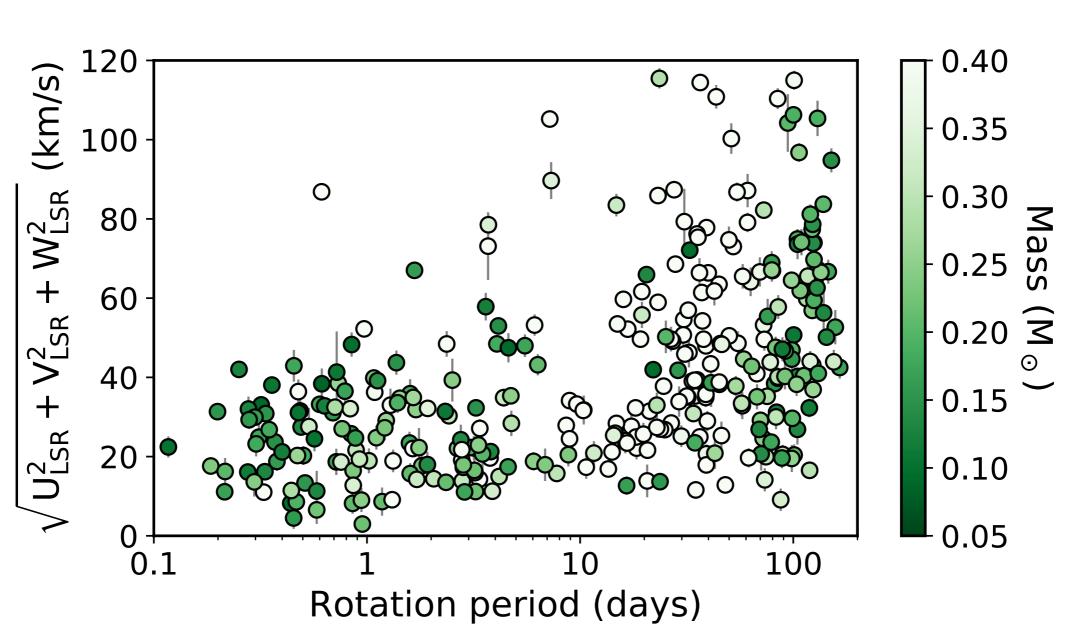
The rotation-activity relationship

The gap in the rotation period distribution

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Impact on planet detection

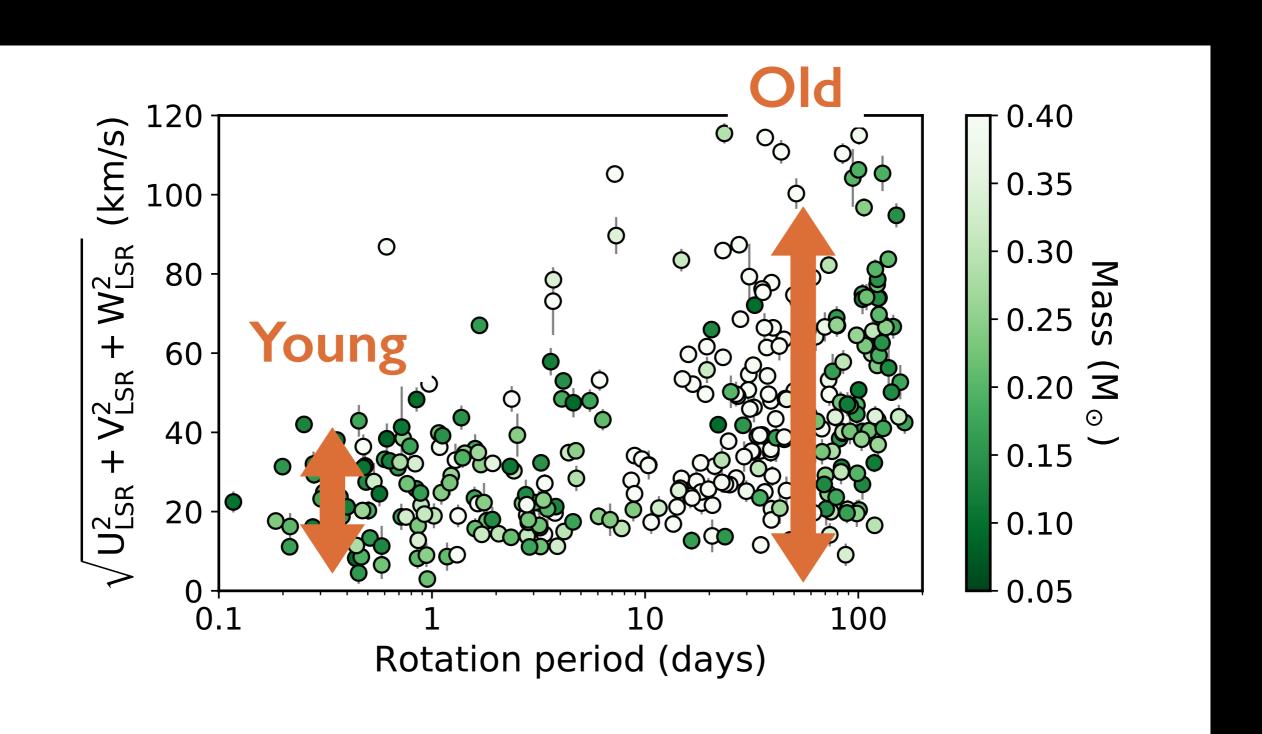
#### The spin-down timescale



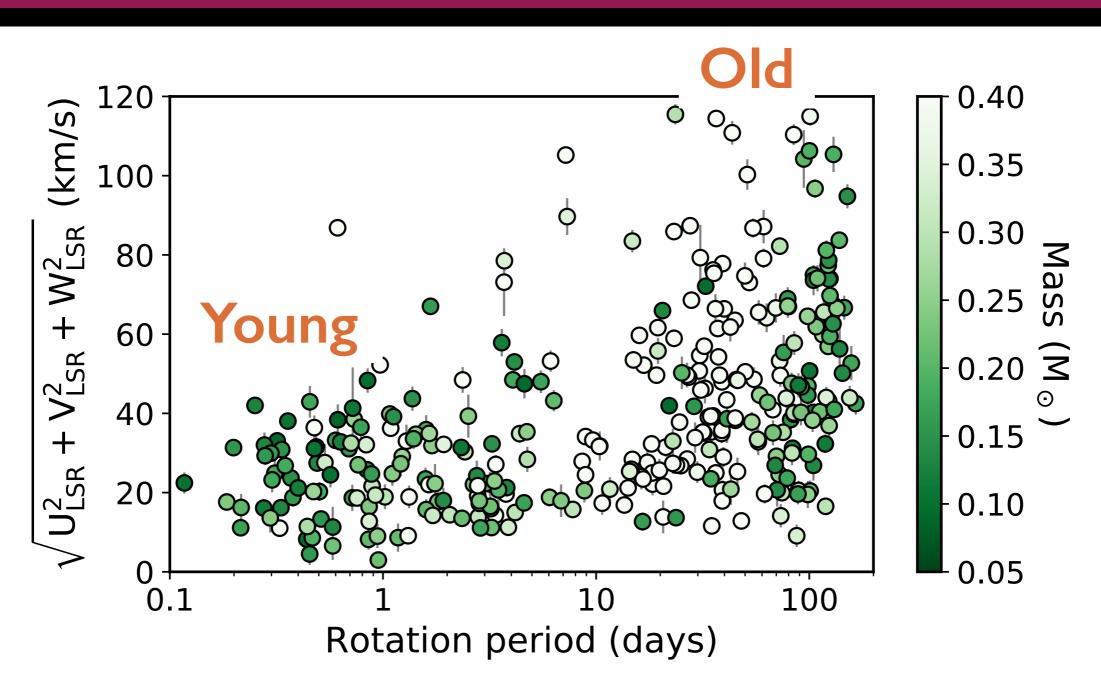
ERN et al. (2016a)

# Gaia only helps some because kinematics requires radial velocities: See poster by Jen Winters

#### The spin-down timescale



## Rapid spin-down occurs around 2 Gyr (with large errors)



#### Galactic dynamics are great: See talk by Ruth Angus

Background

Measuring stellar rotation

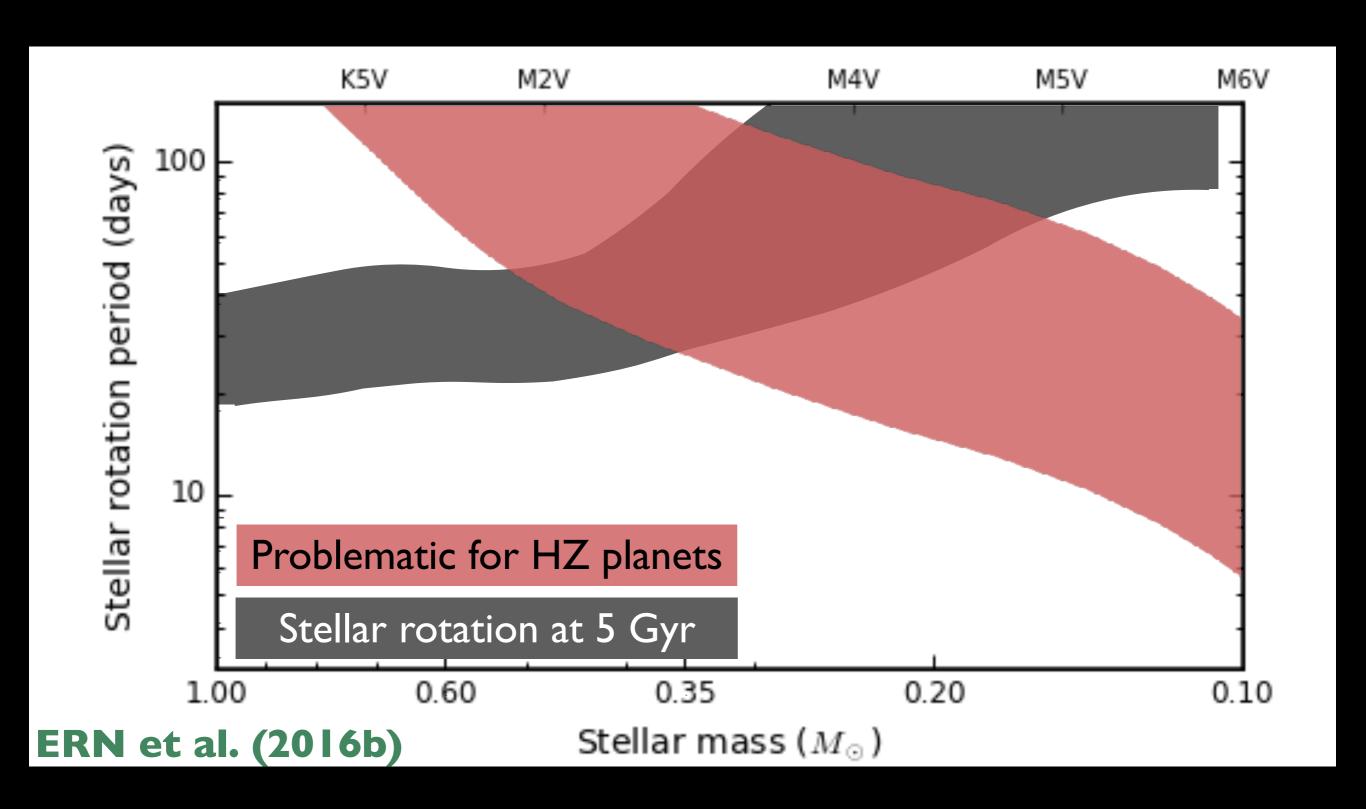
The rotation-activity relationship

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#### Stellar rotation & habitable planets



Background

Measuring stellar rotation

The rotation-activity relationship

The gap in the rotation period distribution

The spin-down timescale

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Stellar mass matters

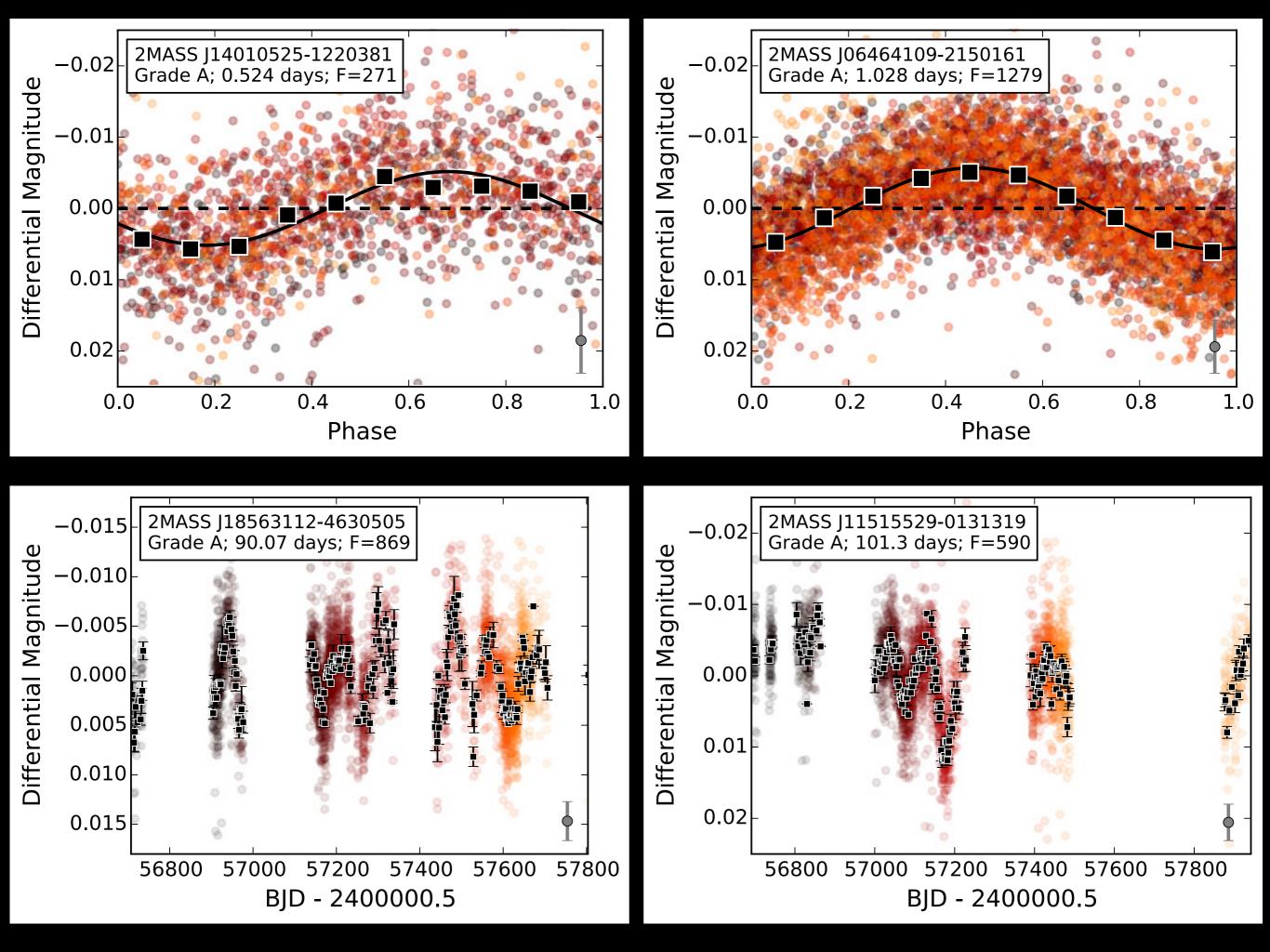
Ground-based data is great

Shape and scatter of rotation-activity relation

The period gap is akin to what's seen in clusters

...but it takes M dwafs a few Gyr to spin down

HZ planet are hard for early-to-mid M dwarfs



#### The period-amplitude relation

